

Mountain Doin's

June 2025

Serving AA in Western North Carolina's Districts 70, 71, and 80 since 1974

Central Office is open
Monday-Friday 10am-1pm

(828) 254-8539
24/7

info@ncmco.net
aancmco.org



Central Office Position Still Open!

The Board is still in need of a Mountain Doin's Editor since Pam has served beyond the recommended three-year term. Below are the responsibilities and requirements for this position. Some computer skills and design experience recommended. If you are interested, please attend the next COR/Board meeting, **Thursday, July 10, at 6:00pm**, via zoom. For updated meeting information and Zoom link, check the website: <https://aancmco.org/index.php/events/>

Mountain Doin's Newsletter

Purpose

1. Inform the Groups and members of information and events in all Districts in the service area of the Central Office.
2. Provide interesting and thought-provoking articles pertaining to the fellowship and the program of Alcoholics Anonymous.
3. Provide a platform for members to express their ideas and opinions.
4. Inform Groups and members of Central Office events and other information that benefits them.

Content

1. Monthly Central Office Financial Report.
2. Anniversaries submitted by groups.
3. Group contributions.
4. Calendar of Group/District functions or activities for the month and coming months.
5. An area for District information to be used at each District's discretion.
6. Contributions by individual members, Groups, and Districts including: articles, humor, upcoming events, reports of past events, any information thought important.
7. Adheres to Central Office Policy on Anonymity.

Distribution (by NCMCO Office Manager)

1. Electronic: posted to <https://md.aancmco.org> at publication (1st of the month).
2. Email notification of publication sent on request.

Questions? Please contact Central Office: (828) 254-8539; info@ncmco.net

An Experience You Must Not Miss

by Dave A.- Moncton, New Brunswick, Canada

A longtimer in Canada shares his love for helping members behind the walls. To him, it's a joy like no other.

I began my AA corrections journey inside Dorchester Minimum Prison in the fall of 2000 after asking a man to sponsor me. I had a little over a year of sobriety at the time. Turns out my sponsor was the warden! My first introduction there was a program known as a "Bridges" session, where we AA members went into designated dry houses once a week to spend a few hours around a kitchen table drinking coffee with homemade cookies and casually discussing Steps One, Two and Three. My life has never been quite the same since.

In Canada we have the ability to connect with released inside members who are on full or day parole. I also now have what is known as an enhanced

Inside This Issue

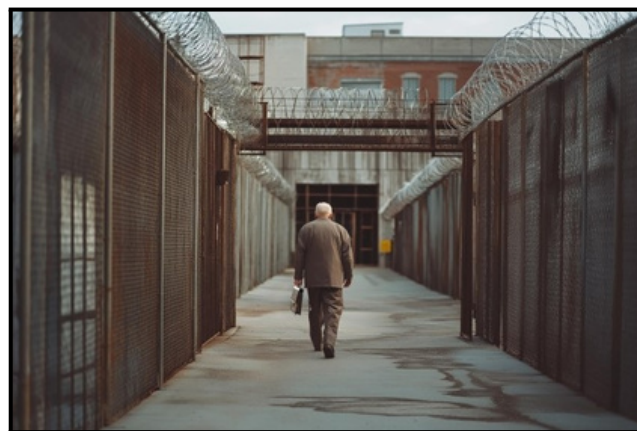
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security clearance, which has allowed me to be a citizen escort for the past 24 years. This security status permits us to bring incarcerated people from the minimum-security institution in a corrections vehicle into the outside community to attend AA meetings, roundups, and district and area service meetings, where these members get to have a voice and a vote in AA. With this opportunity we can be a part of a person's first experience of freedom outside of the walls.

I can't begin to tell you how many life-changing moments I have had over the years doing this service. I get to experience the wonders of the world through the eyes of these men, whether it be that first cup of coffee on the outside or one of those new hamburgers they saw advertised on TV, or our favorite—the sight of Christmas lights for the first time after being in prison for decades. My life has become much richer through their eyes, as it changes my perspective.

(continued on page 4)



June Grapevine now available!



Annual Prison Issue

This month's featured section is "The Annual Prison Issue." AA members inside and out of prison walls share powerful stories of service, sponsorship and hope.

<https://www.aagrapevine.org/> 

AA Members: submit your stories, articles or poems!

Do you have a personal story, a poem or an interesting article you would like to see published in the Mountain Doin's?

Send it to us by the 15th of the month in order for us to include it in the following month's newsletter (i.e. January 15 for the February issue). Stories and articles can be up to about 600 words in length. Please include copyright information if the article contains quotes or portions that have been published in a book (i.e. "Alcoholics Anonymous, 4th edition, page ??") or magazine (i.e. "From the (date) Grapevine")

Submissions can be mailed to: NCMCO, 70 Woodfin Pl, Suite 212, Asheville, NC 28801, or emailed to: info@ncmco.net

If you have any questions give us a call: 828-254-8539. We look forward to hearing from you!

After-Hours Phone Volunteers Needed

Central Office is looking for volunteers to answer the phone from 1:30pm in the afternoon until 9:30am the next morning. Most nights don't see more than a call or two, rarely after 10 or 11pm.

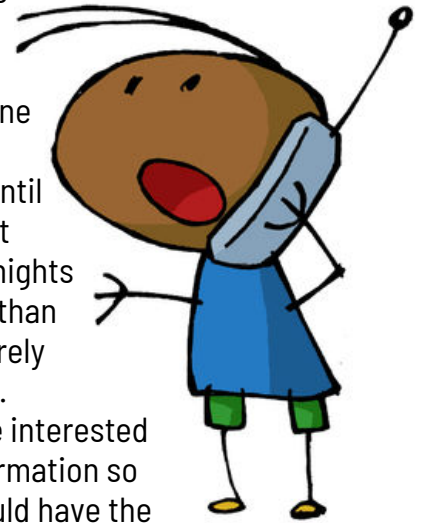
Most callers are interested in meeting information so volunteers should have the internet at hand to access the meeting guide. One year of sobriety is required.

Information can be found at:

<https://aancmco.org/index.php/about-ncmco/service/>

(scroll down to "After-Hours Phone Volunteer")

Or call Central Office at (828) 254-8539.



Call & Visitor Log April 2025

12 Step Calls - 7
General Info - 1
Family Help - 0
Meeting Info - 28
Central Office Business - 84
Medical/Detox - 0
Visitors - 86
After-hours calls - 57

Visits to aancmco.org/ website:

Unique Visitors - 8,646
Total Visits - 41,364; Visits/Visitor - 4.78
Total Pages - 185,575; Pages/Visit - 4.49



COR/NCMCO Board Meeting

COR/Board meetings are held the second Thursday of odd-numbered months. All A.A. members are welcome to attend but only CORs (Central Office Representatives) may vote so we encourage your group to elect a COR. Your input is important to us!

In May, the CORs and Board members elected a new Web Administrator and a new 12th Step Call Coordinator. Welcome Scott and Mike McD, respectively. Many thanks to Joyce and Marcos for your years of service!

The Board is still in need of a *Mountain Doin's* Editor. (See page 1) Anyone interested in volunteering for this position is encouraged to attend the General Committee (COR/Board) meeting **Thursday, July 10, 6:00pm**, via Zoom: Meeting ID: 757 855 2319 Passcode: 000000

For updated meeting information and Zoom link, check the website: <https://aanbcmco.org/index.php/events/>



Where to Find Meetings

Printable In-person Meeting Guide



Meetings in all 3 Districts



Meetings in District 70



Meetings in District 71



Meetings in District 80



Cash on Hand as of 4/30/2024

Prudent Reserve
\$16,157.27

Operating Account
\$13,160.56

Rent Deposit - \$900.00

Petty Cash - \$50.00

Profit & Loss YTD

	Apr 2025	Jan - Apr 2025 (YTD)
Income		
Contributions		
Group Contributions	\$3,186.61	\$11,436.77
Individual Contributions	\$51.59	\$166.93
Total for Contributions	\$3,238.20	\$11,603.70
Interest on Money Market	\$1.33	\$5.31
Sales Income		
Literature & merchandise	\$3,172.80	\$11,007.48
Shipping charged to groups	\$102.26	\$263.71
Total for Sales Income	\$3,275.06	\$11,271.19
Total for Income	\$6,514.59	\$22,880.20
Cost of Goods Sold		
Cost of Goods Sold		
Credit Card Processing		
PayPal Fee	\$48.37	\$134.45
Total for Credit Card Processing	\$48.37	\$134.45
Freight - vendor shipping	\$76.48	\$139.69
Literature & merchandise-COGS	\$2,597.06	\$8,896.36
Shipping to groups	\$97.95	\$257.67
Total for Cost of Goods Sold	\$2,819.86	\$9,428.17
Inventory Shrinkage	-\$2,167.93	-\$2,195.54
Total for Cost of Goods Sold	\$651.93	\$7,232.63
Gross Profit	\$5,862.66	\$15,647.57
Expenses		
Event Expenses	\$442.62	\$442.62
Fire Inspection (good for 3yrs)	\$54.08	\$54.08
Office Supplies	\$97.58	\$334.86
Payroll Expenses		
Gross Salary	\$2,400.00	\$7,165.00
Payroll Taxes (Company)	\$1,044.55	\$1,409.07
Total for Payroll Expenses	\$3,444.55	\$8,574.07
Rent	\$900.00	\$3,600.00
Stamps/Postage	\$14.60	\$14.60
Telephone & Internet		
Office Telephone/Internet	\$139.08	\$406.44
Virtual Meetings	\$15.99	\$63.96
Web Expenses		\$21.17
Total for Telephone & Internet	\$155.07	\$491.57
Accountant fees		\$60.00
Total for Expenses	\$5,108.50	\$13,571.80
Net Operating Income	\$754.16	\$2,075.77
Other Expenses		
Excess Funds Spent	\$136.96	\$1,284.72
Total for Other Expenses	\$136.96	\$1,284.72
Net Income	\$617.20	\$791.05



Contributions

Group Contributions:	Apr 2025	YTD
12 & 12 Study Group - 000090348	\$35.00	\$35.00
Acceptance Group 000092265		\$243.00
Agnostics Atheists Free Thinkers Grp - 000092498	\$280.00	\$280.00
As Bill Sees It Group (Brevard) - 000374290	\$125.00	\$125.00
As Bill Sees It Group (Franklin) - 000093648		\$34.80
Back To Basics Group - 000094453		\$100.00
Big Town Group - 000096080	\$182.82	\$182.82
Brevard AA Online - 000453800		\$265.00
Brevard Men's Group - 000096757		\$120.00
BYOC - Bring Your Own Coffee Group - 000409871		\$31.00
Candler K.I.S.S. Group - 000098073		\$132.00
Cashiers Valley Group - 000098360		\$356.64
Conscious Contact Group - 000099980	\$484.35	\$484.35
Cullowhee Valley Group - 000100669		\$100.00
Cumberland Group - 000100676	\$50.00	\$50.00
Daily Decisions Group - 000100743	\$609.42	\$1,454.34
Fellowship Group (Fletcher) - 000104116	\$144.57	\$323.99
Good Livers Group - 000107590		\$400.00
Hendersonville Group - 000110033		\$150.00
Hendersonville Happy Hour Grp - 000110034	\$75.00	\$75.00
Hendersonville Men's Group - 000044576		\$50.00
H'ville Women's Big Book Step Study Grp - 000110036		\$140.00
Hey Girl, Surrender Group - 000392207		\$250.00
Hot Springs Meeting	\$100.00	\$100.00
Joy Of Living Group - 000112527	\$86.61	\$142.67
Lambda Group - 000007190		\$223.69
Leicester Group - 000009461		\$220.37
Liars Club	\$70.00	\$70.00
Library Group - 000010602	\$90.50	\$90.50
Mars Hill Group - 000017945		\$225.00
Mountainview Group - 000027730	\$95.52	\$171.52
Newcomers Group - Flat Rock		\$50.00
Noontime Big Book Study Group - 000409637	\$35.90	\$136.98
Phoenix Group - 000049062	\$82.50	\$262.50
Pine Grove Group		\$100.00
Practicing Principles Group - 000051260		\$62.29
Safe And Sound Women's Group - 000060517		\$203.16
Saturday Morning Men's Meeting	\$75.00	\$150.00
Serenity Service Group - 000068387	\$164.42	\$164.42
Sober Sisters Group (Burnsville) - 000460489	\$100.00	\$100.00
Sober Sisters Group (Flat Rock) - 000073208		\$311.56
Speed Bump Group - 000053487	\$200.00	\$481.70
Spruce Pine Group - 000077533		\$250.00
St John in the Wilderness Early Bird Grp - 000078454		\$134.00
Strange Camels - Brevard	\$100.00	\$100.00
The Open Meeting Group - 000418805		\$128.50
The Out To Lunch Bunch Group - 000408968		\$150.00
Tuesday 12 X 12 Skyland Group - 000012529		\$80.00
Waynesville Grace Group - 000022141		\$1,355.95
Women of Courage Group - 000036989		\$210.00
Women's Way Group 000513711		\$50.02
Total Group Contributions:	\$3,186.61	\$11,436.77
Individual Contributions:	Apr 2025	YTD
Anonymous	\$26.59	\$66.93
Shannon K.	\$25.00	\$100.00
Total Individual Contributions:	\$51.59	\$166.93
Birthday Contributions:	Apr 2025	YTD
		\$0.00
Total Birthday Contributions:	\$0.00	\$0.00
Total Contributions:	\$3,238.20	\$11,603.70

Note: If you think there is a contribution missing from your group total, please let us know. We try our best to get donations listed correctly, but we do make mistakes sometimes and list a donation under the wrong group. As always, we thank you all - AA groups and individual members - for your generous support!



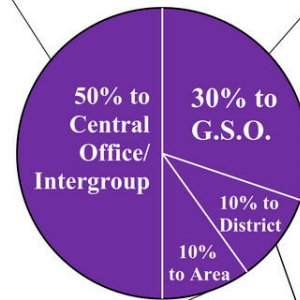
Suggestions & Addresses for Sending Donations to the A.A. Service Structure

Revised for 2025

NOTE: New addresses for Area 51 and District 80

NCMCO
70 Woodfin Place
Suite 212
Asheville, NC 28801

General Service Office
Post Office Box 2407
James A Farley Station
New York, NY 10116-2407



NCGSC – Area 51 Treasurer
PO Box 11104
Wilmington, NC 28404

District 70 Treasurer
PO Box 8574
Asheville, NC 28814-8574

District 71 Treasurer
PO Box 202
Hendersonville, NC, 28793

District 80 Treasurer
PO Box 2015
Cherokee, NC 28719



An Experience You Must Not Miss

(continued from page 1)

My home group, the Dorchester Intramural Group, turned 75 last year. We are the oldest active registered AA prison group in Canada. We have been involved in several book studies, workshops, roundups, health fairs and sponsorship opportunities inside the walls. I can't begin to tell you how much excitement there was in the room when our General Service Office sent the Corrections Staff member Nick S. to be a part of our milestone 75th celebration. It showed the members inside a new perspective of AA on a worldwide scale. Dan, the fellow who presented Nick the handmade plaque representing our group, called me on my birthday recently with the news that he had received his day parole. What a birthday gift!

The facility's escorted passes give us volunteers on the outside a chance to connect with some of the guys on a more personal basis. This way they can talk about things that they are unable to say in the prison environment. It helps us build a two-way trust. When they are released into the local halfway house, many of these guys have little or no support in the community. Their family members and friends either cannot or will not reach out to them. This is when our phone rings, and we step up to help. My wife and I have a good working relationship with the halfway houses and parole officers. She and I will show the newly released members around town and get them familiar with transit systems, picture IDs, bank accounts, new clothes and phones. Sometimes, if it works out, some will even join us at our home for Thanksgiving or Christmas dinner or just a regular

(continued on page 5)

An Experience You Must Not Miss

(continued from page 4)

barbecue. Since most members of my own family are no longer around, over time some of these guys have become like family. From both sides of our dining room table, we get to celebrate our friendship and their freedom. These gatherings are like no other experience.

About eight years ago, Doug W., inside for many years, shared how he had just gotten a job cleaning the facility's offices. He beamed as he said, "I had the privilege to walk outside the walls for the first time today to throw the garbage into the dumpster." At the time I wasn't exactly beaming about my job outside in the normal world throwing park garbage into the back of a truck. I had that job for more than 30 years. Doug's share helped to change my attitude. Not only had I been free all that time, but I got to retire a few years ago. Doug gave me a new perspective. A while ago, Doug got to go out temporarily to a halfway house, and he and I got to spend time with each other at the beach for his first time in 45 years. We also enjoyed some seafood and soft ice cream. Doug should be out sometime in 2025.

Just before COVID hit, my good friend Bob D. from Ohio drove down with me to Houston, Texas to the 3rd National Corrections Conference. We took the long scenic route through Louisiana. Stacy C. was the Area 27 corrections chair there and instrumental in getting things going inside the Louisiana State Penitentiary in Angola. We attended a meeting in Angola called the "After Shift Change Group." They served lots of Cajun food and it lasted over three hours! We were also permitted to bring in tons of Halloween treats for the guys.

At the end of our visit, I got to meet a guy on death row named Shorty. What I remember most about him was his bright smile, showing no visible signs of concern. I looked down on his bunk and spotted his Big Book lying there. There in front of me stood a man who showed me the true meaning of "one day at a time." It was an unforgettable moment. My perspective on life changed forever that day. Thanks to Shorty, I now try to make the most of whatever my day may bring. By the way, the AA group on the row there is called "Life Row." Once again, perspective.

Unlike most ships, the Fellowship of AA has no special classes of people. We are all one and need each other on this recovery adventure. Corrections is an amazing AA service: 1) It gives hope to those who are confined; 2) We get to see that barriers, boundaries and walls seldom prevent the language of the heart and the message from breaking through; 3) It lets newer volunteers experience for the first time the depth of our Fellowship; 4) It provides an endless well of personal growth for the member who gets to serve; 5) And lastly, it's never dull!

What a privilege it's been to be a small part of this rocket ride in recovery. This fourth dimension experience has been a huge part of my life over the past 25 years. I cherish the many people I have connected with on both sides of the wall.

It's not so much what we do on the inside of the walls as it is what happens to our insides as the result of these unique experiences we get doing corrections service. When we offer our very best, we get to become better people along with the lives of those who are touched on this journey. Our Big Book say it best: "This is an experience you must not miss."



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Special Meetings Events



NOTE: For updates, please check the specific event websites, or <https://aancmco.org/index.php/events/>
See flyers for additional events not listed here.



90th Annual Founders' Day - Akron, OH. June 6-8. For more information, visit their website: <https://foundersday.org/>



District 80 Founders' Day 90th Anniversary. Saturday, June 7, starting at 11:00am. Food, fellowship and fun! Canton First United Methodist Church, 155 Newfound St, Canton 28716. See flyer for more details.

District Hangout - hosted by NC District 15. Sunday, June 8, 2:00-5:00pm. Picnic Shelter/Playground in Boiling Springs. Parking is behind 141 S Main St, Shelby NC 28152; parking lot entrance off E Branch Ave. See flyer for more details.

NCMCO/Tri-District Picnic. Saturday, June 21, starting at noon. Burgers, hotdogs, sausages and sides. Speakers at 1:00pm. Lake Julian Park, Shelter 1, 406 Overlook Road Ext, Arden, NC 28704. See flyer for more details.

2025 International Convention. July 3-6, 2025. Vancouver Convention Centre and BC Place Stadium, Vancouver, British Columbia, Canada. For more information, visit the website: <https://www.aa.org/international-convention>



Not a Glum Lot Roundup. July 3-6. Hilton Charlotte University Place, 8629 JM Keynes Dr, Charlotte, NC 28262. For more information, see flyer or visit their website: <https://www.notaglumlots.com/>



AVL 12 Step Club Fourth of July BBQ. Friday, July 4, 12:30-6:00pm. 12:30-1:30pm - Solutions Meeting; 1:30-6:00pm - Fellowship and food. Hot dogs, hamburgers, and beverages provided; sides and desserts welcome! 1 Kenilworth Knolls, Unit 4, Asheville 28805.

GLIZZYPAA 2.0 - WNCCYPAA Hot Dog Event. Saturday, July 5, 2:00-5:00pm. Malvern Hills Park Picnic Shelter, 75 Rumbough Pl, Asheville 28806. See flyer for more details.

2025 Roanoke Women's Workshop - Live Joyfully. August 1-3. W.E. Skelton 4-H Conference Center, 775 Hermitage Rd, Wirtz, VA 24184. See flyer for more details or go to their website: <https://roanokewomensworkshop.com/>



78th NC State Convention - Courage to Change. August 7-10. Hilton Raleigh North Hills, 3415 Wake Forest Rd, Raleigh, NC 27609. For more information see flyer or visit the website: <https://www.aanconvention.com/>



29th Annual Southeast Woman to Woman Conference. August 22-24. Holiday Inn Virginia Beach-Norfolk, 5655 Greenwich Rd, Virginia Beach, VA 23462. For more information see flyer or visit the website: <https://www.sewomantowoman.org/>



8th Annual WNCCYPAA Campout. October 3-5. Kuykendall Camp, 116 Cathey's Creek Rd, Brevard 28712. For more information and registration, visit the website: <https://www.avlypaa.com/>



Area 51 Events: <https://aanorthcarolina.org/events/>



GSO in New York: For events around the country and the world, as well as great information, go to: <https://www.aa.org/> and Box 459: https://www.aa.org/sites/default/files/newsletters/f-36_spring2025.pdf



The Service Express

District 70

GSR Business Meeting – held the 2nd Sunday of the month. The next meeting will be **Sunday, June 8, 2:30pm**. It will be a hybrid meeting, with Zoom capability (Meeting ID: 933 8500 3069; Passcode: 672458) and an in-person meeting at St Luke's Episcopal Church, 219 Chunns Cove Rd, Asheville, 28805. For updates go to their website: <https://ashevilleaa.org>



Accessibilities Committee – The Chairperson is Carolyn O. Want to make sure your A.A. group or event is accessible to all? Contact Carolyn at access@ashevilleaa.org for an Accessibilities Checklist. The Accessibilities Committee meets the first Monday of every month at 7:00pm. For zoom link go to: <https://ashevilleaa.org/event/district-70-accessibilities-committee-meeting-zoom-6/>

Archives Committee – The Chairperson is Dennis H. The Archives Committee needs A.A. members to help compile a complete list of group histories, record interviews with old-timers, and collect classic A.A. literature. It's fun AND it's service work! For more information contact Dennis at archives@ashevilleaa.org. The Archives Committee meets the first Saturday of every month at 2:00pm. For zoom link go to: <https://ashevilleaa.org/event/district-70-archives-committee-meeting-zoom-6/>

CPC/PI Committee – The Chairperson is David. These are two separate service committees – “Cooperation with the Professional Community” and “Public Information”. The CPC Committee visits schools, businesses, and community meetings to speak about A.A. The PI Committee provides accurate A.A. information to the public and media when requested. They are scheduling two presentations, one at a Black Mountain senior living facility in June, and one at the courthouse where the treatment facilities director there is helping them set up a presentation with the judges, attorneys, probation officers, anyone who has direct contact with alcoholics. David just attended a working group for CPC-PI, who are working nationally as well as in Canada, sharing strategies. For more information, contact David at cpc-pi@ashevilleaa.org

Corrections Committee – Meetings are open at all facilities. They are looking for new volunteers for Yancey County. There is an orientation at Western Correctional Center for Women's (WCCW) scheduled for June 2nd and at Buncombe County Correctional Facility also in June. They are looking for new volunteers for both facilities. For more information about Corrections or to become a volunteer, please contact Liz P, the Women's Corrections Chair, at corrections_women@ashevilleaa.org, or Mitch R, the Men's Corrections Chair, at corrections_men@ashevilleaa.org

Literature and Grapevine Committee – The new Chairperson is Mary Kate. She can be reached at literature@ashevilleaa.org. The focus of the committee is to ensure that A.A. literature and Grapevines are available to all groups, service meetings, and other A.A. events.

Technology Committee – The Chairperson is George M. If anyone is having trouble getting a hybrid or online-only meeting going or having technical issues, please reach out to George at technology@ashevilleaa.org and he can offer support.

Treatment Facilities Committee – The Chairperson is Hannah R. She can be reached at treatment@ashevilleaa.org. It's all about bringing the message of recovery to alcoholics in treatment facilities. The Treatment Committee meets the last Sunday of every month at 7:00pm. For zoom link go to: <https://ashevilleaa.org/event/treatment-bridging-the-gap-committees-meeting-zoom-6/>

District 70 - continued

“Bridging the Gap” (with treatment facilities) – The Chairperson is Monica. This is a Temporary Contact Program, which is designed to help the alcoholic in a treatment facility make that transition from “inside” the program to life on the “outside”. They did their first presentation in May at the VA with the medical director, nurse practitioner, social worker, and outpatient liaison. They have a group of 11 volunteers to train for presentations and plan to call different treatment facilities in the area to find out which are interested in presentations. There are many different volunteer opportunities. Contact Monica at bridgingthegap@ashevilleaa.org. For more information on Bridging the Gap and upcoming events, visit the website: www.btgww.org



District 71

GSR Business Meeting – held on the 2nd Saturday of the month. The next meeting will be **Saturday, June 14, 9:30am**, at the Hendersonville Group building, 1624 Willow Rd, Hendersonville, NC 28739. All A.A. members are welcome!

They need more volunteers for Henderson County jail and have openings for Alt DCM, CPC/PI Coordinator, Bridging the Gap, and Events Coordinator. If you have any questions or would like to volunteer, contact Alan, the District 71 DCM, by email: nc71aa@gmail.com or through the District 71 website: <https://www.nc71.org/contact>



District 80

GSR Business Meeting – held quarterly. The next meeting will be **Sunday, July 13, 1:30pm**. All GSRs: Please plan to attend! This will be a hybrid meeting with zoom capability as well as an in-person meeting. The in-person location will be on the WCU Campus at 245 Memorial Dr, Room 336 (Cherokee Rm). They will be using the WCU zoom system; the password and sign on information will be emailed to participants 30 minutes before meeting. Check their website for meeting updates and links: <http://aawnc80.com>



NOTE to all District DCMs and Committee Chairs:

Please send me updates that you would like included in the next issue of the Mountain Doin's. If possible I would like to have the information by the 15th of the month. Email: pam@ncmco.net Much appreciated!

Does Your Group Have a New GSR or Alternate GSR?

District Registrars keep GSO informed of group changes. Contact your group's District Registrar by email or through the District website:

District 70: Email: registrar@ashevilleaa.org

District 71: Use the form at: <https://www.nc71.org/meeting-change-form>

District 80: Email: webmaster@aawnc80.com



Happy Anniversary!

3 Legacies Group

Carol D. 6-16-2005 20 yrs

Acceptance Group

Nan G. 6-15-2022 3 yrs

Suzi K. 6-16-2024 1 yr

Anne Marie L. 6-25-2023 2 yrs

Back to Basics Group - Weaverville

Robert F. 6-03-1991 34 yrs

Barbara J. 6-14-1999 26 yrs

Carla B. 6-21-1984 41 yrs

Orlando H. 6-24-2019 6 yrs

Jeanne J. 6-26-2019 6 yrs

Black Mountain Group

Matt M. 6-13-2018 7 yrs

Lonnie B. 6-25-2007 18 yrs

Bryson City Group

Emma 6-20-2018 8 yrs

Burnsville Group

Amy 6-13-2022 3 yrs

Kathy 6-23-1996 29 yrs

Conscious Contact

Kate C. 6-02-2000 25 yrs

Chris M. 6-02-2003 22 yrs

Beth C. 6-08-2016 9 yrs

Elizabeth H. 6-26-2006 19 yrs

Kenny W. 6-28-2022 3 yrs

Cumberland Group

Scott S. 6-04-1987 38 yrs

Daily Decisions Group

Steve V. 6-10-2022 3 yrs

Siobhan 6-24-2023 2 yrs

Fellowship Group

Annie M. 6-02-2020 5 yrs

Mark C. 6-06-2020 5 yrs

Judy P. 6-06-2012 13 yrs

Paul D. 6-07-2008 17 yrs

Phil S. 6-09-1995 30 yrs

Jarred G. 6-10-2022 3 yrs

Graham V. 6-12-2016 9 yrs

John W. 6-13-1981 44 yrs

Mark H. 6-22-1995 30 yrs

Kim K. 6-23-2004 21 yrs

Jason B. 6-23-2010 15 yrs

Elizabeth S. 6-23-2023 2 yrs

Stacy M. 6-25-2024 1 yr

Adam K. 6-26-2023 2 yrs

Good Livers

Deborah R. 6-05-2022 3 yrs

Ed T. 6-24-1987 38 yrs

Caren B. 6-29-2020 5 yrs

Mary W. 6-30-1987 38 yrs

Grace Group

Robert F. 6-03-1991 34 yrs

Hannah H. 6-05-2019 6 yrs

Willy G. 6-05-2021 4 yrs

Eric H. 6-07-2016 9 yrs

Paul S. 6-10-1985 40 yrs

Matt Mc. 6-13-2018 7 yrs

Bridget Mc. 6-17-2020 5 yrs

Mary Scott H. 6-18-1986 39 yrs

Rich S. 6-22-2012 13 yrs

Christa B. 6-30-2017 8 yrs

Hendersonville Group

Gretchen T. 6-11-2023 2 yrs

Jackie A. 6-14-1981 44 yrs

Kevin W. 6-22-2020 5 yrs

Val V. 6-30-1986 39 yrs

Hendersonville Men's Group

Gaylon B. 6-29-2014 11 yrs

Hey Girl, Surrender Group

Jody S. 6/20/2018 7 yrs

Lambda Group

Adam R. 6-01-2021 4 yrs

Lana H. 6-02-2021 4 yrs

Eric H. 6-07-2016 9 yrs

Micael P. 6-09-2021 4 yrs

Brandon T. 6-19-2019 6 yrs

Mars Hill Group

Bob H. 6-21-1984 41 yrs

Rick G. 6-26-1995 30 yrs

Mission Group

Judy B. 6-28-1997 29 yrs

Motley Crew/Columbus

Tina M. 6-05-2021 4 yrs

Julie D. 6-07-2018 7 yrs

Out to Lunch Bunch

Bruce 6-03-1979 46 yrs

Pat D. 6-12-2013 12 yrs

Laura L. 6-12-2015 10 yrs

Vicki C. 6-21-2018 7 yrs

Eddie N. 6-25-1992 33 yrs

Tom H. 6-26-2009 16 yrs

Phoenix Group

Jessica B. 6-24-2010 15 yrs

Serenity Now Group

Dean W. 6-09-1991 34 yrs

Serenity Service Group

Bob P. 6-02-1992 33 yrs

Dave D. 6-04-1988 37 yrs

Laura O. 6-05-1989 36 yrs

Anna B. 6-08-2020 5 yrs

Tim 6-15-2024 1 yr

Ashley P. 6-25-2012 13 yrs

Maria D. 6-29-2015 10 yrs

Total Surrender Group

Tyler P. 6-14-2021 4 yrs

Traditional Group

Tom S. 6-10-2021 4 yrs

Damon E 6-19-2022 3 yrs

Casey S. 6-25-2022 3 yrs

Waynesville Grace Group

Donna M. 6-03-2011 14 yrs

Women of Courage

Shelly F 6-05-2022 3 yrs

Katy K. 6-06-2023 2 yrs

Caren 6-09-2022 3 yrs

Diana C. 6-10-2023 2 yrs

Mel C. 6-13-1991 34 yrs

Annie D. 6-16-2013 12 yrs

Amy H. 6-18-2018 7 yrs

Dianna W. 6-22-2017 8 yrs

Janet H. 6-24-1984 41 yrs

Linda W-F. 6-24-1984 41 yrs

Michelle M. 6-24-2022 3 yrs

Lorraine C. 6-25-2007 18 yrs

Linda B. 6-25-2020 5 yrs

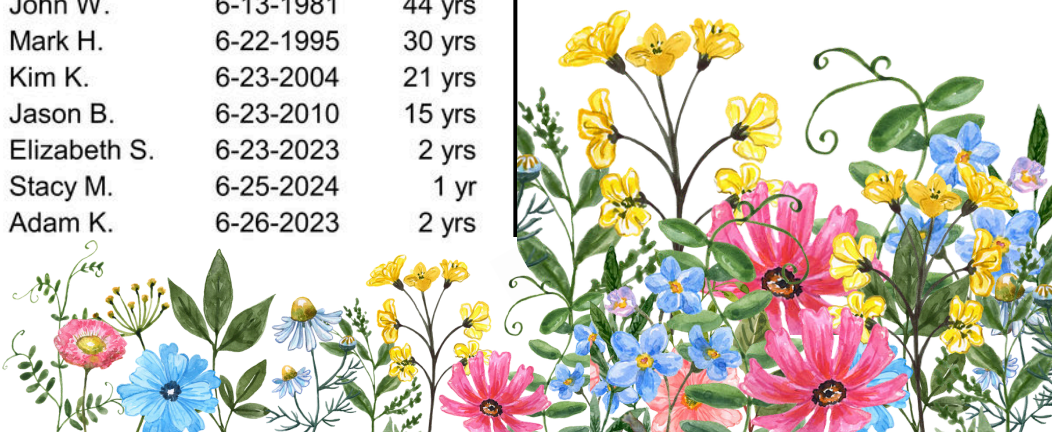
Karen B. 6-27-2010 15 yrs

Young People's Group

Jaxon R. 6-25-2023 2 yrs

Hannah W. 6-26-2022 3 yrs

Need to update your Group's anniversary list? Call Central Office: (828) 254-8539 or send a new list to: info@ncmco.net
The July newsletter deadline for sending in anniversaries and announcements is June 15.



Does your group have a

COR?

(Central Office Representative)

**What are Central Office Representatives and
What are their Duties?**

Central Office Reps (CORs) and their relationship with Central Office are similar to General Service Reps (GSRs) and their relationship to A.A. General Service Districts. CORs are responsible for voting their group's conscience at COR/Board meetings and for bringing to the NCMCO Board any concerns of their home group.

In addition to this, CORs keep their groups informed about what Central Office is doing. They participate in the bimonthly COR/Board meetings on the 2nd Thursday of odd-numbered months (January, March, May, July, September, December) where they share their home group's experiences in carrying the A.A. message and express how they feel NCMCO might better serve the A.A. community in Western North Carolina.

The NCMCO Board is interested in your feedback. Take our inventory!
What are we doing well? What can we improve upon?
How can we serve Districts 70, 71 and 80 more effectively?
What might we do to draw more participation from groups?

Please send your feedback to: info@ncmco.net

Better yet, attend the next bimonthly COR/Board meeting on Zoom.
See the Central Office website for more details:

<https://aancmco.org/index.php/events/>



DISTRICT 70

SERVICE KEEPS US SOBER SPEAKERS NEEDED!

We are looking for homegroups to represent one day a month at a treatment center to find speakers for!

Are are currently looking for coverage for:

ADATC (Tuesdays & Fridays)

Neil Dobbins (Fridays)

Costello House (Sundays)

Transformation Village (Mondays)

and First Step Farm (Tuesdays)

We are also looking to connect with AAs who are unable to sign up for a monthly commitment, but who are willing to speak at treatment centers! They will join our running list of volunteers.

Interested in joining the Treatment Committee?

Reach out now!



Email Us!

treatment@ashevilleAA.org



Founders' Day - Akron, OH - June 6-8

Founders' Day Registration Form | online at www.foundersday.org

Everyone must be registered, including children. All registrations must be postmarked by May 15, . NO EXCEPTIONS!



Name (please print clearly) _____

Address _____ City _____ State _____ Zip _____

Phone (_____) _____ E-mail address* _____

* If you provide an e-mail address, you will get confirmation via e-mail only!

Check for special needs - handicapped.
Handicapped parking will be strictly enforced.

Hearing Impaired- ASL Interpreter Requested
All beds are at a fixed height of 42 inches. The University of Akron **CANNOT** adjust bed height.

***INDIVIDUAL FORMS
REQUIRED FOR EACH
PACKAGE PLAN***

Onsite registration closes at 6:00 pm Saturday, NO EXCEPTIONS!

Basic Registration \$35 x QTY = \$ _____ TOTAL

(Basic Registration will be \$45 on site conference weekend)

INCLUDES ADMISSION TO ALL MEETINGS.

MUST have a picture I.D. for pickup.

Package Plan A \$300 = \$ ONE ONLY

Sex: M F

BASIC REGISTRATION INCLUDED.

Includes admission to all meetings, meals, room, and bus tour.

Report directly to designated dormitory to pick up weekend package and room key.

You must have a picture I.D. to pick up your reservation package.

All rooms and buildings at the university are non-smoking.

Package Plan B \$225 = \$ ONE ONLY

Sex: M F

BASIC REGISTRATION INCLUDED.

PLAN B DOES NOT INCLUDE MEALS.

Includes all items in Package Plan A *except* meals.

Rooming with: _____

MEALS		QTY	TOTAL
SATURDAY	Breakfast	\$22 x _____	= \$ _____
	Lunch	\$27 x _____	= \$ _____
	Dinner	\$40 x _____	= \$ _____
SUNDAY	Breakfast	\$22 x _____	= \$ _____
SPECIAL DIETARY NEEDS — <input type="radio"/> Diabetic <input type="radio"/> Vegan <input type="radio"/> Vegetarian <input type="radio"/> Gluten-Free			

MOTORHOME SITE FEES	QTY	TOTAL
NO TENT CAMPING!	RV Site Tag	\$40 x _____ = \$ _____
Each RV must have a Site Tag to set up.	(no hook-ups available)	per site/whole weekend
ABSOLUTELY NO PETS OR FIRES!	REGISTRATION TOTAL	\$ _____

PAYMENTS MUST BE IN U.S. DOLLARS ONLY.
MAKE CHECKS / MONEY ORDERS PAYABLE TO:

Akron Intergroup
PO Box 12
Akron, OH 44309-0012

REFUNDS requested in writing only by mail or email
and postmarked / received prior to May 15, 2025.
treasurerfd@akronaa.org

PAYMENT METHODS FOR MAIL IN REGISTRATION:

CHECK MONEY ORDER

All Credit Card payments must be made online at www.foundersday.org.
Click on the Founders' Day link and follow the instructions.

NEW!

Introducing the *guidebook* app for Founders' Day 2025!

This app will serve as a companion to the printed program, offering a variety of useful features, including:

- Real-time notifications for inclement weather or other unexpected updates.
- Digital access to the event schedule and campus maps.
- Details about historical sites, donation opportunities, and on-campus dining options.

For more information, visit the Founders' Day website: <https://foundersday.org/>





District 80

FOUNDERS' DAY



June
7th

SATURDAY

Starting
at 11am

FOOD . FELLOWSHIP . FUN

Open To All

**Main course catered by Haywood
Smokehouse!**

**Please bring a side dish or dessert
to share**

Where

**Canton First United Methodist Church
155 Newfound Street, Canton NC**

AA Speakers

Heather G. and Rich W.

NC District 15

DISTRICT HANGOUT

Sunday, 6/8 2-5 pm

FACEPAINTING, 50/50 RAFFLE,
HOTDOGS, SPEAKERS, GAMES



@ The Picnic Shelter/Playground in Boiling Springs, NC.
Parking is behind 141 S Main St, Shelby, NC 28152, parking
lot entrance off E branch ave.

*****Hotdogs, drinks and chips provided but bring
something to share if you can

WESTERN NC A.A. DISTRICTS 70, 71 & 80

SATURDAY, JUNE 21



picnic
AT LAKE JULIAN

A TRI-DISTRICT EVENT HOSTED BY NCMCO
BURGERS, HOTDOGS, SAUSAGES & SIDES
STARTING AT NOON

SPEAKERS AT 1 PM:
LORETTA R. AND RITCH S.

Dessert contributions
are always welcome!
(and anything else
you want to share)

LAKE JULIAN PARK, SHELTER 1



Can't make it to Vancouver? Celebrate in Charlotte, NC instead.

NOT A GLUM LOT ROUNDUP

JULY 3-6, 2025

CHARLOTTE, NC



CELEBRATING 90 YEARS OF AA

Hilton Charlotte University Place - 8629 JM Keynes Drive – Charlotte, NC 28262

Newly Renovated Double or King: \$175+taxes (cutoff 6/17/25)

Refundable one night's deposit required – Hotel Group Code is: **GLUM**

(Free Buffet Breakfast Included Friday – Sunday mornings)

Hotel Reservations: 704-547-7444

Information, text: Registrar/Treasurer, David H. @ 704-622-3945; Registration Co-Chair, Elaine W. @ 617-388-4808; Roundup Co-Chair Ray W. @ 704-953-8357; or Chair, Betty G. @ 704-491-1519

Registration: \$55.00; **\$60 at the door**

Friday Night BarBQ Buffet: \$60.00

Saturday Night Ice Cream Social: \$20:00

Saturday Night: Red, White and Blue DJ Dance

Speakers

Zel P., Carlos D., Buck R., and Beth R.

Dynamite Workshops

Old-Timers Panel (with 30+ years)

Workshops will be recorded.

Clip and mail registration form with payment to: "Not A Glum Lot Roundup" c/o David Harris, P.O. Box 19081 Charlotte, NC 28219 OR USE PAYPAL QR Code

NOT A GLUM LOT ROUNDUP



[Registration fee is transferable but non-refundable]

Name: _____ Badge Name: _____

Address: _____ City: _____, State: _____ Zip: _____

Phone: _____ Email: _____ Sober Date: _____

Registration: \$55 x _____ Buffet: \$60 x _____ Ice Cream Social: \$20 x _____ Scholarship: \$ _____ AA _____ Al-Anon _____

Volunteer: Greeter Registration Hospitality Raffles Banquet Seating Souvenirs Workshop

SPECIAL NEEDS: _____

SOUVENIRS

Tumbler: \$22 x _____ T-Shirt: \$25 x _____ Hoodie: \$35 x _____ Sizes: _____S _____M _____L _____XL _____2X _____3X

TOTAL AMOUNT ENCLOSED: \$ _____



Language of the Heart
Lenguaje del corazón
Le langage du cœur



2025

A.A. INTERNATIONAL CONVENTION

Join your friends in Vancouver,
British Columbia, Canada
July 3-6

HIGHLIGHTS INCLUDE...

- ▶ Thursday Night Block Party
- ▶ Flag Ceremony
- ▶ Stadium Meetings
- ▶ Old Timers Meeting

AND MORE...including 250+ meetings,
hospitality suites, and a full slate of
panels and workshops

**THERE'S STILL
TIME TO
REGISTER!**

REGISTER NOW



LEARN MORE

aa.org/international-convention 

2025ic@aa.org 

Alcoholics
Anonymous®

★ ★ ★ ASHEVILLE 12 STEP CLUB ★ ★ ★

FOURTH OF JULY

BBQ



**HOT DOGS, HAMBURGERS, AND
BEVERAGES PROVIDED
SIDES & DESSERTS WELCOME!**

1 KENILWORTH KNOLLS, UNIT 4, ASHEVILLE, NC 28805

**12:30-1:30 Solutions Meeting
1:30-6:00 Fellowship & Eating**

Western North Carolina Committee of Young People in AA presents:

GLIZZY PAA 2.0

A WNCYPAA HOT DOG EVENT

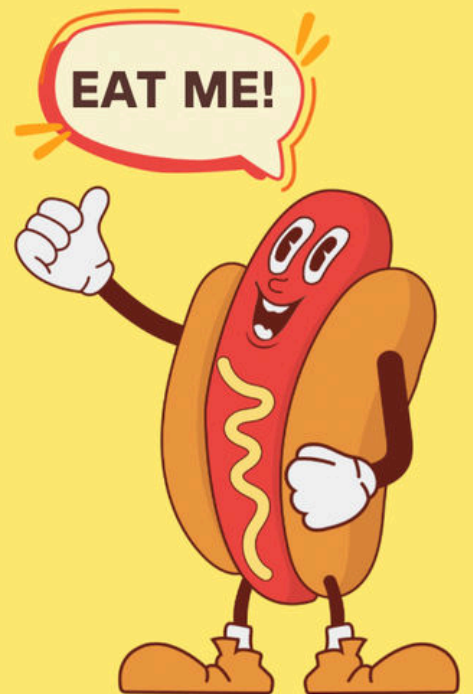
**SAT
JULY
5th**

**2PM
to
5PM**

**Malvern Hills Park
Picnic Shelter
75 Rumbough Pl
Asheville, NC**

\$5

Hot dogs, chips,
& cold brew!



2PM | Food & Fun

3PM | Speaker Meeting

**4PM | Glizzy Gobble
Contest 🌭**

*\$10 to enter the hot dog eating contest.
Winner gets the pot & all the clout, plus
FREE registration to our annual campout!*

We accept:
venmo
PayPal
zelle

PICKLEBALL COURT • GAMES • 50/50 RAFFLE

ADMIT ONE



Live
JOYFULLY

2025 Roanoke Women's Workshop

**“THE JOY OF LIVING IS THE THEME OF AA’S TWELFTH STEP,
AND ACTION IS ITS KEY WORD.”** *Twelve Steps and Twelve Traditions*
By Anonymous

JOIN US FOR

An AA Recovery Workshop for Women

AA Speakers – Breakout Sessions – Meditation – Recovery Meetings
Share Experience, Fun, Food, Fellowship... *and more!*

1-3 AUGUST

Registration closes on July 1st. Single and Double Rooms are Limited. Scholarships are available.

**W.E. SKELTON 4-H CONFERENCE CENTER
775 HERMITAGE RD, WIRTZ, VA 24184**



info: roawomensworkshop@gmail.com
www.roanokewomensworkshop.com



*Respect and kindness toward others are essential at the workshop.
Humility, love and service are guiding principles of Alcoholics Anonymous.*

Sponsored by the 'Seeds of Hope' women's group of Alcoholics Anonymous in Roanoke, Virginia

REGISTER NOW!

78th North Carolina State Convention



August 7-10, 2025

**Hilton Raleigh North Hills
3415 Wake Forest Rd • Raleigh, NC 27609**

Courage to change

Register online at www.aanconvention.com

For more information or for help with hotel reservations, please email:
convention@aanorthcarolina.org or call Lizzy T. (917) 650-4082



Convention Pre-Registration \$35.00/person

Pre-registration rate available until July 17, 2025,
\$40.00 per person July 17, 2025 and after.
Al-Anons/Alateens - must register but no charge if 18 or under.

Hotel Reservations

Room rate per night: \$157 + tax • Phone: (919) 872-2323
Ask for NC Area 51 Convention and/or group code **AREA51** to make reservations.

Online: www.NorthRaleigh.Hilton.com enter group code **AREA51** where prompted.


Don't wait!... Hotel cut-off for Conference rate: **July 15, 2025**

Workshops and more...

- ★ Old-Timers' Panel
- ★ Marathon Meetings
- ★ Skits
- ★ Open Discussion Meetings  
- ★ Saturday Night Karaoke & Dance
- ★ Plenty of FREE Coffee

**Register
NOW to
Support Your
Convention!**

Speakers

- Aubrey S.** Carrboro, NC
- Theo S.** Raleigh, NC
- Nic S.** Wilmington, NC 
- Jacob B.** Baton Rouge, LA
- Monica F.** Chicago, IL
- Cathy B.** Hillsville, VA

Consider buying a sponsorship for those less fortunate



29th Annual Southeast Woman to Woman Conference "Secrets Women Don't Share"

A Conference for Sober Alcoholic Women with Al-Anon Participation
No children allowed in conference rooms



August 22-24, 2025, Virginia Beach, Virginia

Holiday Inn Virginia Beach-Norfolk
5655 Greenwich Road, Virginia Beach, Virginia 23462

RESERVATIONS

Room rates through July 29, 2025:

- King, \$149 + tax
- Double, \$159 + tax

Breakfast is not included.

To make reservations,

- Call (800) 567-3856 and use code **SWW**
- Register online at <https://bit.ly/SEW2W-VB-Hotel>

REGISTRATION

Conference registration:
\$65 through March 31, 2025
\$70 April 1-July 18 and on-site.

**Registrations are transferable
but NOT refundable.**



- Register online at www.SEWomantoWoman.org
- Complete attached registration form and mail registration form and check payable to **Southeast Woman to Woman** to:
SEW2W
c/o Diane S.
P.O. Box 15031
Chesapeake, VA 23328

CONFERENCE CONTACTS

Chair: Tracy U.
Co-Chair: Natalie S.
Registration: Rebecca M.

sew2w2020@gmail.com
Natalie.sew2w25@gmail.com
sew2w2012@gmail.com

REGISTRATION FORM

Name: _____ Badge Name: _____

Check: AA, Sobriety Date: _____ Alanon

Address: _____ City: _____

State/Zip: _____ Phone: _____

Email: _____ Are you willing to volunteer? Yes No

Any special needs? _____

--- Please select items below ---

Registration Fee (Required, check one):

\$65 (until March 31, 2025) \$70 April 1-July 18 and on site

Scholarship Donation (not required): \$ _____

Souvenirs

Tumbler, \$21

Tote, \$25

T-Shirt, \$25, specify style and size:

Style: Women's Unisex

Size: Small Medium L XL 2XL 3XL (unisex only) Bundle

(1 Tumbler, 1 Tote, and 1 T-Shirt), \$65, specify T-Shirt style and size:

T-Shirt Style: Women's or Unisex

Size: Small Medium L XL 2XL 3XL (unisex only)

Events

Sunshine & Sundresses Banquet, \$75

Optional dress code: Sundress or Best Sunny Day attire

Colors: Ocean blue, Pale yellow, Fern green

Beach Tour, \$25

Aquarium Tour, \$35

TOTAL AMOUNT ENCLOSED: \$ _____

ALCOHOLICS ANONYMOUS
2025 BRIDGING
THE

Workshop
Weekend

GAP

TEMPORARY CONTACTS

September 5th – 7th 2025

Hosted by Area 5

The Greater Los Angeles Area

Sheraton Ontario Airport Hotel

429 N Vineyard Ave Ontario, CA 91764 (909) 937-8000

Room Rates \$155+tax Room Code BTG

The Annual Bridging the Gap Workshop Weekend consists of presentations, discussions, shared experiences and breakout sessions.

PLEASE PRINT CLEARLY

I would like to volunteer to help

Email _____ Service Position _____ Area _____
Name _____ Phone _____
Address _____ City _____ State _____ Zip _____

breakout session topics you would like

Registration

Before July 1st \$50 EarlyBird In-Person Weekend Registration \$50

After July 1st \$60 In-Person Weekend Registration \$60

Saturday Only Day Pass \$40

Saturday Nite Banquet \$50

Online Attendance \$60

Vegetarian

Total Person One \$ _____



Register Online at BTGWW.org or Mail this form to and a check to:

BTGWW 10001 E Evans Ave #62D Aurora, CO 80247

Western North Carolina Committee of Young People in AA

8th Annual

WNCCYPAA CAMPOUT

October 3-5, 2025

Kuykendall Camp

Brevard, NC

Register for \$35 at:

AVLYPAA.com

