

Mountain November 2025 Doings

Serving AA in Western North Carolina's Districts 70, 71, and 80 since 1974

Recollections of Hurricane Helene

The following stories are by local A.A. members about their experiences and feelings during and after Hurricane Helene in September 2024.



(photo courtesy of Pam C.)

I think of the line in the 3rd Step prayer that says, "Relieve me of my difficulties so that victory over them I may bear witness to thy love, thy power and thy way of life."* For that reason alone, I am going to write about what happened on September 27, 2024.

It had been a long, sleepless night of howling winds, groaning branches, and wild rains pelting against the windows and house. About 2:30 a.m., the power went out. Twice after that, great thundering crashes had shaken the house as old trees landed on my roof. But the strangest sound was the unearthly sound of the Swannanoa River raging outside my house. When I looked outside, I couldn't process what I saw. Our gentle little river, where children tubed, and you could walk across waist-deep on hot summer days, was now more expansive than the largest river in Asheville. My neighbor's house, yard, and cars were gone. I looked down the road as far as I could see and saw that the river had devoured the two houses at the end, the entire cul-de-sac, and the road on which they'd been built. It was incomprehensible, but the rain yet pounded, and the river raged on, faster and faster, swelling and exploding as it traveled past me.

For the first time, I was afraid. I had to get out of here. Why didn't I leave last night? Everyone else had had the sense to evacuate. I'd taken too long, I scolded myself, beginning to feel the edges of hysteria. My heart was pounding. My breath came quick and shallow. I thought getting up to the state road would be okay, but about 50 yards into my escape, I knew I wouldn't make it. The river was rising too fast, and the road flooding too quickly.

As I slushed toward the house, I thought I might be able to climb up the steep hill behind it, go through the woods, and make it to higher ground, but I found the mountain was now a series of little waterfalls racing down the steep, wooded hill, gushing around my house. There was no way to make it out. For better or worse, I was here until it was over.

(*Part of the Third Step prayer in the book Alcoholics Anonymous, pg. 63, reads as follows: "Relieve me of the bondage of self, that I may better do Thy will. Take away my difficulties, that victory over them may bear witness to those I would help of Thy Power, Thy Love, and Thy Way of life.")

Central Office is open
Monday-Friday 10am-1pm

(828) 254-8539
24/7

info@wncaa.org
aancmco.org



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I surrendered. Whatever was to be, it would be. At that moment, I became aware of a profound stillness and peace. Every trace of fear and anxiety vanished. Those emotions could not possibly exist in the conscious awareness of what I was experiencing. "What is this," I asked out loud. "Is this God? Are there angels here? Is this what it means to be sober and awake?" It didn't matter or need to be defined. I felt held in grace. In love. In the peace of that spirit.

Around 9:30 a.m. the rain stopped. I stepped outside onto my deck to see this strange new world. Only a few houses were left on the east side of Riverbend. The road was completely gone. Now, the road was part of the ravenous, racing river. Standing there, watching the river come ever closer, moving faster and wilder by the minute, I felt nothing but love for all of it. I was beholding the power of Nature; she was dangerous and potent, glorious and magnificent, and I felt like the most privileged person in the world to bear witness to this. It seemed a great secret was being revealed, and I was part of it: the river, the wind, the trees, all of it, all of us, interconnected. I felt no fear as the river rose, covering my yard, my car, now moving up the steps. I wondered how long my house would stand. I spent the next three days, surrounded by that river with no power, no water, no phone service, and no idea if anyone even knew what had happened on Riverbend Drive. Not once did that peace and sense of bliss leave me. I slept better than I'd slept in months. I felt no fear of death or drowning. Whatever was to be, it would be God's will, and I was ready. I felt grateful for my fantastic, adventurous, sober life and all the love I'd shared.

I was experiencing the promises of sobriety: to "comprehend the word serenity and know peace."

- Jill S., Asheville, NC

(additional photo and story on page 5)

November Grapevine now available!



Early days of AA

This month's featured section is "Early Days of AA," showcasing articles from our vast Story Archive about what AA was like years ago.

Grapevine also celebrates the 50th anniversary of our beloved AA book Living Sober.

<https://www.aagrapevine.org/> 

AA Members: submit your stories, articles or poems!

Do you have a personal story, a poem or an interesting article you would like to see published in the Mountain Doin's?

Send it to us by the 15th of the month in order for us to include it in the following month's newsletter (i.e. January 15 for the February issue). Stories and articles can be up to about 600 words in length. Please include copyright information if the article contains quotes or portions that have been published in a book (i.e. "Alcoholics Anonymous, 4th edition, page ??") or magazine (i.e. "From the (date) Grapevine")

Submissions can be mailed to: NCMCO, 70 Woodfin Pl, Suite 212, Asheville, NC 28801, or emailed to: info@wncaa.org

If you have any questions, give us a call: 828-254-8539. We look forward to hearing from you!

After-Hours Phone Volunteers Needed

Central Office is looking for volunteers to answer the phone from 1:30pm in the afternoon until 9:30am the next morning. Most nights don't see more than a call or two, rarely after 10 or 11pm.

Most callers are interested in meeting information so volunteers should have the internet at hand to access the meeting guide.

One year of sobriety is required.

Information can be found at:

<https://aancmco.org/index.php/about-ncmco/service/>

(scroll down to "After-Hours Phone Volunteer")

Or call Central Office at (828) 254-8539.



Call & Visitor Log September 2025

12 Step Calls - 11
General Info - 5
Family Help - 4
Meeting Info - 31
Central Office Business - 61
Medical/Detox - 0
Visitors - 69
After-hours calls - 44




Visits to aancmco.org/ website:
Unique Visitors - 12,623
Total Visits - 20,428; Visits/Visitor - 1.62
Total Pages - 96,491 Pages/Visit - 4.72




COR/NCMCO Board Meeting


COR/Board meetings are held the second Thursday of odd-numbered months. All A.A. members are welcome to attend but only CORs (Central Office Representatives) may vote so we encourage your group to elect a COR. Your input is important to us!


The Board may have found a new *Mountain Doin's* Editor. Pam C., the current Editor, has been working Kelly B. who has expressed an interest in the newsletter position. Hopefully Kelly will be ready to take over in January, subject to Board approval.

The next General Committee (COR/Board) meeting will be **Thursday, November 13, 6:00pm**, via Zoom: Meeting ID: 757 855 2319; Passcode: 000000. We will be reviewing the 2026 Budget proposal. 

For updated meeting information and Zoom link, check the website: 
<https://aanmco.org/index.php/events/>

Where to Find Meetings

Printable In-person Meeting Guide 

Meetings in all 3 Districts 

Meetings in District 70 

Meetings in District 71 

Meetings in District 80 

Cash on Hand as of 9/30/2025

(My apologies for the error in all the previous 2025 issues listing Cash on Hand as "2024" - Pam C.)

Prudent Reserve
\$16,164.04
Operating Account
\$10,469.94
Rent Deposit - \$900.00
Petty Cash - \$50.00

Profit & Loss YTD

	Sep 2025	Jan - Sep 2025 (YTD)
Income		
Contributions		
Group Contributions	\$1,963.35	\$24,312.89
Individual Contributions	\$30.51	\$481.32
Birthday Contributions		\$138.00
Total for Contributions	\$1,993.86	\$24,932.21
Interest on Money Market	\$1.33	\$12.08
Sales Income		
Literature & merchandise	\$2,615.20	\$24,787.77
Shipping charged to groups	\$100.16	\$472.13
Total for Sales Income	\$2,715.36	\$25,259.90
Total for Income	\$4,710.55	\$50,204.19
Cost of Goods Sold		
Cost of Goods Sold		
Credit Card Processing		
PayPal Fee	\$29.09	\$291.59
Total for Credit Card Processing	\$29.09	\$291.59
Freight - vendor shipping	\$35.90	\$344.72
Literature & merchandise-COGS	\$2,308.95	\$21,543.88
Shipping to groups	\$127.82	\$498.90
Total for Cost of Goods Sold	\$2,501.76	\$22,679.09
Inventory Shrinkage		-\$2,557.39
Total for Cost of Goods Sold	\$2,501.76	\$20,121.70
Gross Profit	\$2,208.79	\$30,082.49
Expenses		
Office Supplies	\$33.15	\$492.05
Payroll Expenses		
Gross Salary	\$2,400.00	\$15,965.00
Payroll Taxes (Company)	\$183.60	\$3,095.24
Total for Payroll Expenses	\$2,583.60	\$19,060.24
Rent	\$936.00	\$8,244.00
Telephone & Internet		
Office Telephone/Internet	\$89.06	\$1,001.57
Virtual Meetings	\$16.99	\$147.91
Web Expenses		\$305.39
Total for Telephone & Internet	\$106.05	\$1,454.87
Accountant fees		\$315.00
Computer Expenses		\$24.28
Event Expenses		\$545.63
Fire Inspection (good for 3yrs)		\$54.08
ICOAA Conference		\$150.00
Stamps/Postage		\$14.60
Total for Expenses	\$3,658.80	\$30,354.75
Net Operating Income	-\$1,450.01	-\$272.26
Other Income		
Other Expenses		
Excess Funds Spend		\$4,212.19
Total for Other Expenses		\$4,212.19
Net Other Income		-\$4,212.19
Net Income	-\$1,450.01	-\$4,484.45



Contributions

Group Contributions:

	Sep 2025	YTD
12 & 12 Study Group - 000090348		\$90.00
Acceptance Group 000092265		\$653.10
Agnostics Atheists Free Thinkers Grp - 000092498		\$280.00
All In Group-Waynesville - 000355928		\$37.61
As Bill Sees It Group (Brevard) - 000374290		\$125.00
As Bill Sees It Group (Franklin) - 000093648		\$123.11
Back To Basics Group - 000094453		\$200.00
Big Town Group - 000096080		\$333.17
Black Mountain Group - 000096165		\$50.00
Brevard AA Online - 000453800		\$604.10
Brevard Men's Group - 000096757		\$120.00
Brevard Serenity Group - 000096758		\$464.00
Bryson City Group - 000097273		\$90.00
Burnsville Group - 000235484		\$90.00
BYOC - Bring Your Own Coffee Group - 000409871		\$311.00
Candler K.I.S.S. Group - 000098073		\$132.00
Cashiers Valley Group - 000098360		\$768.64
Common Sense Group - 000099801		\$245.00
Conscious Contact Group - 000099980	\$322.47	\$960.05
Cullowhee Valley Group - 000100669		\$220.00
Cumberland Group - 000100676		\$50.00
Daily Decisions Group - 000100743		\$2,230.39
Fellowship Group (Fletcher) - 000104116		\$491.08
Good Livers Group - 000107590		\$400.00
Hendersonville Group - 000110033		\$625.00
Hendersonville Happy Hour Grp - 000110034		\$75.00
Hendersonville Men's Group - 000044576	\$50.00	\$150.00
Hendersonville Middy Group - 000110035		\$250.00
H'ville Women's BBSS Group - 000110036	\$305.51	\$445.51
Hey Girl, Surrender Group - 000392207		\$465.00
High Noon Group - 000110266		\$100.00
Hot Springs Meeting		\$100.00
Joy Of Living Group - 000112527		\$230.50
Lambda Group - 000007190		\$223.69
Leicester Group - 000009461		\$220.37
Let Go Absolutely Group - 000403031	\$150.00	\$150.00
Liars Club	\$118.00	\$407.00
Library Group - 000010602		\$121.50
Maggie Valley Group - 000016476		\$250.00
Mars Hill Group - 000017945		\$225.00
Mission Group - 000023514		\$16.26
Mountainview Group - 000027730		\$245.52
Newcomers Group - Flat Rock		\$50.00
New Freedom Group - 000032374		\$498.66
Noontime Big Book Study Group - 000409637		\$183.18
Phoenix Group - 000049062	\$110.00	\$685.00
Pine Grove Group		\$100.00
Practicing Principles Group - 000051260	\$36.63	\$131.65
Primary Purpose Group - 000035382		\$80.00
Round Table Group - 000059337		\$99.00
Safe And Sound Women's Group - 000060517		\$203.16
Saturday Morning Men's Meeting	\$75.00	\$525.00
Serenity Service Group - 000068387		\$438.48
Sober Sisters Group (Blk Mtn) - 000487630	\$500.00	\$500.00
Sober Sisters Group (Burnsville) - 000460489		\$100.00
Sober Sisters Group (Flat Rock) - 000073208	\$175.74	\$590.49
South Asheville Literature Group - 000075329		\$85.00
Speed Bump Group - 000053487		\$731.70
Spruce Pine Group - 000077533		\$250.00
Spruce Pine Saturday Morning Group - 000379649		\$240.00
St John in the Wilderness Early Bird Grp - 000078454		\$321.00
Strange Camels - Brevard		\$200.00
Sunshine Group - 000085949		\$80.00
Surrender Group (Blk Mtn) - 000086090		\$190.00
Sylvia AA - 000086394	\$90.00	\$140.00
The Open Meeting Group - 000418805		\$128.50
The Out To Lunch Bunch Group - 000408968		\$250.00
The Rule 62 Group - 000724698	\$30.00	\$30.00
Tuesday 12 X 12 Skyland Group - 000012529		\$80.00
Waynesville Grace Group - 000022141		\$2,731.95
We Think Not Group - 000025928		\$79.50
West Asheville Group - 000030473		\$100.00
Women of Courage Group - 000036989		\$743.00
Women's Way Group 000513711		\$50.02
Young People's Group - 000042150		\$329.00
Total Group Contributions:	\$1,963.35	\$24,312.89

Individual Contributions:

	Sep 2025	YTD
Anonymous	\$5.51	\$217.04
Gerd S.		\$13.60
Judy M.		\$25.00
Pat D.		\$0.68
Shannon K.	\$25.00	\$225.00
Total Individual Contributions:	\$30.51	\$481.32

Birthday Contributions:

	Sep 2025	YTD
Anonymous		\$31.00
Chris W.		\$25.00
Pam C.		\$42.00
Sandra F.		\$40.00
Total Birthday Contributions:	\$0.00	\$138.00

Total Contributions: **\$1,993.86** **\$24,932.21**

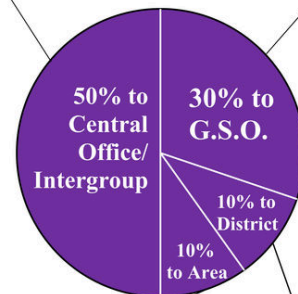
Note: If you think there is a contribution missing from your group total, please let us know. We try our best to get donations listed correctly, but we do make mistakes sometimes and list a donation under the wrong group. As always, we thank you all - AA groups and individual members - for your generous support!

Suggestions & Addresses for Sending Donations to the A.A. Service Structure* Revised for 2025

* From the pamphlet "Self-Support: Where Money & Spirituality Mix." Recommendations for other percentages are also in the pamphlet.

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Suite 212
Asheville, NC 28801

General Service Office
Post Office Box 2407
James A Farley Station
New York, NY 10116-2407



NCGSC – Area 51 Treasurer
PO Box 11104
Wilmington, NC 28404

District 70 Treasurer
PO Box 8574
Asheville, NC 28814-8574

District 71 Treasurer
PO Box 202
Hendersonville, NC, 28793

District 80 Treasurer
PO Box 2015
Cherokee, NC 28719



Recollections of Hurricane Helene

(continued from page 1)



(photo courtesy of Pam C.)

Asheville and Western North Carolina have been touted as climate havens, places to escape the worst ravages of extreme weather. That all changed on September 27, 2024.

It took me 3 years to get sober and stay sober; during those 3 years, I lost hope and was forced to surrender and admit my powerlessness. Being amid Hurricane Helene was the same experience.

The night of the storm, I went to bed and slept through the night; we often had storms, heavy rain, and wind. I didn't think this storm would be any different. When I woke the following day, the creek that runs by my home was overflowing. When I was able to get out of my street, I started seeing the extent of the devastation. Seeing and being in a world that was devastated and turned upside down felt like my early days in recovery. I know that if I can get sober, then I can walk through any hard time. The steps and principles were my guide. I had to surrender to what had happened: Step 1. I prayed for God to help me one hour at a time, one day at a time, with at least a little hope and faith: Steps 2 and 3. After a quiet time and journaling, I moved to Step 12 and love and service.

Many of the guideposts during my recovery and sobriety have been the simple SLOGANS. Throughout the days, weeks, and months since the hurricane, the slogans I have internalized have guided me:

ONE DAY AT A TIME; DO THE NEXT RIGHT THING; ACT AS IF;
FEAR KNOCKED ON THE DOOR AND LOVE ANSWERED.

Another guide was a short version of the serenity prayer:

GRANT ME THE SERENITY TO ACCEPT WHAT I CANNOT
CHANGE. THE COURAGE TO DO WHAT I CAN.
THE WISDOM/CHALLENGE TO KNOW THE DIFFERENCE.

The wisdom of the serenity prayer moved me from confusion, fear, and feeling overwhelmed to action and service. Every day, there was so much to do and so many people who needed help.



- Jim S., Asheville, NC

Special Meetings and Events

NOTE: For updates, please check the specific event websites, or <https://aancmco.org/index.php/events/>
See flyers for additional events not listed here.



District 70 Workshop. Saturday, November 1, 1:30-4:00pm. Oakley UMC, 607 Fairview Rd, Asheville 28803. See flyer for more details.

Three Legacies Conference – Steps, Traditions, Concepts. Hosted by Love & Service AA Group. November 7-8. In-person (Hope Center Church, 2275 Morello Ave, Pleasant Hill, CA 94523) and on-line (Zoom link for online attendees will be sent one week prior to the conference.) For more information and registration, visit the website: <https://www.3legacyconference.org/>



8th Annual National Corrections Conference. November 7-9. The Inn at Opryland - a Gaylord Hotel, 2401 Music Valley Dr, Nashville, TN 37214. For more information and registration, visit the website: <https://www.nationalcorrectionsconference.org/>



11th Annual National A.A. Technology Workshop: Adapt/Connect/Protect: Building the A.A. Technology Toolbox. November 7-9. This will be a hybrid workshop, in-person at Hilton Cincinnati/Northern Kentucky International Airport (CVG), 7373 Turfway Rd, Florence, KY 41042, or online. For more information and registration, visit the website: <https://naatw.org/2025-naatw-workshop/>



Area 51 Fall Committee & Assembly Meeting. November 14-16. The Hilton Raleigh North Hills, 3415 Wake Forest Rd, Raleigh, NC 27609. For more information see flyer or go to the website: <https://aanorthcarolina.org/event/area-51-fall-committee-assembly-meeting/>



Gratitude Dinner & Speaker Meeting. Saturday, November 15. Hosted by the Maggie Valley Group. Gratitude Meal at 5:30pm; Speaker Meeting at 7:00pm. Maggie Valley UMC, 4192 Soco Rd, Maggie Valley 28751. See flyer for more details.

AVL12 Thanksgiving. Thursday, November 27, 1:30-6:00pm. Bring a covered dish; they are providing the rest! AVL 12 Clubhouse, 1 Kenilworth Knolls, Unit 4, Asheville 28805. See flyer for more details.

Thanksgiving Dinner. Thursday, November 27, 5:00pm. Sponsored by Cullowhee Valley Group and District 80. Cullowhee Baptist Church, 148 Central Dr (WCU campus) Cullowhee 28723. See flyer for more details.

Thanksgiving Alcathon. Thursday, November 27, 12:00-9:00pm. Hosted by Hendersonville Group. Meetings every even hour; food and fellowship all day long! 1624 Willow Rd, Hendersonville 28739. See flyer for more details.

SSAASA 8 (Southern States Alcoholics Anonymous Service Assembly) December 5-7. Hyatt Regency Dulles, 2300 Dulles Corner Blvd, Herndon, VA 20171. For more information see flyer or go to the website: <https://www.ssaasa.com/>



WNCCYPAA Ugly Sweater Party. December 13, starting at 6:00pm. Acton UMC, 171 Sandhill School Rd, Asheville 28806. See flyer for more details.

Area 51 Events: <https://aanorthcarolina.org/events/>




GSO in New York: For events around the country and the world, as well as great information, go to: <https://www.aa.org/> and Box 459: <https://www.aa.org/sites/default/files/newsletters/F-36-summer25.pdf>



The Service Express

District 70

GSR Business Meeting – held the 2nd Sunday of the month. The next meeting will be **Sunday, November 9, 2:30pm**. It will be a hybrid meeting, with Zoom capability: Meeting ID: 933 8500 3069; Passcode 672458, and an in-person meeting at St Luke's Episcopal Church, 219 Chunns Cove Rd, Asheville 28805. 

District 70 is hosting a workshop on **Saturday, November 1, 1:30-4:00pm**, at Oakley UMC, 607 Fairview Rd, Asheville, NC 28803. The workshop will focus on the Twelve Steps and Twelve Traditions - building our spiritual toolkit by understanding these spiritual principles. See flyer for more details.

Accessibilities Committee – The Chairperson is Carolyn O. Want to make sure your A.A. group or event is accessible to all? Contact Carolyn at access@ashevilleaa.org for an Accessibilities Checklist. The Accessibilities Committee meets the first Monday of every month at 7:00pm. Go to the NCMCO website calendar for the Zoom link: <https://aancmco.org/index.php/events/>

Archives Committee – The Chairperson is Dennis H. Bill W. is quoted with: "We are trying to build up extensive records which will be of value to a future historian." Members are needed to accomplish this. If your service commitment leads you to gather local history this is your committee. Currently the committee is engaged in recording oral histories, collecting group histories, and collecting/preserving memorabilia donated to the collection. This is a great way to meet members with long-time sobriety and learn about Groups carrying the message in WNC! For more information contact Dennis at archives@ashevilleaa.org. The Archives Committee meets the first Saturday of every month at 2:00pm. Go to the NCMCO website calendar for the Zoom link: <https://aancmco.org/index.php/events/>

CPC/PI Committee – The Chairperson is David. These are two separate service committees – "Cooperation with the Professional Community" and "Public Information". The CPC Committee visits schools, businesses, and community meetings to speak about A.A. The PI Committee provides accurate A.A. information to the public and media when requested. For more information, contact David at cpc-pi@ashevilleaa.org

Corrections Committee – Meetings are open in all facilities. The next orientation at Western Correctional Center for Women (in Black Mountain) will be **Monday, December 1, 6:00pm**. Please contact Liz if you are interested in attending. Buncombe County and Yancey County Detention Facilities are also in need of volunteers. And they need volunteers for the Pre-Release program (see flyer). This is rewarding 12th Step work, helping those on the inside transition to the outside. For more information about Corrections and to become a volunteer, please contact Liz P, the Women's Corrections Chair, at corrections_women@ashevilleaa.org, or Mitch R, the Men's Corrections Chair, at corrections_men@ashevilleaa.org, or PreRelease@AshevilleAA.org

Literature and Grapevine Committee – The new Chairperson is Mary Kate. She can be reached at literature@ashevilleaa.org. The focus of the committee is to ensure that A.A. literature and Grapevines are available to all groups, meetings, and A.A. events.

Technology Committee – The Chairperson is George M. If anyone is having trouble getting a hybrid or online-only meeting going or having technical issues, please reach out to George at technology@ashevilleaa.org and he can offer support.


District 70 - continued

Treatment Facilities Committee – The Chairperson is Anna B. It's all about bringing the message of recovery to alcoholics in treatment facilities. The Treatment Committee continues to schedule weekly speakers at numerous treatment centers in District 70. They are always looking for more volunteers. If you are interested, contact Anna at treatment@ashevilleaa.org. The Treatment Committee meets the last Sunday of every month at 7:00pm. Go to the NCMCO website calendar for the Zoom link: <https://aancmco.org/index.php/events/>

"Bridging the Gap" (with treatment facilities) – The Chairperson is Monica. This is a Temporary Contact Program, which is designed to help the alcoholic in a treatment facility make that transition from "inside" the program to life on the "outside". There are many different volunteer opportunities. Contact Monica at bridgingthegap@ashevilleaa.org. For more information on Bridging the Gap and upcoming events, visit the website: www.btgww.org 


District 71

GSR Business Meeting – held on the 2nd Saturday of the month. The next meeting will be **Saturday, November 8, 9:30am**, at the Hendersonville Group building, 1624 Willow Rd, Hendersonville, NC 28739. All A.A. members are welcome! They need more volunteers for Henderson County jail.


The following service positions currently need to be filled for the remainder of 2025: Alternate DCM, Events Coordinator, CPC/PI Chair, and Accessibilities Chair. The following service positions will be available at the end of 2025: DCM, Alternate DCM, Treasurer, and Coordinators for Treatment, Corrections, CPC/PI, Accessibilities, Events, and Archives. If you have any questions or would like to volunteer, contact Alan, the District 71 DCM, by email: nc71aa@gmail.com or through the District 71 website: <https://www.nc71.org/contact> 

District 80

GSR Business Meeting – held quarterly. The next meeting will be **Sunday, January 11, 1:30 pm**. All GSRs are encouraged to attend and share their Group's experience, strength and hope.

This will be a hybrid meeting with Zoom capability as well as an in-person meeting. The in-person location will be on the WCU Campus at 245 Memorial Dr, Room 336 (Cherokee Rm). They will be using the WCU Zoom system; the meeting ID will be provided on the invite emailed to participants 30 minutes before meeting; no password required. Check their website for meeting updates and links: <http://aawnc80.com> 

NOTE to all District DCMs and Committee Chairs:

Please send me updates that you would like included in the next issue of the Mountain Doin's. If possible, I would like to have the information by the 15th of the month. Email: news@wncaa.org. Much appreciated! 



Happy Anniversary!

Acceptance Group

Martha F.	11-11-1986	39 yrs
Bonnie B.	11-11-2014	11 yrs
David S.	11-12-2023	2 yrs
Preston D.	11-14-2022	3 yrs
Will W.	11-14-2023	2 yrs
Debbie S.	11-19-1992	33 yrs
Sarah-Helen L.	11-21-2008	17 yrs
Margaret M.	11-23-2019	6 yrs
Molly S.	11-30-2021	4 yrs

Back to Basics Group - Weaverville

Todd H.	11-11-1991	34 yrs
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Big Town Group

Elizabeth G.	11-01-2013	12 yrs
Chad L.	11-14-2021	4 yrs

Black Mountain Group

Anne O.	11-06-1979	46 yrs
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Bryson City Group

Patricia C.	11-12-1977	48 yrs
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Conscious Contact

Steven M.	11-04-1994	31 yrs
Michelle P.	11-18-2020	5 yrs
Craig D.	11-20-2021	4 yrs
Jennifer V.	11-28-2004	21 yrs
ReGina R.	11-30-2020	5 yrs

Cullowhee Valley Group

Becky L.	11-24-2015	10 yrs
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Cumberland Group

Stephen D.	11-28-2013	12 yrs
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Daily Decisions Group

Byron G.	11-02-2022	3 yrs
Jean R.	11-11-2016	9 yrs
Patrick L.	11-17-2023	2 yrs
Linden	11-25-2001	24 yrs

Fellowship Group

Julie B.	11-01-2022	3 yrs
David S.	11-06-1986	39 yrs
Mike H.	11-09-2009	16 yrs
Ian C.	11-13-2001	24 yrs
Dan C.	11-17-2022	3 yrs
Brian M.	11-19-2024	1 yr
Evan S.	11-21-2024	1 yr
Paul W.	11-27-1984	41 yrs
Kristele M.	11-28-2023	2 yrs
Jesse H.	11-29-2023	2 yrs
Jim H.	11-30-1982	43 yrs

Fireside Group

Connie D.	11-18-2001	25 yrs
Ellen F.	11-28-1971	55 yrs

Grace Group

Tim F.	11-03-2019	6 yrs
Sarah P.	11-05-2016	9 yrs
Jane M.	11-06-1999	26 yrs
Heather G.	11-07-2018	7 yrs
Merrill M.	11-07-2021	4 yrs
Sandy B.	11-09-2011	14 yrs
Colleen S.	11-20-2020	5 yrs
Ken B.	11-21-2018	7 yrs
Emily L.	11-21-2019	6 yrs
Lissa T.	11-22-2020	5 yrs
Chuck E.	11-26-2011	14 yrs
Tom W.	11-26-2019	6 yrs
Erich B.	11-27-2019	6 yrs
Patricia S.	11-28-2013	12 yrs
Kaity (KayTay) T.	11-29-2019	6 yrs

Happy Hour Group

Jim S.	11-08-2015	10 yrs
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Hendersonville Group

Anais J.	11-04-2024	1 yr
Wesley	11-09-2021	4 yrs
Rick D.	11-10-2024	1 yr
Alison G.	11-11-1988	37 yrs
Shae	11-12-2005	20 yrs
Charles M.	11-12-2024	1 yr
Jan M.	11-19-1990	35 yrs
Jennifer W.	11-21-2022	3 yrs
Samie M.	11-22-2024	1 yr
Roman L.	11-25-2024	1 yr
David L.	11-28-2008	17 yrs
Sue G.	11-28-2014	11 yrs

Hendersonville Men's Group

Jim R.	11-04-2019	6 yrs
George B.	11-05-2020	5 yrs
Paul B.	11-07-1979	46 yrs
David K.	11-17-2011	14 yrs

Mars Hill Group

Heather M.	11-10-2018	7 yrs
Tony V.	11-14-1974	51 yrs

Marshall Group

Carolyn O.	11-20-2004	21 yrs
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Mission Group

John B.	11-06-2000	25 yrs
Judy K.	11-18-1978	47 yrs

Motley Crew/Columbus

Cindy M.	11-27-1979	46 yrs
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Practicing Principles Group

Julia S.	11-27-1986	39 yrs
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Serenity Service Group

Jessica S.	11-04-2022	3 yrs
Allison S.	11-08-1992	33 yrs
Emily W.	11-12-2024	1 yr
Cedric G-P.	11-19-2024	1 yr
Christine A.	11-27-2024	1 yr
Molly C.	11-27-2024	1 yr
James H.	11-27-2024	1 yr

Solutions Group

Kara P.	11-12-2018	7 yrs
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Total Surrender Group

Julian P.	11-05-2021	4 yrs
Dowell P.	11-06-2021	4 yrs

Traditional Group

Christopher C.	11-05-2021	4 yrs
Michael W.	11-06-2009	16 yrs
Chris W.	11-25-2022	3 yrs
Joshua C.	11-28-2021	4 yrs

Waynesville Grace Group

Daren B.	11-13-2001	24 yrs
Tray B.	11-17-2015	10 yrs
Pete S.	11-17-2016	9 yrs
Barbara H.	11-26-2003	22 yrs
Mike S.	11-28-1994	31 yrs

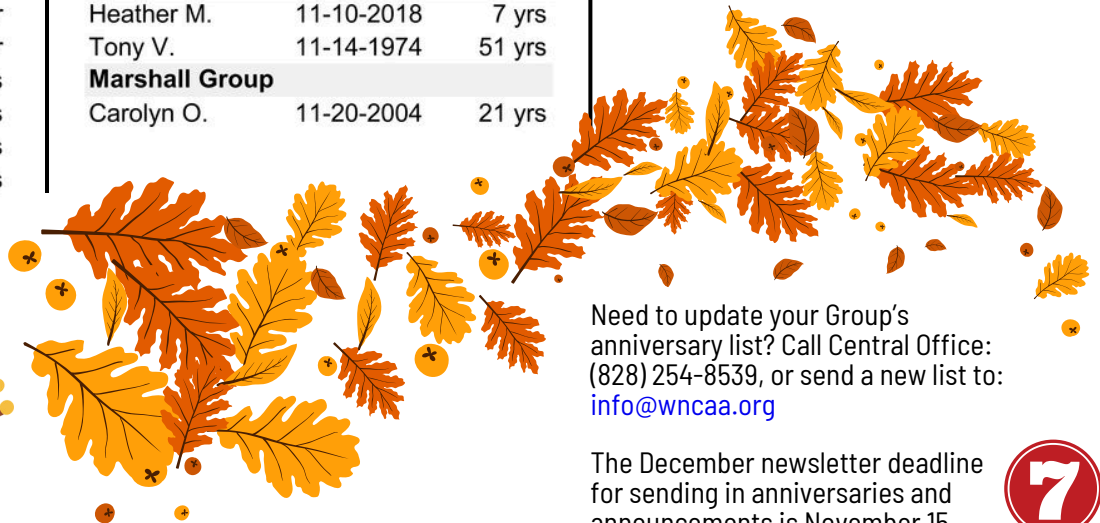
West Asheville Group

Jack A.	11-05-1990	35 yrs
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Young People's Group

Sheley M.	11-01-2019	6 yrs
Kate B.	11-05-2016	9 yrs
Savannah S.	11-11-2020	5 yrs
Devin S.	11-13-2008	17 yrs
Alex H.	11-20-2021	4 yrs
Jason N.	11-23-2022	3 yrs

HAPPY
Thanks
giving



Need to update your Group's anniversary list? Call Central Office: (828) 254-8539, or send a new list to: info@wncaa.org

The December newsletter deadline for sending in anniversaries and announcements is November 15.



Does your group have a

COR?

(Central Office Representative)

**What are Central Office Representatives and
What are their Duties?**

Central Office Reps (CORs) and their relationship with Central Office are similar to General Service Reps (GSRs) and their relationship to A.A. General Service Districts. CORs are responsible for voting their group's conscience at COR/Board meetings and for bringing to the NCMCO Board any concerns of their home group.

In addition to this, CORs keep their groups informed about what Central Office is doing. They participate in the bimonthly COR/Board meetings on the 2nd Thursday of odd-numbered months (January, March, May, July, September, December) where they share their home group's experiences in carrying the A.A. message and express how they feel NCMCO might better serve the A.A. community in Western North Carolina.

The NCMCO Board is interested in your feedback. Take our inventory!
What are we doing well? What can we improve upon?
How can we serve Districts 70, 71 and 80 more effectively?
What might we do to draw more participation from groups?

Please send your feedback to: info@wncaa.org

Better yet, attend the next bimonthly COR/Board meeting on Zoom.
See the Central Office website for more details:

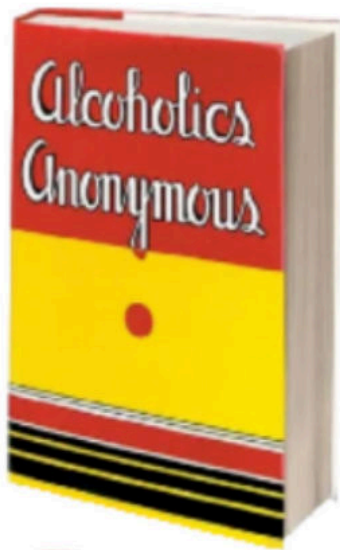
<https://aancmco.org/index.php/events/>

Now Available at Central Office

70 Woodfin Pl., Ste 212
Asheville, NC 28801
10 AM to 1 PM Mon-Fri
(828) 254-8539 24/7/365

A reduction to our List Price of the collectible facsimile First Edition Big Book

September 12, 2025



Dear A.A. Friends,

We are delighted to announce the reduction of the List Price for the beautifully produced facsimile First Edition of *Alcoholics Anonymous*, which was first produced in celebration of the 75th Anniversary of the Big Book in 2014.

**ALCOHOLICS ANONYMOUS
FACSIMILE FIRST PRINTING OF THE
FIRST EDITION (Item B-0) is now
priced at \$2 USD, for the foreseeable
future!**

Since its initial release, hundreds of thousands of A.A. members have enjoyed owning this commemorative edition, and our recent efforts to continue a steady stream of distribution of copies from our inventory of the initial print run have been met with much enthusiasm from the Fellowship around the world!

Intergroups, central offices, areas, groups and international GSOs, as well as individual A.A. members alike have given us oodles of positive feedback on our periodic Special Offers, price discounts and sales that include this title, and reception for the bundling of this edition in our giftable "A.A. History Shelf" (4 volumes, Item B-33) has also been popular.

It is our hope that with this "permanent" price break, A.A. members everywhere will be able to enjoy adding this landmark edition to their collections.

And, it goes without saying, *this book makes a great gift for the holidays, for A.A. anniversaries, and other milestone occasions.* Now at a very affordable List Price!

PreRelease Program

The purpose of this program is to connect the incarcerated AA member with Alcoholics Anonymous in their community upon their release.

VOLUNTEER RESPONSIBILITIES

1. Make initial contact with the inside AA member via correspondence within two weeks of being matched, and maintain communication with inside AA member through their release.
 - All correspondence is routed through the District 70 PO Box, not through your personal home / mailing address. See separate flyer with more details.
2. Arrange to meet the inside AA member upon their release.
3. Take the inside AA member to an AA meeting within 24-48 hours of release. It is suggested that the first meeting be viewed as a Twelfth Step call, thus taking another AA member with you.
4. You and a friend take them to 3-6 AA meetings. During this time, you help them get acquainted, get phone numbers, and perhaps locate a sponsor and a home group.
5. Review the PreRelease Program with the ex-inmate to avoid misconceptions of what this program does and does not do.

WHAT volunteers are NOT:

1. Responsible for the member's attitude or actions in or out of meetings.
2. Responsible for carrying the alcoholic, as in DO NOT:
 - a. loan money or any thing of value
 - b. become a personal taxi service
 - c. have an emotional or romantic interlude
3. Intended to become the released person's sponsor. You assist with the transition into the AA fellowship and onto the broad highway of recovery through the AA program.

It is suggested that the AA volunteer has completed the Twelve Steps and/or one year of continuous sobriety.

Would you like to know more or get involved? Contact PreRelease at:

PreRelease@AshevilleAA.org

District 70

Attn: PreRelease

PO Box 8574

Asheville, NC 28814-8574

DISTRICT 70 CORRECTIONS

DISTRICT 70 AA TREATMENT COMMITTEE INVITES YOU

...to serve on and work your 12th step.

**Do you want to help with ongoing Service Commitments
to bring meetings into Treatment Facilities?
Or share your story and use the wreckage of your past to help others?**

Become a Volunteer with us!

**Treatment Positions at the Group Level as well!
Would you like to attract more Newcomers to your Group?
Ask your GSR about us or invite us to your business meeting to learn more...**

Questions? Or to participate, please contact Anna B:

Treatment@ashevilleAA.org

Current Needs:

Transformation Village (women): Join us for the Monday meeting

First Step Farm (women): Speakers on Tuesday

**ADATC: Speakers and ongoing Service Commitments to facilitate meetings
on Tuesdays & Thursdays**

**Costello House (men): Speakers and ongoing Service Commitments to
facilitate meetings on Wednesdays**

**Neil Dobbins: Speakers and ongoing Service Commitments to facilitate
meetings on Fridays & Saturdays**

Resource Flyer

Courtesy of District 70's Literature/Grapevine subcommittee



Did you know that we have a local store at our AA Central Office for literature, coins, newcomer pamphlets, etc.?

Did you know that the AA Grapevine now has an app where you can access articles, track sober time, keep in check with a daily spiritual maintenance checklist and gratitude list, access the AA Grapevine YouTube channel, and so much more?

These resources may be helpful to your own sobriety or may be great gifts for anniversaries. The QR codes below can help you easily find the resources you need. They support our local AA and all of us! Just point your camera at the QR code and click the yellow link that pops up! Enjoy and thank you for your support!

Grapevine App (iPhone)



Grapevine Website



Grapevine App (Android)



Mountain Central Office



NC Area 51



AA.org



DISTRICT 70 WORKSHOP



**Building and
understanding your
spiritual toolkit using the
12 Steps & 12 Traditions
of A.A.**

**Personal presentations of
each Step and Tradition
by active members of
Alcoholics Anonymous.**

Where: Oakley UMC
607 Fairview Rd.
Asheville, NC 28803

When: 11/1/2025 from 1:30-4PM

*Coffee & snacks provided by
District 70*



LOVE & SERVICE AA GROUP PRESENTS

THREE LEGACIES CONFERENCE

STEPS, TRADITIONS, CONCEPTS
-HOPE CENTER CHURCH-

2275 MORELLO AVENUE-PLEASANT HILL CA 94523

SPEAKERS

KERRY MEYER, (CLASS A TRUSTEE)

LESLIE K., MODESTO, CA

SHARON A., DEPOT BAY, OR

ARISA B., BROOKLINE, MA

DAVID N., SANTA ROSA, CA

JENNIFER B., SANTA ROSA, CA

MIKE S., RIVERSIDE, CA

NOVEMBER

7 & 8,
2025

SCHEDULE

FRIDAY, NOVEMBER 7, 2025

4:00PM: REGISTRATION OPEN

6:00PM: EVENT SPEAKER

7:45PM: EVENT SPEAKER

SATURDAY NOVEMBER 8, 2025

8:30AM: FREE CONT. BREAKFAST

9:00AM: EVENT SPEAKER

10:45AM: SERVICE PANEL

12:00PM: FREE LUNCH INCLUDED

1:00PM: EVENT SPEAKER

2:45PM: EVENT SPEAKER

5:00PM: BANQUET

6:15PM: FINAL SPEAKER

IN-PERSON REGISTRATION
INCLUDES ZOOM

EARLY BIRD-\$30

ENDS 6/30

STANDARD-\$44

ENDS 10/31

LAST CALL-\$55

ZOOM ONLY - \$25 INCLUDES
FREE SPEAKER DOWNLOAD



3LEGACIESCONFERENCE.ORG

“Freedom from Within”

NATIONAL CORRECTIONS CONFERENCE 2025

Nashville Tennessee November 7th – 9th 2025

Join us for the 8th Annual National Corrections Conference at
“The Inn at Opryland”



Johnny Cash Package: Registration, Ice Cream Social, Hospitality Room, Coffee = \$150.

Dolly Parton : Registration, Ice Cream Social, Hospitality Room, Coffee, Banquet Saturday Night = \$200.

Registration!!! Use QR Code

Or go to: Nationalcorrectionsconference.org

For more information contact:

Charlie B. (615) 554-9085

Morris R. (615) 971-4440

or

Shannon K.

2025.ncc.1@gmail.com



8th Annual National Corrections Conference

**Hear the message of HOPE!
How many became free while
incarcerated because
someone cared enough to
carry the AA message into
their facility**

**Speakers from
across the country
Live Music**

**There are over 35,000 AAs in
confinement and over 1,400 prison
groups throughout the United
States and Canada. These meetings
answer only a fraction of the need
for more groups in correctional
facilities across the country. Many
there reach for, but don't find, the
hand of AA.**

ATTRACTIONS

**1/2 mile from Opryland Hotel
1/2 mile from KOA campground for
--your RV
3/4 mile to the Grand Ole Opry,
Bus rides to an AA Prison meeting,
Nashville Tours on the "Hop On Hop
Off Trolleys"**

11th Annual
National A.A. Technology Workshop

November 7-9, 2025

Registration is Now Open
for our **Hybrid Workshop!**

Join us in person at
The Hilton at the
Cincinnati/Northern
Kentucky International
Airport (CVG)

Or register to attend
online via Zoom



<https://naatw.org/2025-naatw-workshop/>



2025 Theme

**Adapt | Connect | Protect:
Building the A.A. Technology Toolbox**



Scan Here
for 2025
Event Page



General Service Committee

Chairperson
chair@aanorthcarolina.org

Alternate Chairperson
altchair@aanorthcarolina.org

DEADLINE FOR HOTEL RESERVATIONS
October 14, 2025

DATE: SEPTEMBER 15, 2025

TO: GSRs, Alternate GSRs, DCMs, Alternate DCMs, LCMs (Local Committee Members), Convention Chair and Alternate, Coordinators, Officers, Past Delegates, and any other interested members!

SUBJECT: **Area 51 Fall Committee & Assembly Meeting November 14-16, 2025**

Theme: “CARRYING THE MESSAGE TOGETHER”

Special Guest: Eileen A., General Service Office Staff

Assembly Business Sessions, Workshops, Early Bird, and Speaker Meetings
Literature, Grapevine, Corrections, Treatment, Accessibilities, Archives, CPC, and PI Displays
will be held at the

Hilton Raleigh North Hills, 3415 Wake Forest Road, Raleigh, NC 27609

Hotel Reservations

Deadline for Reservations: Tuesday, October 14, 2025

Group Code: AR51

Group Name: Area 51 General Service Fall Assembly 2025

Room Rates: \$179.00 Single/Double, \$10.00 per additional guest

Phone: 919-872-2323 or 800-445-8667 [1-800-HILTONS]

Internet: Link for direct reservations: <https://tinyurl.com/bdfr2hsj>

Internet: Link for hotel information: www.northraleigh.hilton.com

For Best Results

- **PLEASE MAKE YOUR RESERVATIONS EARLY!**
- Call as soon as possible and **before** the deadline. It’s easier to cancel a reservation than to get one at the last minute.
- Once the rooms in our block sell out, it’s unlikely other rooms will remain in the hotel.
- Specify the group code “**AR51**” and the group name “**Area 51 General Service Fall Assembly 2025.**”
- If possible, call the Hilton Raleigh North Hills directly at 919-872-2323 during business hours Monday through Friday. This gives you the best chance to speak with a reservations clerk at the hotel. At other times - when the hotel clerks are busy -- calls to this number may be transferred to a regional reservations center.
- Always be sure to get a confirmation number.
- Please note there is a \$75 nightly hold on your card.
- If you have ANY trouble with Room Rate, Availability, or the Night Hold please contact Lindsey H., the Area Chairperson, at chair@aanorthcarolina.org.

Thank you for your service and support of Area 51.

SEE YOU IN NOVEMBER!

OIAA 2nd ONLINE International Convention 14th - 16th November 2025

Free registration now open
aa-intergroup.org/oiaa2025

Unity: At Home Around The World

- *Speaker meetings
- *A.A. trivia event
- *Traditions play
- *Sobriety countdown
- *Fellowship & hospitality room
- *Service opportunities
- *Closing with the big speaker meeting
- *Interpretation in multiple languages

Free registration now open

aa-intergroup.org/oiaa2025 

or email convention2025@aa-intergroup.org

for more information



We have lots of opportunities for service.
If you'd like to volunteer please email: unity@aa-intergroup.org





Join us for a
GRATITUDE
DINNER & SPEAKER MEETING

MAGGIE VALLEY GROUP OF ALCOHOLICS ANONYMOUS

Maggie Valley United Methodist Church
4192 Soco Rd, Maggie Valley, NC 28751

🍂 Saturday November 15 2025

Gratitude Meal 5:30 PM

The group will provide Turkey, Ham, and Lasagna.
Please bring a side dish to share.

Speaker Meeting 7:00 PM

Speaker: Patricia C. from Bryson City

🍂 Sobriety Countdown

50/50 Raffle





HAPPY THANKSGIVING

WE'RE THANKFUL FOR YOU.

Join us in celebrating with
friends, family, food and music.

Bring a covered dish as we provide the rest!!!

THURSDAY, NOVEMBER 27TH
1:30PM-6PM

Meetings at 12:30pm, 4:30pm & 6:00pm

AVL 12 Clubhouse
1 Kenilworth Knolls
Unit 4
Asheville, NC





Hendersonville
Group of AA

1624 Willow Rd, Hendersonville
hosts

Thanksgiving 2025

Alcathon

Thursday, November 27

12:00 – 9:00

Meetings every even hour

12:00

2:00

4:00

6:00

8:00

Food and Fellowship All Day Long!



Join us for

Thanksgiving **DINNER**

November

27

At 5:00 PM

**Sponsored by Cullowhee Valley Group
and District 80**

Cullowhee Baptist Church
148 Central Drive

**Turkey and Gravy will be provided
Please bring a covered dish to share**

Eating and Fellowship

5pm

Pass the Yarn Meeting

6pm



**Please spread the word
Family and friends invited to join!**



Scan for more info!

Southern States Alcoholics Anonymous Service Assembly

13 Areas are included in the Southern States!! Come and represent yours!

What: SSAASA 8, hosted by Area 71

When: December 5-7, 2025

Where: Hyatt Regency Dulles 2300 Dulles Corner Blvd., Herndon, VA 20171

Go to: www.SSAASA.com to register, reserve your room, and then plan to have FUN!!



Who is SSAASA for? SSAASA is for anyone interested in or involved in A.A. service (GSRs, DCMs, District & Area Committee Members, Intergroup/Central Office representatives).
All A.A. members are welcome to attend to learn more about our Third Legacy – Service!

What happens at an SSAASA event? A program is set up by the host committee where there are general sharing sessions, panels on specific topics, and workshops or roundtables where A.A. members holding the same jobs can share their experience with each other and learn more about each service opportunity.

Is there a cost? Yes, and it's only \$35.00! The SSAASA event is self-supporting through your registration fee. Home groups, districts, and areas can honor the 7th tradition by supporting your trusted servants so that they may attend.

Come experience Virginia hospitality and get to know some of your neighboring AA members - we'll be happy to have you!

Still have questions? Please email Chair@ssaasa.com.

WNCCYPAA

WNC Committee of Young People in AA

UGLY SWEATER

PARTY

Saturday, December 13th

6PM | Potluck Dinner

7PM | Speaker Panel

8PM | Winners Announced

Ugly Sweater Contest | 50/50 Raffle

Dessert Bake-Off | Photo Booth



Acton UMC | 171 Sandhill School Rd, Asheville, NC 28806

AVLYPAA.com | AshevilleYoungPeople@gmail.com

Hendersonville Group of AA

1624 Willow Rd, Hendersonville

Christmas 2025

Alcathon

Wednesday, December 24

Meetings every even hour

12:00

2:00

4:00

6:00

Thursday, December 25

Meetings every even hour

12:00

2:00

4:00

6:00

8:00

Snacks and Fellowship All Day Long!



Get ready for a wonderful

Christmas Celebration AVL12

Food and Fellowship 1:30pm to 6:00pm
Meetings before and after at 12:30pm & 6:00pm

PLEASE BRING A COVERED DISH, FRIENDS & FAMILY

December 25, 2025

1 KENILWORTH KNOLLS, UNIT 4, ASHEVILLE, NC 28805





Hendersonville Group of AA

1624 Willow Rd, Hendersonville

hosts

New Year's Alcathon

Wednesday, December 31

Meetings every even hour

12:00 2:00 4:00 6:00 8:00 10:00

Thursday, January 1

Meetings every odd hour

1:00 3:00 5:00 7:00

Snacks and Fellowship All Day Long!



Twelve Tips on Keeping Your Holiday Season Sober and Joyous

Holiday parties without liquid spirits may still seem a dreary prospect to new A.A.s. But many of us have enjoyed the happiest holidays of our lives sober—an idea we would never have dreamed of, wanted, or believed possible when drinking. Here are some tips for having an all-round ball without a drop of alcohol.



1 Line up extra A.A. activities for the holiday season. Arrange to take newcomers to meetings, answer the phones at a clubhouse or central office, speak, help with dishes, or visit the alcoholic ward at a hospital.



2 Be host to A.A. friends, especially newcomers. If you don't have a place where you can throw a formal party, take one person to a diner and spring for the coffee.



3 Keep your A.A. telephone list with you all the time. If a drinking urge or panic comes—postpone everything else until you've called an A.A.

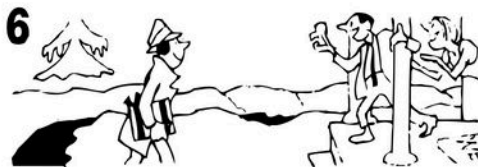


4 Find out about the special holiday parties, meetings, or other celebra-

tions given by groups in your area, and go. If you're timid, take someone newer than you are.



5 Skip any drinking occasion you are nervous about. Remember how clever you were at excuses when drinking? Now put the talent to good use. No office party is as important as saving your life.



6 If you have to go to a drinking party and can't take an A.A. with you, keep some candy handy.



7 Don't think you have to stay late. Plan in advance an "important date" you have to keep.



8 Worship in your own way.



9 Don't sit around brooding. Catch up on those books, museums, walks, and letters.



10 Don't start now getting worked up about all those holiday temptations. Remember—"one day at a time."



11 Enjoy the true beauty of holiday love and joy. Maybe you cannot give material gifts—but this year, you can give love.



12 "Having had a . . ." No need to spell out the Twelfth Step here, since you already know it.

Reprinted from *Box 459* with permission.

Happy Holidays

Southern States Women's Conference

SPEAKERS

STEP 1 & 2 - Stacey E.
STEPS 3 - Katie P.
STEPS 4 & 5 - Alice N.
STEPS 6 & 7 - Kelley B.
STEPS 8 & 9 - Tina A.
STEPS 10 & 11 - Chris C.
STEP 12 - Sloan B.

January 23-25,
2026

Al-Anon - Larcine G.

Jacksonville,
Florida

Marriott Downtown Jacksonville

Phone: 904-355-6664

Hotel Reservation Link: <https://tinyurl.com/SSWC2026>

Rate \$149/Night - available 3 days pre-conference
& 3 days post-conference

**EARLY REGISTRATION: \$50 UNTIL AUGUST 31ST
\$60 STARTING SEPTEMBER 1ST
\$65 AT THE DOOR**

Full Name: _____

Email Address: _____

Street Address: _____

City, State, Zip: _____

Phone Number: _____

REGISTRATIONS
ARE NON-
REFUNDABLE
Transferable
within the year
only

___ Check here if you need ASL Services

___ Check here if you are interested in volunteering
during the conference

Ways to Register for the Conference



- Use the QR Code
- Use this link: <https://tinyurl.com/SSWC2026Register>
- Make Checks Payable to: SSWC
- Mail to: 1320 Chickasaw Drive Westminster, SC 29693





SMOKY MOUNTAIN CONFERENCE

JANUARY 30-Feb 1, 2026

Register today @
www.Smokyconference.com



Pigeon
Forge, TN
\$35

Scott L (Nashville, TN)

Heidi S (Pittsburgh, PA)

Mike S (Riverside, CA)

Bob D (Las Vegas, NV)

“As The Result of These Steps”

The Ramsey Hotel and Convention Center

3230 Parkway, Pigeon Forge, TN 37863

Phone: (865) 428-2700. \$133/night (breakfast included)

MISSION

The International Women's Conference is the bridge to a better understanding of the Alcoholics Anonymous philosophy and way of life because of our special needs in sobriety as women. We as women members of Alcoholics Anonymous are survivors. We have found a way to obtain meaning, depth and responsibility in our lives. This came about out of our desire, decision, determination and spiritual guidance. An elevated sense of belonging that is brought about by the special services and a special need provided by our Women's Conference is our goal.

IWC SELF-SUPPORTING STATEMENT

This conference is self-supporting through the money paid for by registration fees, banquet tickets, and donations. AA funds are not used to pay for the event. Conferences and conventions are special events and require money, months of planning and preparation. Expenses include contracted costs for the use of meeting rooms, convention center facilities, preparation of food & beverages, printing of registration forms, audio/visual services, flyers, program schedules, postage, supplies and may other costs. The registration fee and banquet fees are kept as low as possible to meet our financial goal of breaking even. Our contractual commitments to the hotel require a guaranteed number of hotel rooms and banquet sales. To achieve this, we must meet our banquet and room night commitments.

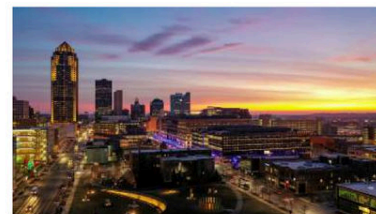
IMPORTANT INFORMATION

- The IWC is a CLOSED conference for AA women registrants only.
- The conference begins at noon on Thursday, 2/12/2026.
- PLEASE NOTE: To meet our contractual obligations, there will be **NO REFUNDS AFTER 12/1/2025**.
- The 62nd IWC is not responsible for loss of personal items or any personal injury.

IWC62
PO BOX 8234
Des Moines, IA 50301



**62nd
International Women's Conference
February 12th - 15th, 2026**



Community Choice Convention Center
833 5th Ave.
Des Moines, IA 50309
(515) 564-8000

REGISTRATION

IWC Website

Pay for in-person or online registration, meals and tours at www.internationalwomensconference.org



By Mail

Mail this completed form, postmarked no later than **12/1/2025** for in-person and **1/26/2026** for online. Include a check or money order payable to:

IWC62
PO BOX 8234
Des Moines, IA 50301

Please fill out the following information:

Name: _____

Name on Badge: _____

Address: _____

City: _____ St/Prov: _____ Zip: _____

Country: _____ Phone #: _____

Email: _____

I would like to volunteer: Online In-Person

Select how you'll be joining us:

Online format **\$20**

- Attend IWC online.
- Be on the lookout for how to sign up with vFairs, our online event platform. We will communicate about how to register with vFairs mid-2025.

In-person format **\$65**

- Attend IWC in Des Moines.
- Registration ends **12/1/2025 or when sold out**.
- Review choices for in-person in the next column.

MEALS

Meals and tours are available for in-person registrants.

Save \$25 by bundling all three (3) meals for \$160!

- Friday Night Banquet **\$65**
- Saturday Night Banquet **\$75**
- Sunday Morning Brunch **\$45**
- Three meal bundle **\$160**

TOURS

- You Will Be Amazed Tour** **\$40**
World Food Prize & West End Architectural Salvage on Thursday, 2/12/2026, 12:45 p.m. - 4:00 p.m.
- Sobriety is a Journey, not a Destination Tour** **\$50**
Guided Tours of the Iowa State Capitol & the Greater Des Moines Botanical Garden on Saturday, 2/14/2026, 7:45 a.m. - 11:45 a.m.
- Rule 62: Don't Take Yourself So Damn Seriously Tour** **\$30**
Outlets of Des Moines and/or Prairie Meadows Racetrack & Casino on Saturday, 2/14/26, 12:00 p.m. - 4:00 p.m.

CONTRIBUTIONS

Scholarship Fund for women with barriers to access \$ _____
Overall conference contribution \$ _____

TOTAL

TOTAL ENCLOSED \$ _____

Mailing this form does not guarantee a reservation. We recommend checking the IWC website for current attendance information. If the conference is sold out, we will promptly return your payment.

Do you have accessibility requirements or accommodations that would support your full participation in the conference? If so, please contact us at: info62iwc@googlegroups.com.

HOST HOTEL

Hilton Des Moines Downtown
435 Park Street, Des Moines, IA 50309
+1 (515) 241-1456

Our IWC rates are for all room types. They do not include applicable taxes/fees:

- \$154/night for single or double occupancy
- \$169/night for triple occupancy
- \$189/night for quadruple occupancy

Please refer to the "Getting + Staying Here" tab on the website to access the Hilton reservation link, which will go live on 2/13/2025, or to view other hotel options.

SOUVENIRS

To purchase souvenirs, visit the IWC website!

- Crew Sweatshirt **\$40**
- T-shirt **\$25**
- Canvas Bag **\$12**
- 11oz. Mug **\$10**

DES MOINES IWC CONTACTS

General: info62iwc@googlegroups.com
Chair, Megan F. B.: chair62iwc@gmail.com
Co-Chair, Sarah H.: cochair62iwc@gmail.com
Treasurer, Jane C.: treasurer62iwc@gmail.com
Registration: reg62iwc@gmail.com

A MESSAGE FROM THE IWC ADVISORY COUNCIL

Thank you for registering for the conference in Des Moines! As costs and uncertainties of hosting conferences have risen, going hybrid adds new expenses to reach women worldwide. If you're wondering, "How can I help?" here are some suggestions:

- Register early for Des Moines.
- Purchase meals if possible - they help fund the budget and foster connections.
- Contribute to scholarships to support another woman's attendance.
- Volunteer if a financial contribution isn't feasible- your service makes a difference.