

Mountain Doin's

August 2025

Serving AA in Western North Carolina's Districts 70, 71, and 80 since 1974

Central Office Position Still Open!

The Board is still in need of a Mountain Doin's Editor since Pam has served beyond the recommended three-year term. Below are the responsibilities and requirements for this position. Some computer skills and design experience recommended. If you are interested, please attend the next COR/Board meeting, **Thursday, September 11, at 6:00pm**, via Zoom. For updated meeting information and Zoom link, check the website: <https://aancmco.org/index.php/events/>

Mountain Doin's Newsletter

Purpose

1. Inform the Groups and members of information and events in all Districts in the service area of the Central Office.
2. Provide interesting and thought-provoking articles pertaining to the fellowship and the program of Alcoholics Anonymous.
3. Provide a platform for members to express their ideas and opinions.
4. Inform Groups and members of Central Office events and other information that benefits them.

Content

1. Monthly Central Office Financial Report.
2. Anniversaries submitted by groups.
3. Group contributions.
4. Calendar of Group/District functions or activities for the month and coming months.
5. An area for District information to be used at each District's discretion.
6. Contributions by individual members, Groups, and Districts including: articles, humor, upcoming events, reports of past events, any information thought important.
7. Adheres to Central Office Policy on Anonymity.

Distribution (by NCMCO Office Manager)

1. Electronic: posted to <https://md.aancmco.org> at publication (1st of the month).
2. Email notification of publication sent on request.

Questions? Please contact Central Office: (828) 254-8539; info@ncmco.net

God or No God

by Alex M. - Louisville, Kentucky

A lifelong atheist shares how he embraced the program, learned to help others and found a home in AA

I drank for 40 years, and when I couldn't stop and my life was in shambles, a friend literally dragged me to my first AA meeting. That was in 2006. All I remember was a room full of drunks praising God for having gotten them sober and reciting the Lord's Prayer while holding hands at the end of the meeting. Since I had been a lifelong atheist—and still am—I decided that this religious cult was not for me.

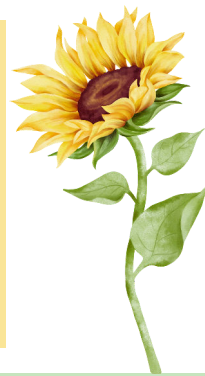
After the meeting I was surrounded by several men who gave me a Big Book and their telephone numbers and suggested I come back to another meeting the next day. Their kindness motivated me to return, along with the realization that I had nowhere else to go.

I attended several AA meetings each day over the next few months while my head cleared. Members kept saying that God did for them what they couldn't do for

Central Office is open
Monday-Friday 10am-1pm

(828) 254-8539
24/7

info@ncmco.net
aancmco.org



Inside This Issue

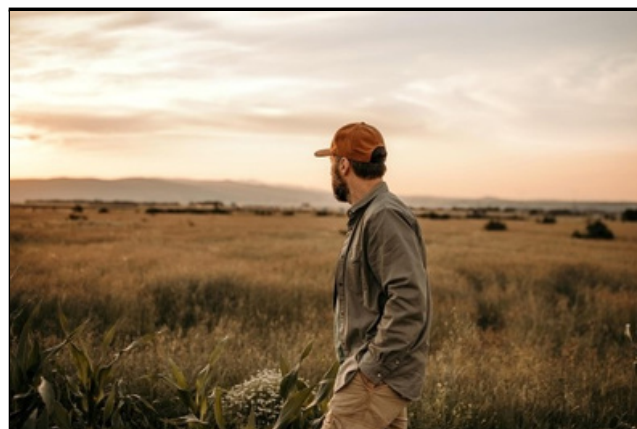
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themselves. This mantra made no sense to me until I started reading the Big Book, which was filled with the word God and expressions such as "psychic change," "spiritual awakening" and "spiritual experience." If I wanted to get sober and find a new way of life, I assumed I would need to change my beliefs, attitudes and actions, which could only be facilitated by some type of "God of my understanding." When I asked the oldtimers how I could get sober if I didn't believe in God, they laughed and said, "Stick with the program and you will come to believe," which sounded a bit arrogant to me. When I sought out others who might be atheist or agnostic to share their experience in AA, I found none.

Frustrated and depressed, I decided I would go ahead and get a sponsor and try AA for three months. If it helped, I'd stay. If not, I'd leave. Ironically, my sponsor ended up being a sympathetic born-again Christian who was not bothered by my atheism. He said the AA program was the Twelve Steps and his job was to guide me through them without prejudice or favor. He knew a number of happy, sober

(continued on page 5)



August Grapevine now available!



Atheist & Agnostic Members

This month's featured section is "Atheist/Agnostic AA Members' Stories." Secular AA members share powerful, personal stories about the joys and challenges of getting sober and working the program of AA.

<https://www.aagrapevine.org/>



After-hours Phone Volunteers Needed

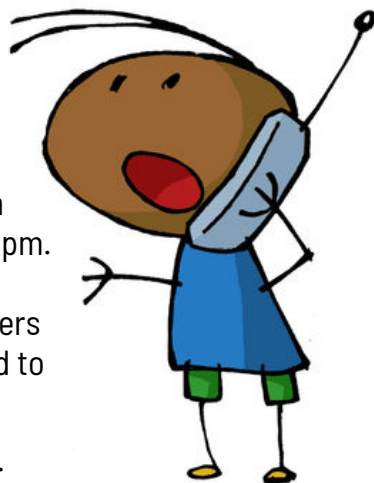
Central Office is looking for volunteers to answer the phone from 1:30pm in the afternoon until 9:30am the next morning. Most nights don't see more than a call or two, rarely after 10 or 11pm. Most callers are interested in meeting information so volunteers should have the internet at hand to access the meeting guide.

One year of sobriety is required.

Information can be found at:

<https://aancmco.org/index.php/about-ncmco/service/>
(scroll down to "After-hours Phone Volunteer")

Or call Central Office at 828-254-8539.



In Memoriam

Judy C (known to some as Judy K), a long-time member at meetings in Asheville and Weaverville with 35 years' sobriety, passed away peacefully on July 19, 2024, surrounded by her loving family.

A trusted servant of Good Livers (District 70) in various capacities such as GSR, Treasurer, and liaison with North Carolina Mountain Central Office and its Mountain Doin's newsletter, Judy's wisdom and adherence to the Traditions carefully guided us through many a lively Business Meeting discussion.

Known as what some circles call "a double winner", Judy's quiet and constant 12-Step programs, her example of dedicated service, her honesty and infectious sense of humor were an inspiration to many of us. Her absence at our meetings leaves an emptiness in our hearts but also a model for carrying on, one day at a time, and for continuing to carry the message to others. She continues to be missed.

Call & Visitor Log June 2025

12 Step Calls - 11
General Info - 2
Family Help - 1
Meeting Info - 36
Central Office Business - 79
Medical/Detox - 0
Visitors - 75
After-hours calls - 55



Visits to aancmco.org/ website:
Unique Visitors - 9,292
Total Visits - 66,286; Visits/Visitor - 7.13
Total Pages - 535,961; Pages/Visit - 8.09



COR/NCMCO Board Meeting

COR/Board meetings are held the second Thursday of odd-numbered months. All A.A. members are welcome to attend but only CORs (Central Office Representatives) may vote so we encourage your group to elect a COR. Your input is important to us!

The Board is still in need of a Mountain Doin's Editor, although a few people have expressed interest, so we remain hopeful. See page one for a description of the responsibilities and requirements. Anyone interested in volunteering for this position is encouraged to attend the General Committee (COR/Board) meeting **Thursday, September 11, 6:00pm**, via Zoom: Meeting ID: 757 855 2319 Passcode: 000000

For updated meeting information and Zoom link, check the website: <https://aancmco.org/index.php/events/>



Where to Find Meetings

Printable In-person Meeting Guide



Meetings in all 3 Districts



Meetings in District 70



Meetings in District 71



Meetings in District 80



Cash on Hand as of 6/30/2024

Prudent Reserve
\$16,159.97

Operating Account
\$10,637.07

Rent Deposit - \$900.00

Petty Cash - \$50.00

Profit & Loss YTD

	Jun 2025	Jan - Jun 2025 (YTD)
Income		
Contributions		
Group Contributions	\$1,307.11	\$13,936.54
Individual Contributions	\$56.15	\$268.34
Birthday Contributions		\$25.00
Total for Contributions	\$1,363.26	\$14,229.88
Interest on Money Market	\$1.33	\$8.01
Sales Income		
Literature & merchandise	\$3,192.47	\$16,215.87
Shipping charged to groups	\$27.52	\$306.47
Total for Sales Income	\$3,219.99	\$16,522.34
Total for Income	\$4,584.58	\$30,760.23
Cost of Goods Sold		
Cost of Goods Sold		
Credit Card Processing		
PayPal Fee	\$29.50	\$189.77
Total for Credit Card Processing	\$29.50	\$189.77
Freight - vendor shipping	\$60.63	\$264.90
Literature & merchandise-COGS	\$2,747.32	\$13,923.28
Shipping to groups	\$34.40	\$306.58
Total for Cost of Goods Sold	\$2,871.85	\$14,684.53
Inventory Shrinkage	-\$35.88	-\$2,509.81
Total for Cost of Goods Sold	\$2,835.97	\$12,174.72
Gross Profit	\$1,748.61	\$18,585.51
Expenses		
Office Supplies	-\$7.00	\$313.86
Payroll Expenses		
Gross Salary	\$1,600.00	\$10,365.00
Payroll Taxes (Company)	\$122.40	\$1,653.87
Total for Payroll Expenses	\$1,722.40	\$12,018.87
Rent	\$936.00	\$5,436.00
Telephone & Internet		
Office Telephone/Internet	\$89.08	\$734.39
Virtual Meetings	\$16.99	\$96.94
Web Expenses		\$293.39
Total for Telephone & Internet	\$106.07	\$1,124.72
Accountant fees		\$255.00
Event Expenses		\$442.62
Fire Inspection (good for 3yrs)		\$54.08
Stamps/Postage		\$14.60
Total for Expenses	\$2,757.47	\$19,659.75
Net Operating Income	-\$1,008.86	-\$1,074.24
Other Expenses		
Excess Funds Spent	\$418.82	\$3,045.90
Total for Other Expenses	\$418.82	\$3,045.90
Net Income	-\$1,427.68	-\$4,120.14



Contributions

Group Contributions:	Jun 2025	YTD
12 & 12 Study Group - 000090348		\$35.00
Acceptance Group 000092265		\$243.00
Agnostics Atheists Free Thinkers Grp - 000092498		\$280.00
All In Group-Waynesville - 000355928	\$37.61	\$37.61
As Bill Sees It Group (Brevard) - 000374290		\$125.00
As Bill Sees It Group (Franklin) - 000093648	\$42.00	\$76.80
Back To Basics Group - 000094453		\$100.00
Big Town Group - 000096080		\$182.82
Brevard AA Online - 000453800		\$265.00
Brevard Men's Group - 000096757		\$120.00
Brevard Serenity Group - 000096758	\$135.00	\$464.00
Bryson City Group - 000097273		\$50.00
Burnsville Group - 000235484	\$90.00	\$90.00
BYOC - Bring Your Own Coffee Group - 000409871		\$31.00
Candler K.I.S.S. Group - 000098073		\$132.00
Cashiers Valley Group - 000098360		\$356.64
Common Sense Group - 000099801	\$245.00	\$245.00
Conscious Contact Group - 000099980		\$484.35
Cullowhee Valley Group - 000100669		\$100.00
Cumberland Group - 000100676		\$50.00
Daily Decisions Group - 000100743		\$1,454.34
Fellowship Group (Fletcher) - 000104116		\$323.99
Good Livers Group - 000107590		\$400.00
Hendersonville Group - 000110033		\$250.00
Hendersonville Happy Hour Grp - 000110034		\$75.00
Hendersonville Men's Group - 000044576	\$50.00	\$100.00
H'ville Women's BBSS Group - 000110036		\$140.00
Hey Girl, Surrender Group - 000392207		\$250.00
High Noon Group - 000110266		\$100.00
Hot Springs Meeting		\$100.00
Joy Of Living Group - 000112527		\$142.67
Lambda Group - 000007190		\$223.69
Leicester Group - 000009461		\$220.37
Liars Club	\$97.00	\$239.00
Library Group - 000010602		\$90.50
Maggie Valley Group - 000016476	\$250.00	\$250.00
Mars Hill Group - 000017945		\$225.00
Mission Group - 000023514	\$11.08	\$11.08
Mountainview Group - 000027730		\$171.52
Newcomers Group - Flat Rock		\$50.00
New Freedom Group - 000032374		\$248.66
Noontime Big Book Study Group - 000409637		\$136.98
Phoenix Group - 000049062	\$88.50	\$416.00
Pine Grove Group		\$100.00
Practicing Principles Group - 000051260	\$32.73	\$95.02
Round Table Group - 000059337		\$99.00
Safe And Sound Women's Group - 000060517		\$203.16
Saturday Morning Men's Meeting	\$75.00	\$300.00
Serenity Service Group - 000068387		\$164.42
Sober Sisters Group (Burnsville) - 000460489		\$100.00
Sober Sisters Group (Flat Rock) - 000073208	\$103.19	\$414.75
Speed Bump Group - 000053487		\$481.70
Spruce Pine Group - 000077533		\$250.00
St John in the Wilderness Early Bird Grp - 000078454		\$134.00
Strange Camels - Brevard		\$100.00
Sylva AA - 000086394	\$50.00	\$50.00
The Open Meeting Group - 000418805		\$128.50
The Out To Lunch Bunch Group - 000408968		\$150.00
Tuesday 12 X 12 Skyland Group - 000012529		\$80.00
Waynesville Grace Group - 000022141		\$1,355.95
West Asheville Group - 000030473		\$100.00
Women of Courage Group - 000036989		\$493.00
Women's Way Group 000513711		\$50.02
Total Group Contributions:	\$1,307.11	\$13,936.54

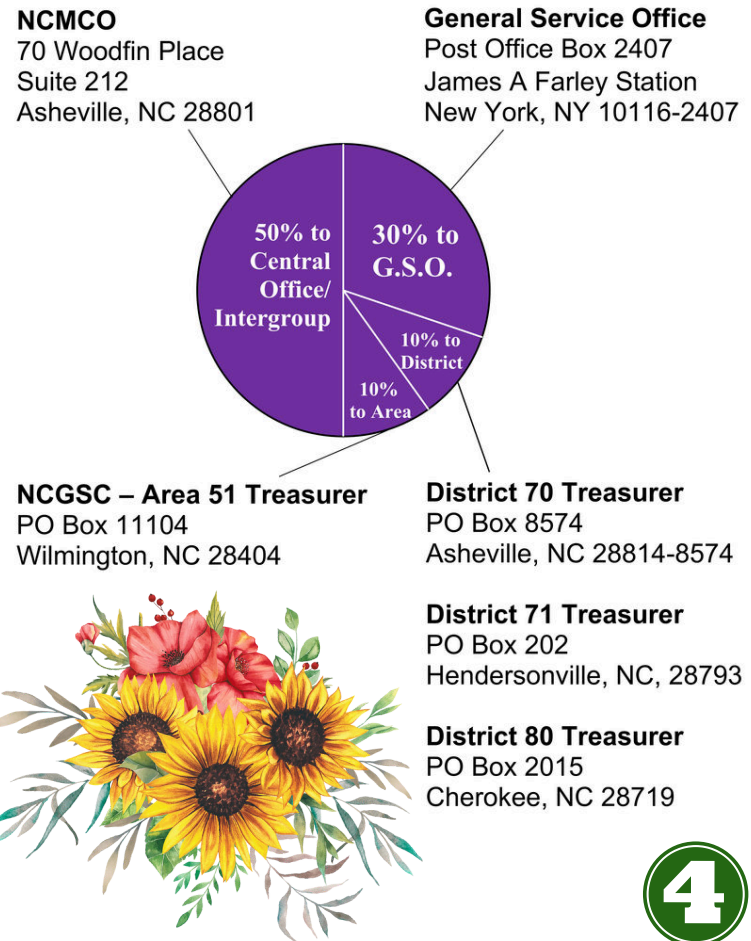
Individual Contributions:	Jun 2025	YTD
Anonymous	\$6.15	\$79.74
Gerd S.		\$13.60
Judy M.	\$25.00	\$25.00
Shannon K.	\$25.00	\$150.00
Total Individual Contributions:	\$56.15	\$268.34
Birthday Contributions:	Jun 2024	YTD
Chris W.		\$25.00
Total Birthday Contributions:	\$0.00	\$25.00
Total Contributions:	\$1,363.26	\$14,229.88

Note: If you think there is a contribution missing from your group total, please let us know. We try our best to get donations listed correctly, but we do make mistakes sometimes and list a donation under the wrong group. As always, we thank you all - AA groups and individual members - for your generous support!

Suggestions & Addresses for Sending Donations to the A.A. Service Structure*

Revised for 2025

* From the pamphlet "Self-Support: Where Money & Spirituality Mix." Recommendations for other percentages are also in the pamphlet.



God or No God *(continued from page 1)*

members who didn't believe in God, and he said that a belief in God was not a requirement in AA or for sobriety.

Like the Buddhists, in my mind I replaced the word God with Good as I went through the Big Book and the Steps and my spiritual awakening was the realization that if I didn't drink and followed the moral values embedded in the Twelve Steps and the spiritual principles of AA, I could attain that new design for living our Big Book offers. For me, those principles boiled down to the Golden Rule of treating others as I would like to be treated.

As my years in AA progressed, I became more involved in service work and occasionally was asked to be a speaker at meetings. By that time, I knew not to dwell too long on my spiritual beliefs, but during one talk I did gently discuss my atheism with the goal of encouraging those like me to give AA a chance despite AA's focus on God. At the end of that talk, the audience members filed out in silence and none of them spoke to me after the meeting. Even the member who invited me to speak said nothing. I was deeply hurt and disheartened. All I wanted to do was open the door of AA wider to all types of alcoholics because most of us die if we don't get help.

I felt like a failure after that and considered dropping out of AA again. My sponsor consoled me by sharing that he was certain my talk had touched someone because agnostic or atheist AA members don't often publicly admit their lack of a belief in God because they fear being judged by their fellow members. Being an atheist in AA is hard. Coming out of the closet as an atheist in AA is even harder.

I've always felt welcome in AA, but I've had to temper the way I share my experience on God. My home group knows me well and I have been told that when they run across a new member with a "God problem," they automatically refer them to me, which I take as a compliment.

For years I resented all the God talk in the Big Book until I recognized that the Big Book is just one long "Bill's Story." It is the story of the way Bill W. and others—many of them religious—got sober in the 1930s. Happily God worked for them, but today I realize that Bill's story does not have to be my story, nor does Bill's God have to be my Higher Power. We each can have our own conception of a Higher Power, and that power does not have to be God.

I consider myself a very spiritual person. I enjoy a morning quiet time when I read and reflect on some AA meditations and consider how I can use what I read to become a better person. I plan my day in the morning and review it at night. I follow the Twelve Steps as best I can, and I work with my sponsees and other alcoholics alongside their journey.

Gratitude, service and a sense of humor help me get through the day, along with a periodic spot-check inventory. Pausing when agitated goes a long way toward preventing a build-up of resentments and fear. Fellowship members provide strength and support when needed. I have attended AA meetings at least four times a week over the past 18 years and have only one sobriety date.

My experience is that anyone can get sober in AA, God or no God, if they follow the Big Book's design for living and the Twelve Steps and are willing to carry our message of hope and recovery to another alcoholic.



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Special Meetings and Events

NOTE: For updates, please check the specific event websites, or <https://aanmc.org/index.php/events/>
See flyers for additional events not listed here.

2025 Roanoke Women's Workshop – Live Joyfully. August 1-3. W.E. Skelton 4-H Conference Center, 775 Hermitage Rd, Wirtz, VA 24184. See flyer for more details or go to their website: <https://roanokewomensworkshop.com/>

78th NC State Convention – Courage to Change. August 7-10. Hilton Raleigh North Hills, 3415 Wake Forest Rd, Raleigh, NC 27609. For more information see flyer or visit the website: <https://www.aanconvention.com/>

29th Annual Southeast Woman to Woman Conference. August 22-24. Holiday Inn Virginia Beach-Norfolk, 5655 Greenwich Rd, Virginia Beach, VA 23462. For more information see flyer or visit the website: <https://www.sewoman2woman.org/>

65th ICYPAA Conference: A New and Wonderful World. August 28-31. Hilton Minneapolis, 1001 S Marquette Ave, Minneapolis, MN 55403. For more information and registration visit the website: <https://www.icypaa.org/>

Labor Day BBQ. September 1, 1:30-6:00pm. AVL 12 Step Club, 1 Kenilworth Knolls, Unit 4, Asheville 28805 (see flyer)

Bridging the Gap Workshop. September 5-7. Hosted by Area 5 – The Greater Los Angeles Area. Sheraton Ontario Airport Hotel. 429 N Vineyard Ave, Ontario, CA 91764. For more information see flyer or visit the website: <https://www.btgww.org/>

8th Annual WNCYPAA Campout. October 3-5. Kuykendall Camp, 116 Cathey's Creek Rd, Brevard 28712. For more information and registration, visit the website: <https://www.avlypaa.com/>

Halloween Dance & Costume Contest. October 31, 8:00pm-Midnight. AVL 12 Step Club, 1 Kenilworth Knolls, Unit 4, Asheville 28805 (see flyer)

Three Legacies Conference – Steps, Traditions, Concepts. November 7-8. Hosted by Love & Service AA Group. In-person (Hope Center Church, 2275 Morello Ave, Pleasant Hill, CA 94523) and on-line (Zoom link for online attendees will be sent one week prior to the conference.) For more information and registration, visit the website: <https://www.3legacyconference.org/>

8th Annual National Corrections Conference. November 7-9. The Inn at Opryland – a Gaylord Hotel, 2401 Music Valley Dr, Nashville, TN 37214. For more information and registration, visit the website: <https://www.nationalcorrectionsconference.org/>

11th Annual National A.A. Technology Workshop: Adapt/Connect/Protect: Building the A.A. Technology Toolbox. November 7-9. This will be a hybrid workshop, in-person at Hilton Cincinnati/Northern Kentucky International Airport (CVG), 7373 Turfway Rd, Florence, KY 41042, or online. For more information and registration, visit the website: <https://naatw.org/2025-naatw-workshop/>

Area 51 Events: <https://aanorthcarolina.org/events/>

GSO in New York: For events around the country and the world, as well as great information, go to: <https://www.aa.org/> and Box 459: https://www.aa.org/sites/default/files/newsletters/f-36_spring2025.pdf



The Service Express

District 70

GSR Business Meeting – held the 2nd Sunday of the month. The next meeting will be **Sunday, August 10, 2:30pm**. It will be a hybrid meeting, with an in-person meeting at St Luke's Episcopal Church, 219 Chunns Cove Rd, Asheville, 28805, and Zoom capability: Meeting ID: 933 8500 3069; Passcode 672458. There will be a District 70 Inventory (also a hybrid meeting) **Sunday, Aug. 24, 2:30pm**. For updates go to the website: <https://ashevilleaa.org>

Accessibilities Committee – The Chairperson is Carolyn O. Want to make sure your A.A. group or event is accessible to all? Contact Carolyn at access@ashevilleaa.org for an Accessibilities Checklist. The Accessibilities Committee meets the first Monday of every month at 7:00pm. Go to the NCMCO website calendar for the Zoom link: <https://aancmco.org/index.php/events/>

Archives Committee – The Chairperson is Dennis H. Bill W. is quoted with: "We are trying to build up extensive records which will be of value to a future historian." Members are needed to accomplish this. If your service commitment leads you to gather local history this is your committee. Currently the committee is engaged in recording oral histories, collecting group histories, and collecting /preserving memorabilia donated to the collection. This is a great way to meet members with long-time sobriety and learn about Groups carrying the message in WNC! For more information contact Dennis at archives@ashevilleaa.org. The Archives Committee meets the first Saturday of every month at 2:00pm. Go to the NCMCO website calendar for the Zoom link: <https://aancmco.org/index.php/events/>

CPC/PI Committee – The Chairperson is David. These are two separate service committees – "Cooperation with the Professional Community" and "Public Information". The CPC Committee visits schools, businesses, and community meetings to speak about A.A. The PI Committee provides accurate A.A. information to the public and media when requested. For more information, contact David at cpc-pi@ashevilleaa.org

Corrections Committee – Meetings are open in all facilities. We are always looking for new volunteers. The next orientation at Western Correctional Center for Woman (in Black Mountain) will be on September 8. Buncombe County Detention Facility and Yancey County can also use Volunteers. We also need Volunteers for our PreRelease Program (see flyer). This is rewarding 12 Step work, helping those on the inside transition to the outside. For more information about Corrections and to become a volunteer, please contact Liz P, the Women's Corrections Chair, at corrections_women@ashevilleaa.org, or Mitch R, the Men's Corrections Chair, at corrections_men@ashevilleaa.org, or PreRelease@AshevilleAA.org

Literature and Grapevine Committee – The new Chairperson is Mary Kate. She can be reached at literature@ashevilleaa.org. The focus of the committee is to ensure that A.A. literature and Grapevines are available to all groups, service meetings, and other A.A. events.

Technology Committee – The Chairperson is George M. If anyone is having trouble getting a hybrid or online-only meeting going or having technical issues, please reach out to George at technology@ashevilleaa.org and he can offer support.

Treatment Facilities Committee – The Chairperson is Hannah R. It's all about bringing the message of recovery to alcoholics in

District 70 - continued

treatment facilities. The Treatment Committee continues to schedule weekly speakers at numerous treatment centers in District 70. They are always looking for more volunteers. If you are interested, contact Hannah at treatment@ashevilleaa.org. The Treatment Committee meets the last Sunday of every month at 7:00pm. Go to the NCMCO website calendar for the Zoom link: <https://aancmco.org/index.php/events/>

"Bridging the Gap" (with treatment facilities) – The Chairperson is Monica. This is a Temporary Contact Program, which is designed to help the alcoholic in a treatment facility make that transition from "inside" the program to life on the "outside". There are many different volunteer opportunities. Contact Monica at bridgingthegap@ashevilleaa.org For more information on Bridging the Gap and upcoming events, visit the website: www.btgww.org

District 71

GSR Business Meeting – There will not be a meeting in August; the next meeting will be **Saturday, September 13, 9:30am**, at the Hendersonville Group building, 1624 Willow Rd, Hendersonville, NC 28739. All A.A. members are welcome! They need more volunteers for Henderson County jail, and these service positions currently need to be filled: Alternate DCM, Events Coordinator, CPC/PI Chair, and Accessibilities Chair. Also, the following positions will be available at the end of 2025: DCM, Alternate DCM, Treasurer, Events Coordinator, and Chairs for Treatment, Corrections, CPC/PI and Accessibilities. If you have any questions or would like to volunteer, contact Alan, the District 71 DCM, by email: nc71aa@gmail.com or through the District 71 website: <https://www.nc71.org/contact>

District 80

GSR Business Meeting – held quarterly. The next meeting will be on **Sunday, October 12, 1:30pm**. All GSRs: Please note that this is an Election Meeting. The following positions are being vacated and need to be filled: DCM, Alt DCM, Webmaster/Registrar, and NCMCO Rep. Service Roles, Duties and Voting Guidelines for these positions are detailed in the District 80 Service Manual, available on the District website: <https://aawnc80.com/wp-content/uploads/2024/08/D80-Service-ManualU.pdf>

This will be a hybrid meeting with Zoom capability as well as an in-person meeting. The in-person location will be on the WCU Campus at 245 Memorial Dr, Room 336 (Cherokee Rm). They will be using the WCU Zoom system; the meeting ID will be provided on the invite emailed to participants 30 minutes before meeting; no password required. Check their website for meeting updates and links: <http://aawnc80.com>

NOTE to all District DCMs and Committee Chairs:

Please send me updates that you would like included in the next issue of the Mountain Doin's. If possible I would like to have the information by the 15th of the month. Email: pam@ncmco.net Much appreciated!



Happy Anniversary!

Acceptance Group

Mike D.	8-13-2018	7 yrs
Anna P.	8-13-2024	1 yr
Jonathan C.	8-15-1985	40 yrs
Willetta	8-15-1988	37 yrs
Emilie W.	8-19-2024	1 yr
Dana S.	8-23-2022	3 yrs
Ian H.	8-27-2023	2 yrs

Back to Basics Group - Weaverville

Matthew S.	8-08-2018	7 yrs
Denis O.	8-09-1985	40 yrs
Lynda H.	8-20-1985	40 yrs

Black Mountain Group

Dave P.	8-20-2023	2 yrs
Jacqueline	8-28-1998	27 yrs

Bryson City Group

Emma P.	8-16-2018	8 yrs
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Burnsville Group

Jim I.	8-10-1996	29 yrs
Blake S.	8-26-2022	3 yrs

Candler K.I.S.S. Group

Doug W.	8-17-2010	15 yrs
Byron S.	8-22-2017	8 yrs

Conscious Contact

Denise D.	8-13	
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Cumberland Group

Lynda M.	8-06-1985	40 yrs
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Daily Decisions Group

Susan M.	8-11-2018	7 yrs
Trink F.	8-16-2006	19 yrs
Will L.	8-16-2016	9 yrs
Matt M.	8-18-2009	16 yrs
John D.	8-22-2002	23 yrs
Myles R.	8-24-1986	39 yrs
Frank H.	8-28-1989	36 yrs

Fellowship Group

Stacey B.	8-05-2024	1 yr
Caroline W.	8-09-2016	9 yrs
David P.	8-14-2022	3 yrs
Jason B.	8-14-2022	3 yrs
Annie B.	8-19-2012	13 yrs
Charlene O.	8-20-2002	23 yrs
Marsha K.	8-20-2022	3 yrs
Chuck S.	8-20-2024	1 yr
Casey M.	8-22-2022	3 yrs
Ann B.	8-23-2022	3 yrs
Jim F.	8-23-2024	1 yr
Phil I.	8-23-2024	1 yr
Shiela W.	8-30-2022	3 yrs
Mitchell C.	8-31-2024	1 yr

Good Livers Group

Betsy B.	8-03-2021	4 yrs
Mary E.	8-06-2022	3 yrs
Deidre S.	8-09-2022	3 yrs
Celia S.	8-18-2003	22 yrs
Sheldon W.	8-23-1979	46 yrs
Jeannie M.	8-28-1985	40 yrs

Grace Group

Chris H.	8-03-2020	5 yrs
Maya C.	8-04-2020	5 yrs
Russell C.	8-05-2011	14 yrs
David W.	8-12-2007	18 yrs
Denise L-D.	8-13-1999	26 yrs
Seleste P.	8-17-2020	5 yrs
Sarah H.	8-20-2016	9 yrs
Emily S-C.	8-22-2019	6 yrs
Rory M.	8-28-2012	13 yrs
Anne Marie B.	8-31-2013	12 yrs

Hendersonville Group

Bradley M.	8-02-2020	5 yrs
Preston M.	8-02-2023	2 yrs
John G.	8-03-1990	35 yrs
Olivia Mc.	8-06-2023	2 yrs
Pete M.	8-08-1983	42 yrs
Monette H.	8-10-2024	1 yr
Nikki O.	8-12-2023	2 yrs
Tom P.	8-15-1995	30 yrs
Kimberly L.	8-15-2023	2 yrs
Alex W.	8-20-2024	1 yr
Susan W.	8-24-2000	25 yrs

Hendersonville Men's Group

Michael J.	8-12-2016	9 yrs
Ken B.	8-13-1984	41 yrs
Brian G.	8-28-1990	35 yrs
Michael L.	8-31-1989	36 yrs

Hey Girl, Surrender Group

Kari K.	8-20-1987	38 yrs
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Lambda Group

Allison G.	8-12-2018	7 yrs
Chris S.	8-13-2015	10 yrs
James S.	8-25-2013	12 yrs

Mission Group

David H.	8-02-2013	12 yrs
Kay G.	8-14-1982	43 yrs

Motley Crew - Columbus

Barbara B.	8-07-1990	35 yrs
Hank	8-15-1973	52 yrs
Trish	8-17-2006	19 yrs
Melinda C.	8-26-1984	41 yrs

Out to Lunch Bunch

Bill S.	8-11-1975	50 yrs
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Serenity Now Group

Sadie R.	8-01-2003	22 yrs
Dean W.	8-09-1991	34 yrs

Sober Sisters Group of Burnsville

Susan M.	8-03-2021	4 yrs
Lori Von K.	8-22-2015	10 yrs

Surrender Group - Black Mountain

Doug G.	8-20-1987	38 yrs
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Total Surrender Group

Martha R.	8-22-2000	25 yrs
Dan A.	8-31-2021	4 yrs

Traditional Group

James F.	8-01-2021	4 yrs
Charles W.	8-01-2022	3 yrs
Patrick H.	8-05-2021	4 yrs
Jamie W.	8-06-2016	9 yrs
Richard T.	8-07-1984	41 yrs
Logan S.	8-09-2021	3 yrs
Matthew B.	8-09-2022	3 yrs
Saul R.	8-12-2021	4 yrs
Neill T.	8-30-2011	14 yrs
Ryan N.	8-31-2021	4 yrs

Waynesville Grace Group

Beth E.	8-08-2017	8 yrs
Bob M.	8-14-2018	7 yrs
Elise C.	8-17-2002	23 yrs
Vicki P.	8-23-2016	9 yrs
Pamela W.	8-27-1996	29 yrs

Women of Courage

Bobbie K.	8-06-2004	21 yrs
Sara D.	8-08-2006	19 yrs
Ana A.	8-16-2022	3 yrs
Iman Q.	8-19-2023	2 yrs
Annette H.	8-20-1990	35 yrs
Suzanne I.	8-20-2016	9 yrs
Liz M.	8-24-2000	25 yrs
Michelle D.	8-24-2022	3 yrs

Young People's Group

Will M.	8-24-2022	3 yrs
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Need to update your Group's anniversary list? Call Central Office: (828) 254-8539 or send a new list to: info@ncmco.net
The September newsletter deadline for sending in anniversaries and announcements is August 15.

Does your group have a

COR?

(Central Office Representative)

**What are Central Office Representatives and
What are their Duties?**

Central Office Reps (CORs) and their relationship with Central Office are similar to General Service Reps (GSRs) and their relationship to A.A. General Service Districts. CORs are responsible for voting their group's conscience at COR/Board meetings and for bringing to the NCMCO Board any concerns of their home group.

In addition to this, CORs keep their groups informed about what Central Office is doing. They participate in the bimonthly COR/Board meetings on the 2nd Thursday of odd-numbered months (January, March, May, July, September, December) where they share their home group's experiences in carrying the A.A. message and express how they feel NCMCO might better serve the A.A. community in Western North Carolina.

The NCMCO Board is interested in your feedback. Take our inventory!
What are we doing well? What can we improve upon?
How can we serve Districts 70, 71 and 80 more effectively?
What might we do to draw more participation from groups?

Please send your feedback to: info@ncmco.net

Better yet, attend the next bimonthly COR/Board meeting on Zoom.
See the Central Office website for more details:

<https://aancmco.org/index.php/events/>

PreRelease Program

The purpose of this program is to connect the incarcerated AA member with Alcoholics Anonymous in their community upon their release.

VOLUNTEER RESPONSIBILITIES

1. Make initial contact with the inside AA member via correspondence within two weeks of being matched, and maintain communication with inside AA member through their release.
 - All correspondence is routed through the District 70 PO Box, not through your personal home / mailing address. See separate flyer with more details.
2. Arrange to meet the inside AA member upon their release.
3. Take the inside AA member to an AA meeting within 24-48 hours of release. It is suggested that the first meeting be viewed as a Twelfth Step call, thus taking another AA member with you.
4. You and a friend take them to 3-6 AA meetings. During this time, you help them get acquainted, get phone numbers, and perhaps locate a sponsor and a home group.
5. Review the PreRelease Program with the ex-inmate to avoid misconceptions of what this program does and does not do.

WHAT volunteers are NOT:

1. Responsible for the member's attitude or actions in or out of meetings.
2. Responsible for carrying the alcoholic, as in DO NOT:
 - a. loan money or any thing of value
 - b. become a personal taxi service
 - c. have an emotional or romantic interlude
3. Intended to become the released person's sponsor. You assist with the transition into the AA fellowship and onto the broad highway of recovery through the AA program.

It is suggested that the AA volunteer has completed the Twelve Steps and/or one year of continuous sobriety.

Would you like to know more or get involved? Contact PreRelease at:

PreRelease@AshevilleAA.org

District 70

Attn: PreRelease

PO Box 8574

Asheville, NC 28814-8574

DISTRICT 70 CORRECTIONS



DISTRICT 70

SERVICE KEEPS US SOBER SPEAKERS NEEDED!

We are looking for homegroups to represent one day a month at a treatment center to find speakers for!

Are are currently looking for coverage for:

ADATC (Tuesdays & Fridays)

Neil Dobbins (Fridays)

Costello House (Sundays)

Transformation Village (Mondays)

and First Step Farm (Tuesdays)

We are also looking to connect with AAs who are unable to sign up for a monthly commitment, but who are willing to speak at treatment centers! They will join our running list of volunteers.

Interested in joining the Treatment Committee?

Reach out now!



Email Us!

treatment@ashevilleAA.org





Live
JOYFULLY

2025 Roanoke Women's Workshop

**“THE JOY OF LIVING IS THE THEME OF AA’S TWELFTH STEP,
AND ACTION IS ITS KEY WORD.”** *Twelve Steps and Twelve Traditions*
By Anonymous

JOIN US FOR

An AA Recovery Workshop for Women

AA Speakers – Breakout Sessions – Meditation – Recovery Meetings
Share Experience, Fun, Food, Fellowship... *and more!*

1-3 AUGUST

Registration closes on July 1st. Single and Double Rooms are Limited. Scholarships are available.

**W.E. SKELTON 4-H CONFERENCE CENTER
775 HERMITAGE RD, WIRTZ, VA 24184**



info: roawomensworkshop@gmail.com
www.roanokewomensworkshop.com



*Respect and kindness toward others are essential at the workshop.
Humility, love and service are guiding principles of Alcoholics Anonymous.*

Sponsored by the 'Seeds of Hope' women's group of Alcoholics Anonymous in Roanoke, Virginia

REGISTER NOW!

78th North Carolina State Convention



August 7-10, 2025

**Hilton Raleigh North Hills
3415 Wake Forest Rd • Raleigh, NC 27609**

Courage to change

Register online at www.aanconvention.com

For more information or for help with hotel reservations, please email:
convention@aanorthcarolina.org or call Lizzy T. (917) 650-4082



Convention Pre-Registration \$35.00/person

Pre-registration rate available until July 17, 2025,
\$40.00 per person July 17, 2025 and after.
Al-Anons/Alateens - must register but no charge if 18 or under.



Hotel Reservations

Room rate per night: \$157 + tax • Phone: (919) 872-2323
Ask for NC Area 51 Convention and/or group code **AREA51** to make reservations.

Online: www.NorthRaleigh.Hilton.com enter group code **AREA51** where prompted.


Don't wait!... Hotel cut-off for Conference rate: **July 15, 2025**

Workshops and more...

- ★ Old-Timers' Panel
- ★ Marathon Meetings
- ★ Skits
- ★ Open Discussion Meetings  
- ★ Saturday Night Karaoke & Dance
- ★ Plenty of FREE Coffee

**Register
NOW to
Support Your
Convention!**

Speakers

- Aubrey S.** Carrboro, NC
- Theo S.** Raleigh, NC
- Nic S.** Wilmington, NC 
- Jacob B.** Baton Rouge, LA
- Monica F.** Chicago, IL
- Cathy B.** Hillsville, VA

Consider buying a sponsorship for those less fortunate



Join us for a
Labor Day BBQ

Hamburgers, Hot Dogs & Beverages
50/50 Raffle
Corn Hole



MUSIC!!

SEPTEMBER 1
1:30 – 6:00 PM

at the

AVL 12 Step Club



1 Kenilworth Knolls
Asheville, NC 28805

ALCOHOLICS ANONYMOUS
2025 BRIDGING
THE

Workshop
Weekend

GAP

TEMPORARY CONTACTS

September 5th – 7th 2025

Hosted by Area 5

The Greater Los Angeles Area

Sheraton Ontario Airport Hotel

429 N Vineyard Ave Ontario, CA 91764 (909) 937-8000

Room Rates \$155+tax Room Code BTG

The Annual Bridging the Gap Workshop Weekend consists of presentations, discussions, shared experiences and breakout sessions.

PLEASE PRINT CLEARLY

I would like to volunteer to help

Email _____ Service Position _____ Area _____
Name _____ Phone _____
Address _____ City _____ State _____ Zip _____

breakout session topics you would like

Registration

Before July 1st \$50 EarlyBird In-Person Weekend Registration \$50

After July 1st \$60 In-Person Weekend Registration \$60

Saturday Only Day Pass \$40

Saturday Nite Banquet \$50

Online Attendance \$60

Vegetarian

Total Person One \$ _____

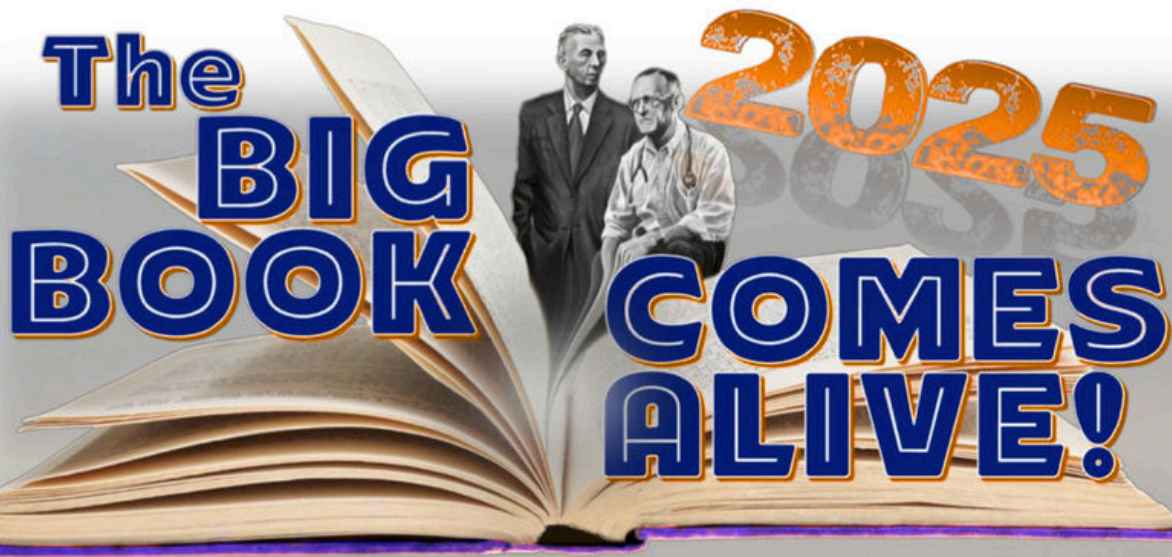


Register Online at BTGWW.org or Mail this form to and a check to:

BTGWW 10001 E Evans Ave #62D Aurora, CO 80247

SEP 19 & 20 BLACK MOUNTAIN, NC

St. James Episcopal Church | 425 W State St



Join us for an in depth guided study of the first 164 pages of the Big Book.



Friday 6 PM to 9 PM &
Saturday 9 AM to 6 PM



Coffee, water, refreshments,
lunch (Sat.) provided



Facilitated by
Larry S. (Atlanta, GA) &
Tharin S. (Elgin, TX)

HOW TO REGISTER:

Contact: Yvonne W.

Email: vonbon0909@gmail.com

Cost is \$30 per person. Payment options include CashApp, Venmo, personal check, and cash. Please state your preference in your email along with your name and phone number.

Bring your Big Book, a notebook, pen and highlighter!

WESTERN NORTH CAROLINA COMMITTEE OF YOUNG PEOPLE IN AA

8TH ANNUAL

WNCCYPAA CAMP OUT

\$35

MEALS INCLUDED!

Co-hosted by
NCCYPAA



FRI OCT 3-SUN OCT 5, 2025

KUYKENDALL GROUP CAMP | BREVARD, NC

PRE-REG



- Meals, snacks, & coffee included!
- Fall in the Blue Ridge Mountains
- Primitive tent camping in Pisgah National Forest
- 50 minutes from Asheville
- 10 minutes from Brevard
- Direct access to a river & hiking trails
- Speaker meetings
- Glow rave games!
- Scavenger hunt
- Campfire Mafia & more!

 **AVLYPAA.COM**

Questions? Send us an email at:
AshevilleYoungPeople@gmail.com



NCCYPAA 2025



Durham, NC

October 10th-12th

Millenium Hotel Durham

2800 Campus Walk Ave.

Durham, NC 27705

REGISTER HERE



GET A ROOM HERE



AND

We Absolutely Insist On Enjoying Life!

The background is a light beige color with several illustrations of pumpkins and autumn leaves. There are five pumpkins with different faces: one with a wide smile, one with a surprised expression, one with a sad expression, one with a neutral expression, and one with a wide, toothy grin. The leaves are in various colors including brown, orange, and purple, and are scattered around the pumpkins.

HALLOWEEN DANCE & COSTUME

CONTEST

October 31st
8 p.m. - Midnight

Contest 10:45 pm
1st Place \$100
2nd Place \$50
50/50 Raffle 9:45 pm
Limbo Contest 9pm

Hors d'oeuvres, Beverages & Candy
supplied by the Club

1 Kenilworth Knolls
Asheville, NC 28805

LOVE & SERVICE AA GROUP PRESENTS

THREE LEGACIES CONFERENCE

STEPS, TRADITIONS, CONCEPTS
-HOPE CENTER CHURCH-

2275 MORELLO AVENUE-PLEASANT HILL CA 94523

SPEAKERS

KERRY MEYER, (CLASS A TRUSTEE)

LESLIE K., MODESTO, CA

SHARON A., DEPOT BAY, OR

ARISA B., BROOKLINE, MA

DAVID N., SANTA ROSA, CA

JENNIFER B., SANTA ROSA, CA

MIKE S., RIVERSIDE, CA

NOVEMBER

7 & 8,
2025

SCHEDULE

FRIDAY, NOVEMBER 7, 2025

4:00PM: REGISTRATION OPEN

6:00PM: EVENT SPEAKER

7:45PM: EVENT SPEAKER

SATURDAY NOVEMBER 8, 2025

8:30AM: FREE CONT. BREAKFAST

9:00AM: EVENT SPEAKER

10:45AM: SERVICE PANEL

12:00PM: FREE LUNCH INCLUDED

1:00PM: EVENT SPEAKER

2:45PM: EVENT SPEAKER

5:00PM: BANQUET

6:15PM: FINAL SPEAKER

IN-PERSON REGISTRATION
INCLUDES ZOOM

EARLY BIRD-\$30

ENDS 6/30

STANDARD-\$44

ENDS 10/31

LAST CALL-\$55

ZOOM ONLY - \$25 INCLUDES
FREE SPEAKER DOWNLOAD



3LEGACIESCONFERENCE.ORG

“Freedom from Within”

NATIONAL CORRECTIONS CONFERENCE 2025

Nashville Tennessee November 7th – 9th 2025

Join us for the 8th Annual National Corrections Conference at
“The Inn at Opryland”



Johnny Cash Package: Registration, Ice Cream Social, Hospitality Room, Coffee = \$150.

Dolly Parton : Registration, Ice Cream Social, Hospitality Room, Coffee, Banquet Saturday Night = \$200.

Registration!!! Use QR Code

Or go to: Nationalcorrectionsconference.org

For more information contact:

Charlie B. (615) 554-9085

Morris R. (615) 971-4440

or

Shannon K.

2025.ncc.1@gmail.com



8th Annual National Corrections Conference

**Hear the message of HOPE!
How many became free while
incarcerated because
someone cared enough to
carry the AA message into
their facility**

**Speakers from
across the country
Live Music**

**There are over 35,000 AAs in
confinement and over 1,400 prison
groups throughout the United
States and Canada. These meetings
answer only a fraction of the need
for more groups in correctional
facilities across the country. Many
there reach for, but don't find, the
hand of AA.**

ATTRACTIONS

1/2 mile from Opryland Hotel

1/2 mile from KOA campground for
-your RV

3/4 mile to the Grand Ole Opry,

Bus rides to an AA Prison meeting,
Nashville Tours on the “Hop On Hop
Off Trolleys”



2025 Theme... Adapt | Connect | Protect: Building the A.A. Technology Toolbox

SAVE THE DATE

11th Annual National A.A. Technology Workshop

November 7-9, 2025



Save the Date

November 7 - 9, 2025

11th Annual National A.A. Technology Workshop - Hybrid
Cincinnati, OH

Mark your calendars and get ready to join us for our
hybrid workshop, in-person in Cincinnati or online

To register, go to: <https://naatw.org/2025-naatw-workshop/>