

# Mountain December 2025

# Doings

Serving AA in Western North Carolina's Districts 70, 71, and 80 since 1974

## Remedy for a Lonely Holiday

By: Chuck H. - Laguna Woods, CA

*With his wife away and daughter in the hospital, this newcomer's Christmas was looking bleak. AA to the rescue*

I've always wondered if our emotions and feelings are closer to the surface during the Christmas season than other times of the year. Is this because I'm reminded of the hope and joy that Christmas represents? It seems like I'm more sensitive to sadness, happiness, loneliness and joy this time of the year.

The Christmas of 1986 was probably the loneliest and yet most beautiful Christmas of my life. I was sober two years and eight months then. That Christmas morning I woke up a little later than normal, probably because I didn't want to face the day. I put on my bathrobe and slippers and wandered out into the living room. There were no Christmas decorations, no tree and no gifts in the house. I was all alone. My wife was in Berlin, Germany taking care of her sick parents. My 20-year-old daughter had bronchial pneumonia and was in an oxygen tent at the hospital. There was going to be no Christmas for us that year. I was all alone, and I felt it. An empty house can be a very lonely place for an alcoholic.

I knew that if I felt like drinking, I had no fear about calling another sober alkie like me to share about it. A problem shared is half a problem, they say. I wasn't so worried about drinking. Loneliness was my problem. I didn't want to call another alcoholic on Christmas Day to whine about being lonely.

I believe the place inside me where I get the willingness to work my AA program is a gift from God. When I feel uncomfortable I get right in the middle of my program. Not to protect me from life, but to help me deal with life on life's terms. I knew if I could find something responsible to do, I would feel better. Taking action, doing something responsible, always makes me feel better. It could be a simple thing like making my bed or cleaning the garage.

I walked around the house that morning looking for some responsible thing to do. I went past my office and looked up at the walls. I had been wallpapering that room and it was only halfway done. This was it, I decided, my responsible thing to do. I would finish wallpapering my office on Christmas Day. Why not?

I love God and his timing. The very second I find the willingness to take action, God steps in and gives a hand. I once heard a man say, "If you turn your electric light bill over to the care of God you'll be sitting in the dark for a long time, but if you get a job, get up and do the job, then God will help."

The very second I made the decision to do something to make me feel better, the phone rang. I had had the same sponsor for two and a half years and he always made it very clear that it was my responsibility to call him, not his to call me. Yet here he was calling me on Christmas morning.

Central Office is open  
Monday-Friday 10am-1pm

(828) 254-8539  
24/7

info@wncaa.org  
aancmco.org



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"Chuck," he said, "I want you to know that you're not alone and that I love you." He went on to say, "I just want to let you know that nothing happens in God's world by mistake." Then he continued with what would probably make no sense to a normie, but which made perfect sense to me. He said, "I don't know what God's will is but maybe your daughter is in the hospital at this time to keep her off the highway and keep her in a safe place." He said goodbye and I hung up. That was the first time that man had ever called me.

My day changed in an instant. I no longer felt alone. I was loved. The joy of Christmas began to fill my heart. I even turned on some Christmas music and sang along. I changed my clothes and went into my office and finished the wallpapering.

Then suddenly the phone rang again. It was someone reminding me about the AA open house with a buffet lunch. Right after that the hospital called and said my daughter was being released that day. I went and picked her up, and instead of driving her home, I took her to that AA open house and buffet. I knew that she would want to be there too. My daughter has been sober in AA for two and a half years now. Her AA friends would be there along with mine. She and I got to feel the joy of being with friends. We had a reason to celebrate, for we were participating in life. A joyous gathering, a moment of thanksgiving.

My ability to celebrate is directly proportional to how much gratitude I have at the moment. If I'm at peace with myself, it means I'm at peace with the world. I'm grateful. I have reason to celebrate.

Every year at the AA meetings I attend just before Christmas, I like to share this story. How some simple phone calls changed my whole day. I always suggest to the members present to take time out of their Christmas Day to call another alcoholic and wish them good cheer and tell them you love them. I do this and my Christmas Days are always a little better for it.

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# December Grapevine now available!



## Sober Holidays & Remote Communities

This month's featured section is "Sober Holidays & Remote Communities," filled with helpful stories about staying sober and enjoying the holidays, along with remote community AA stories to remember the members who have a difficult time reaching AA, especially this time of year.

<https://www.aagrapevine.org/>



## AA Members: submit your stories, articles or poems!

Do you have a personal story, a poem or an interesting article you would like to see published in the Mountain Doin's?

Send it to us by the 15th of the month in order for us to include it in the following month's newsletter (i.e. January 15 for the February issue). Stories and articles can be up to about 600 words in length. Please include copyright information if the article contains quotes or portions that have been published in a book (i.e. "Alcoholics Anonymous, 4th edition, page ??") or magazine (i.e. "From the (date) Grapevine")

Submissions can be mailed to: NCMCO, 70 Woodfin Pl, Suite 212, Asheville, NC 28801, or emailed to: [info@wncaa.org](mailto:info@wncaa.org)

If you have any questions, give us a call: 828-254-8539. We look forward to hearing from you!

## After-Hours Phone Volunteers Needed

Central Office is looking for volunteers to answer the phone from 1:30pm in the afternoon until 9:30am the next morning. Most nights don't see more than a call or two, rarely after 10 or 11pm.

Most callers are interested in meeting information so volunteers should have the internet at hand to access the meeting guide.

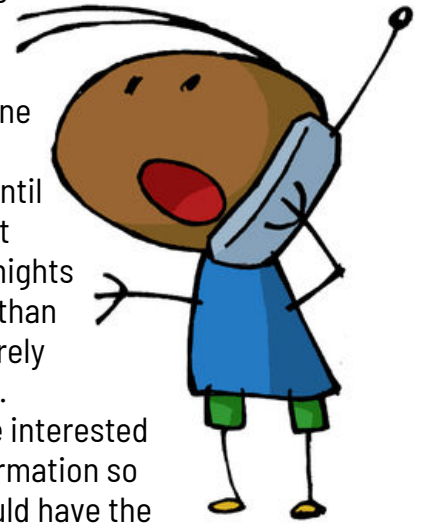
One year of sobriety is required.

Information can be found at:

<https://aancmco.org/index.php/about-ncmco/service/>

(scroll down to "After-Hours Phone Volunteer")

Or call Central Office at (828) 254-8539.



## Call & Visitor Log October 2025

12 Step Calls - 19  
General Info - 2  
Family Help - 0  
Meeting Info - 16  
Central Office Business - 80  
Medical/Detox - 0  
Visitors - 60  
After-hours calls - 41



Visits to [aancmco.org/](http://aancmco.org/) website:  
Unique Visitors - 31,104  
Total Visits - 40,154; Visits/Visitor - 1.3  
Total Pages - 97,794; Pages/Visit - 2.42



# COR/NCMCO Board Meeting


COR/Board meetings are held the second Thursday of odd-numbered months. All A.A. members are welcome to attend but only CORs (Central Office Representatives) may vote so we encourage your group to elect a COR. Your input is important to us.


In November the Board approved the nomination of Kelly B. to be the new Mountain Doin's Editor. Welcome Kelly! Pam C., the current Editor, will continue working with Kelly for a couple of months until she is ready to take over.

The next General Committee (COR/Board) meeting will be **Thursday, January 8, 6:00pm**, via Zoom: Meeting ID: 757 855 2319; Passcode: 000000. We will be voting on the 2026 Budget which was presented for review at the November meeting.

For updated meeting information and Zoom link, check the website:   
<https://aancmco.org/index.php/events/>

## Where to Find Meetings

Printable In-person Meeting Guide 

Meetings in all 3 Districts 

Meetings in District 70 

Meetings in District 71 

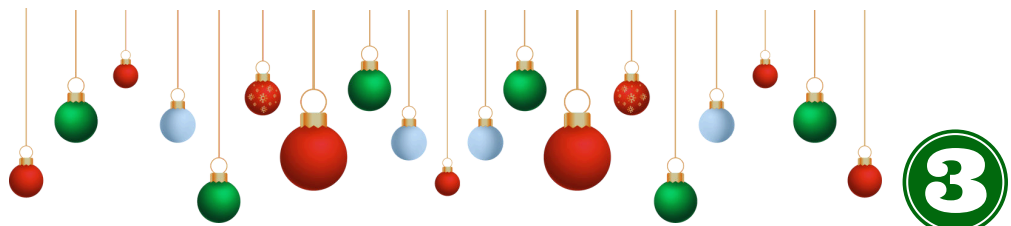
Meetings in District 80 

## Cash on Hand as of 10/31/2025

Prudent Reserve  
\$16,165.41  
Operating Account  
\$10,118.85  
Rent Deposit - \$900.00  
Petty Cash - \$50.00

# Profit & Loss YTD

	Oct 2025	Jan - Oct, 2025 (YTD)
<b>Revenue</b>		
<b>Contributions</b>		
Birthday Contributions		\$138.00
Group Contributions	\$4,190.94	\$28,503.83
Individual Contributions	\$43.44	\$524.76
<b>Total Contributions</b>	<b>\$4,234.38</b>	<b>\$29,166.59</b>
Interest on Money Market	\$1.37	\$13.45
<b>Sales Income</b>		
Literature & merchandise	\$2,619.94	\$27,407.71
Shipping charged to groups	\$13.53	\$485.66
<b>Total Sales Income</b>	<b>\$2,633.47</b>	<b>\$27,893.37</b>
<b>Total Revenue</b>	<b>\$6,869.22</b>	<b>\$57,073.41</b>
<b>Cost of Goods Sold</b>		
<b>Cost of Goods Sold</b>		
<b>Credit Card Processing</b>		
PayPal Fee	\$58.43	\$350.02
<b>Total Credit Card Processing</b>	<b>\$58.43</b>	<b>\$350.02</b>
Freight - vendor shipping	\$7.61	\$352.33
Literature & merchandise-COGS	\$2,183.99	\$23,686.55
Shipping to groups	\$11.97	\$510.87
<b>Total Cost of Goods Sold</b>	<b>\$2,262.00</b>	<b>\$24,899.77</b>
Inventory Shrinkage	\$99.06	-\$2,507.13
<b>Total Cost of Goods Sold</b>	<b>\$2,361.06</b>	<b>\$22,392.64</b>
<b>Gross Profit</b>	<b>\$4,508.16</b>	<b>\$34,680.77</b>
<b>Expenditures</b>		
Accountant fees		\$315.00
Computer Expenses		\$24.28
Event Expenses		\$545.63
Fire Inspection (good for 3yrs)		\$54.08
ICOAA Conference		\$150.00
Insurance Expense	\$615.00	\$615.00
Office Supplies	\$3.10	\$490.15
<b>Payroll Expenses</b>		
Gross Salary	\$1,600.00	\$17,565.00
Payroll Taxes (Company)	\$122.40	\$1,343.72
<b>Total Payroll Expenses</b>	<b>\$1,722.40</b>	<b>\$18,908.72</b>
Rent	\$936.00	\$9,180.00
Stamps/Postage	\$15.60	\$30.20
<b>Telephone &amp; Internet</b>		
Office Telephone/Internet	\$89.13	\$1,090.70
Virtual Meetings	\$16.99	\$164.90
Web Expenses		\$305.39
<b>Total Telephone &amp; Internet</b>	<b>\$106.12</b>	<b>\$1,560.99</b>
<b>Total Expenditures</b>	<b>\$3,398.22</b>	<b>\$31,874.05</b>
<b>Net Operating Revenue</b>	<b>\$1,109.94</b>	<b>\$2,806.72</b>
<b>Other Expenditures</b>		
Excess Funds Spend	\$51.06	\$4,358.37
<b>Total Other Expenditures</b>	<b>\$51.06</b>	<b>\$4,358.37</b>
<b>Net Other Revenue</b>	<b>-\$51.06</b>	<b>-\$4,358.37</b>
<b>Net Revenue</b>	<b>\$1,058.88</b>	<b>-\$1,551.65</b>



# Contributions

Group Contributions:	Oct 2025	YTD
12 & 12 Study Group - 000090348	\$35.00	\$125.00
Acceptance Group 000092265		\$653.10
Agnostics Atheists Free Thinkers Grp - 000092498		\$280.00
All In Group-Waynesville - 000355928	\$149.80	\$187.41
As Bill Sees It Group (Brevard) - 000374290		\$125.00
As Bill Sees It Group (Franklin) - 000093648		\$123.11
Back To Basics Group - 000094453		\$200.00
Big Town Group - 000096080	\$59.70	\$392.87
Black Mountain Group - 000096165		\$50.00
Brevard AA Online - 000453800		\$604.10
Brevard Men's Group - 000096757		\$120.00
Brevard Serenity Group - 000096758		\$464.00
Bryson City Group - 000097273	\$83.00	\$173.00
Burnsville Group - 000235484		\$90.00
BYOC - Bring Your Own Coffee Group - 000409871		\$311.00
Candler K.I.S.S. Group - 000098073		\$132.00
Cashiers Valley Group - 000098360	\$466.21	\$1,234.85
Clear Cut Directions	\$122.00	\$122.00
Common Sense Group - 000099801		\$245.00
Conscious Contact Group - 000099980	\$352.15	\$1,312.20
Culowhee Valley Group - 000100669		\$220.00
Cumberland Group - 000100676		\$50.00
Daily Decisions Group - 000100743	\$707.36	\$2,937.75
Fellowship Group (Fletcher) - 000104116		\$491.08
Good Livers Group - 000107590		\$400.00
Hendersonville Group - 000110033		\$625.00
Hendersonville Happy Hour Grp - 000110034		\$75.00
Hendersonville Men's Group - 000044576		\$150.00
Hendersonville MIDDAY Group - 000110035		\$250.00
H'ville Women's BBSS Group - 000110036		\$445.51
Hey Girl, Surrender Group - 000392207		\$465.00
High Noon Group - 000110266	\$100.00	\$200.00
Hot Springs Meeting	\$25.00	\$125.00
Joy Of Living Group - 000112527	\$24.00	\$254.50
Lambda Group - 000007190		\$223.69
Leicester Group - 000009461		\$220.37
Let Go Absolutely Group - 000403031		\$150.00
Liars Club	\$60.00	\$467.00
Library Group - 000010602		\$121.50
Maggie Valley Group - 000016476		\$250.00
Mars Hill Group - 000017945		\$225.00
Marshall Group - 000017982	\$186.11	\$186.11
Micaville 12 & 12	\$20.00	\$20.00
Mission Group - 000023514		\$16.26
Mountainview Group - 000027730	\$132.00	\$377.52
Newcomers Group - Flat Rock		\$50.00
New Freedom Group - 000032374		\$498.66
Noontime Big Book Study Group - 000409637	\$66.80	\$249.98
Phoenix Group - 000049062	\$97.00	\$782.00
Pine Grove Group		\$100.00
Practicing Principles Group - 000051260		\$131.65
Primary Purpose Group - 000035382		\$80.00
Round Table Group - 000059337		\$99.00
Safe And Sound Women's Group - 000060517	\$421.81	\$624.97
Saturday Morning Men's Meeting	\$75.00	\$600.00
Serenity Service Group - 000068387		\$438.48
Sober Sisters Group (Blk Mtn) - 000487630		\$500.00
Sober Sisters Group (Burnsville) - 000460489	\$100.00	\$200.00
Sober Sisters Group (Flat Rock) - 000073208		\$590.49
South Asheville Literature Group - 000075329		\$85.00
Speed Bump Group - 000053487		\$731.70
Spring Creek Group	\$75.00	\$75.00
Spruce Pine Group - 000077533		\$250.00
Spruce Pine Saturday Morning Group - 000379649		\$240.00
St John in the Wilderness Early Bird Grp - 000078454		\$321.00
Strange Camels - Brevard	\$100.00	\$300.00
Sunshine Group - 000085949		\$80.00
Surrender Group (Blk Mtn) - 000086090		\$190.00
Sylva AA - 000086394		\$140.00
The Open Meeting Group - 000418805		\$128.50
The Out To Lunch Bunch Group - 000408968	\$100.00	\$350.00
The Rule 62 Group - 000724698		\$30.00
Tuesday 12 X 12 Skyland Group - 000012529		\$80.00
Tuesday Night Men's Group - 000013982	\$300.00	\$300.00
Waynesville Grace Group - 000022141		\$2,731.95
We Think Not Group - 000025928		\$79.50
West Asheville Group - 000030473		\$100.00
Women of Courage Group - 000036989	\$250.00	\$993.00
Women's Way Group 000513711	\$83.00	\$133.02
Young People's Group - 000042150		\$329.00
<b>Total Group Contributions:</b>	<b>\$4,190.94</b>	<b>\$28,503.83</b>

Individual Contributions:	Oct 2025	YTD
Anonymous	\$4.00	\$221.04
Gerd S.		\$13.60
Judy M.		\$25.00
Pat D.		\$0.68
Patsy W.	\$14.44	\$14.44
Shannon K.	\$25.00	\$250.00
<b>Total Individual Contributions:</b>	<b>\$43.44</b>	<b>\$524.76</b>

Birthday Contributions:	Oct 2025	YTD
Anonymous		\$31.00
Chris W.		\$25.00
Pam C.		\$42.00
Sandra F.		\$40.00
<b>Total Birthday Contributions:</b>	<b>\$0.00</b>	<b>\$138.00</b>

**Total Contributions: \$4,234.38 \$29,166.59**

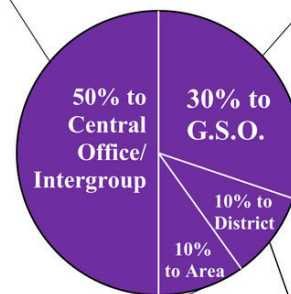
Note: If you think there is a contribution missing from your group total, please let us know. We try our best to get donations listed correctly, but we do make mistakes sometimes and list a donation under the wrong group. As always, we thank you all - AA groups and individual members - for your generous support!

## Suggestions & Addresses for Sending Donations to the A.A. Service Structure\* Revised for 2025

\* From the pamphlet "Self-Support: Where Money & Spirituality Mix." Recommendations for other percentages are also in the pamphlet.

**NCMCO**  
70 Woodfin Place  
Suite 212  
Asheville, NC 28801

**General Service Office**  
Post Office Box 2407  
James A Farley Station  
New York, NY 10116-2407

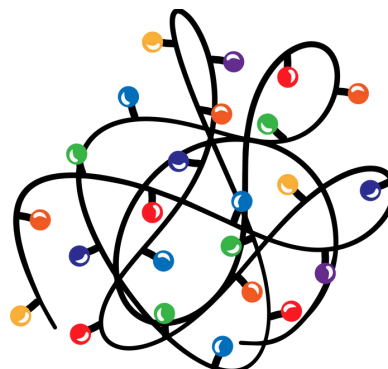


**NCGSC – Area 51 Treasurer**  
PO Box 11104  
Wilmington, NC 28404

**District 70 Treasurer**  
PO Box 8574  
Asheville, NC 28814-8574

**District 71 Treasurer**  
PO Box 202  
Hendersonville, NC, 28793

**District 80 Treasurer**  
PO Box 2015  
Cherokee, NC 28719





# Special Meetings and Events



\*NOTE: Many events are being cancelled. For the latest updates please check the specific event websites or <https://aancmco.org/index.php/events>

**SSAASA 8 (Southern States Alcoholics Anonymous Service Assembly) December 5-7. Hyatt Regency Dulles, 2300 Dulles Corner Blvd, Herndon, VA 20171. For more information see flyer or go to the website: <https://www.ssaasa.com/>**

**WNCCYPAA Ugly Sweater Party. Saturday, December 13, starting at 6:00pm. Acton UMC, 171 Sandhill School Rd, Asheville 28806. See flyer for more details.**

**Hendersonville Group Christmas Alcathon. Wednesday, December 24: meetings every even hour - 12:00, 2:00, 4:00, 6:00; Thursday, December 25: meetings every even hour - 12:00, 2:00, 4:00, 6:00, 8:00. Snacks and fellowship all day long! 1624 Willow Rd, Hendersonville 28739**

**AVL12 Christmas Celebration. Thursday December 25. Food and fellowship - 1:30-6:00pm; Meetings before and after at 12:30pm & 6:00pm. Bring a covered dish, friends & family. Asheville 12 Step Club, 1 Kenilworth Knolls, Unit 4, Asheville 28805**

**Hendersonville Group New Year's Alcathon. Wednesday, December 31: meetings every even hour - 12:00, 2:00, 4:00, 6:00, 8:00, 10:00; Thursday, January 1: meetings every odd hour - 1:00, 3:00, 5:00, 7:00. Snacks and fellowship all day long! 1624 Willow Rd, Hendersonville 28739**

**New Year's Alcathon. Wednesday, December 31. Meeting at 5:30pm; eating at 7:00pm; Speaker at 7:30pm. Macon Co. Public Library, 149 Siler Farm Rd, Franklin, 28734. See flyer for more details.**

**Southern States Women's Conference. January 23-25. Marriott Downtown Jacksonville, Florida. For more information and registration, see flyer or go to the website: <https://thesswc.wordpress.com>**

**Smoky Mountain Conference. January 30-February 1. The Ramsey Hotel & Convention Center, 3230 Parkway, Pigeon Forge, TN 37863. For more information, see flyer or go to the website: <https://smokyconference.com/>**

**9th Annual Spring Into Action Conference. February 7, 10:00am-4:00pm. New Hope Baptist Church, 3007 Beechtree Dr, Sanford, NC 27330. See flyer for more details or go to the website: <https://aanorthcarolina.org/event/spring-into-action-conference/>**

**62nd International Women's Conference. February 12-15. Community Choice Convention Center, 833 5<sup>th</sup> Ave, Des Moines, IA 50309. For more information, see flyer or go to the website: <https://internationalwomensconference.org/>**

**37th Annual "Freedom from Bondage" Area 51 A.A. Corrections Conference. March 20-22. Hampton Inn & Suites, 200 Columbus Dr, Aberdeen, NC 28315. For Online Registration and Hotel Reservation link go to: <https://aanorthcarolina.org/event/37th-freedom-from-bondage/>**

**For more information, see flyer or contact Area 51 Corrections Chair: [corrections@aanorthcarolina.org](mailto:corrections@aanorthcarolina.org).**


**NC Area 51 Conferences and Events: <https://aanorthcarolina.org/events/>**

**GSO in New York: For events around the country and the world, as well as great articles and information, go to: <https://www.aa.org/> and Box 459 Bulletin Board: [https://www.aa.org/sites/default/files/newsletters/F-36\\_summer25.pdf](https://www.aa.org/sites/default/files/newsletters/F-36_summer25.pdf)**



# The Service Express

## District 70

**GSR Business Meeting** – typically held the 2nd Sunday of the month, but there is no meeting in December; we will resume in January so the next meeting will be **Sunday, January 11, 2:30pm**. It will be a hybrid meeting, with Zoom capability: Meeting ID: 933 8500 3069; Passcode 672458, and an in-person meeting at St Luke's Episcopal Church, 219 Chunns Cove Rd, Asheville 28805. 

**Accessibilities Committee** – The Chairperson is Carolyn O. Want to make sure your A.A. group or event is accessible to all? Contact Carolyn at [access@ashevilleaa.org](mailto:access@ashevilleaa.org) for an Accessibilities Checklist. The Accessibilities Committee meets the first Monday of every month at 7:00pm. Go to the NCMCO website calendar for the Zoom link: <https://aancmco.org/index.php/events/>

**Archives Committee** – The Chairperson is Dennis H. Bill W. is quoted with: "We are trying to build up extensive records which will be of value to a future historian." Members are needed to accomplish this. If your service commitment leads you to gather local history this is your committee. Currently the committee is engaged in recording oral histories, collecting group histories, and collecting/preserving memorabilia donated to the collection. This is a great way to meet members with long-time sobriety and learn about Groups carrying the message in WNC! For more information contact Dennis at [archives@ashevilleaa.org](mailto:archives@ashevilleaa.org). The Archives Committee meets the first Saturday of every month at 2:00pm. Go to the NCMCO website calendar for the Zoom link: <https://aancmco.org/index.php/events/>

**CPC/PI Committee** – The Chairperson is David. These are two separate service committees – "Cooperation with the Professional Community" and "Public Information". The CPC Committee visits schools, businesses, and community meetings to speak about A.A. The PI Committee provides accurate A.A. information to the public and media when requested. For more information, contact David at [cpc-pi@ashevilleaa.org](mailto:cpc-pi@ashevilleaa.org)

**Corrections Committee** – Meetings are open in all facilities. The next orientation at Western Correctional Center for Women (in Black Mountain) will be **Monday, December 1, 6:00pm**. See flyer for more details. Please contact Liz if you are interested in attending. They are looking for new volunteers for all facilities, and they need volunteers for the Pre-Release program (see flyer). This is rewarding 12th Step work, helping those on the inside transition to the outside. For more information about Corrections and to become a volunteer, please contact Liz P, the Women's Corrections Chair, at [corrections\\_women@ashevilleaa.org](mailto:corrections_women@ashevilleaa.org), or Mitch R, the Men's Corrections Chair, at [corrections\\_men@ashevilleaa.org](mailto:corrections_men@ashevilleaa.org), or [PreRelease@AshevilleAA.org](mailto:PreRelease@AshevilleAA.org)

**Literature and Grapevine Committee** – The new Chairperson is Mary Kate. She can be reached at [literature@ashevilleaa.org](mailto:literature@ashevilleaa.org). The focus of the committee is to ensure that A.A. literature and Grapevines are available to all groups, meetings, and A.A. events.

**Technology Committee** – The Chairperson is George M. If anyone is having trouble getting a hybrid or online-only meeting going or having technical issues, please reach out to George at [technology@ashevilleaa.org](mailto:technology@ashevilleaa.org) and he can offer support.

## District 70 - continued

**Treatment Facilities Committee** – The Chairperson is Anna B. It's all about bringing the message of recovery to alcoholics in treatment facilities. The Treatment Committee continues to schedule weekly speakers at numerous treatment centers in District 70. They are always looking for more volunteers. If you are interested, contact Anna at [treatment@ashevilleaa.org](mailto:treatment@ashevilleaa.org). The Treatment Committee meets the last Sunday of every month at 7:00pm. Go to the NCMCO website calendar for the Zoom link: <https://aancmco.org/index.php/events/>

**"Bridging the Gap" (with treatment facilities)** – The Chairperson is Monica. This is a Temporary Contact Program, which is designed to help the alcoholic in a treatment facility make that transition from "inside" the program to life on the "outside". There are many different volunteer opportunities. Contact Monica at [bridgingthegap@ashevilleaa.org](mailto:bridgingthegap@ashevilleaa.org)

For more information on Bridging the Gap and upcoming events, visit the website: [www.btgww.org](http://www.btgww.org) 


## District 71

**GSR Business Meeting** – held on the 2nd Saturday of the month. The next meeting will be **Saturday, December 13, 9:30am**, at the Hendersonville Group building, 1624 Willow Rd, Hendersonville, NC 28739. All A.A. members are welcome! They need more volunteers for Henderson County jail.

The following service positions currently need to be filled for the remainder of 2025: Alternate DCM, CPC/PI Chair, and Accessibilities Chair. The December meeting will be an election meeting for the following service positions: DCM, Alternate DCM, Secretary, Treasurer, and Service Coordinators for Treatment, Corrections, CPC/PI, Bridging the Gap, Accessibilities, Events, and Archives. If you are interested in any of these positions, please be at the December meeting. If you have questions about any of these positions you can contact Alan, the District 71 DCM, by email: [nc71aa@gmail.com](mailto:nc71aa@gmail.com) or through the District 71 website: <https://www.nc71.org/contact>. Service is one of the Three Legacies of A.A. 

## District 80

**GSR Business Meeting** – held quarterly. The next meeting will be **Sunday, January 11, 1:30 pm**. All GSRs are encouraged to attend and share their Group's experience, strength and hope.

This will be a hybrid meeting with Zoom capability as well as an in-person meeting. The in-person location will be on the WCU Campus at 245 Memorial Dr, Room 336 (Cherokee Rm). They will be using the WCU Zoom system; the meeting ID will be provided on the invite emailed to participants 30 minutes before meeting; no password required. Check their website for meeting updates and links: <http://aawnc80.com> 

### NOTE to all District DCMs and Committee Chairs:

Please send updates that you would like included in the next issue of the Mountain Doin's. If possible, we would like to have the information by the 15th of the month, but no later than the 25th. Email: [news@wncaa.org](mailto:news@wncaa.org). Much appreciated!





# Happy Anniversary!



## Acceptance Group

Judy C.	12-10-1988	37 yrs
Cathy C.	12-11-2017	8 yrs
Don S.	12-13-1993	32 yrs
Bill W.	12-13-2019	6 yrs
Jack B.	12-14-1982	43 yrs
Mark F.	12-15-2022	3 yrs
Nick M.	12-19-2016	9 yrs
Perry C.	12-20-1986	39 yrs
Tom G.	12-22-2002	23 yrs

## All In Group - Waynesville

Laura A.	12-10-2004	21 yrs
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## Black Mountain Group

Carolyn B.	12-17-1993	32 yrs
Dean F.	12-18-2006	19 yrs
Bill C.	12-24-1989	36 yrs
Hans P.	12-26-2015	10 yrs
Jeff H.	12-31-2016	9 yrs

## Conscious Contact

Mitch A.	12-13-2018	7 yrs
Margaret Grace A.	12-21-2020	5 yrs

## Daily Decisions Group

Karen C.	12-02-2022	3 yrs
Mickey S.	12-09-2019	6 yrs
Rick P.	12-30-1998	27 yrs
Casey S.	12-30-2022	3 yrs

## Fellowship Group

Alan H.	12-03-2022	3 yrs
Stan B.	12-09-1976	49 yrs
Thomas R.	12-12-2022	3 yrs
George K.	12-14-1971	54 yrs
Rob C.	12-23-2022	3 yrs
Bill R.	12-24-2022	3 yrs
Mike H.	12-25-2022	3 yrs
Randine A.	12-26-2017	8 yrs
Taylor S.	12-31-2022	3 yrs

## Fireside Group

Sheila T.	12-02-2022	4 yrs
Karen N.	12-07-1992	34 yrs
Katie K.	12-11-2019	7 yrs
Joe W.	12-20-2000	26 yrs

## Good Livers Group

Doug M.	12-01-1985	40 yrs
Jon P.	12-23-2003	22 yrs

## Grace Group

Jim H.	12-01-1982	43 yrs
Bill C.	12-07-1987	38 yrs
Annie M.	12-09-2020	5 yrs
Jonathan L.	12-09-2020	5 yrs
Judy H.	12-10-1988	37 yrs
Barbara K.	12-10-2018	7 yrs
Rebecca B.	12-10-2019	6 yrs
Bob W.	12-15-1985	40 yrs
Carter M.	12-17-2006	19 yrs
Sarah M.	12-23-2021	4 yrs
Carol N.	12-28-2010	15 yrs

## Hendersonville Group

Patty W.	12-01-2003	22 yrs
Keith R.	12-05-1994	31 yrs
Mary Jo L.	12-08-2000	25 yrs
Taylor	12-08-2024	1 yr
Candice P.	12-09-2024	1 yr
Diane Z.	12-12-1986	39 yrs
Reed	12-24-2024	1 yr
David C.	12-26-2023	2 yrs
Nik P.	12-29-2022	3 yrs
Julie F.	12-30-2024	1 yr

## Hendersonville Men's Group

Joe B.	12-09-1989	36 yrs
John O.	12-14-2018	7 yrs
Robert K.	12-15-2016	9 yrs
Tom G.	12-20-2016	9 yrs
Rick A.	12-22-2019	6 yrs
Ron S.	12-24-2015	10 yrs
Steve W.	12-27-1998	27 yrs

## Hey Girl, Surrender Group

Barbara J.	12-02-1985	40 yrs
Julie T.	12-18-2023	2 yrs
Ellen O.	12-19-1991	34 yrs

## Leicester Group

Jo R.	12-30-2007	18 yrs
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## Mars Hill Group

Tammy T.	12-27-2010	15 yrs
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## Motley Crew/Columbus

Judy H.	12-31-1989	36 yrs
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## One Day At A Time Grp - Rutherfordton

Marie K.	12-10-1992	33 yrs
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## Sober Sisters Group - Burnsville

Jody L.	12-10-2000	25 yrs
Ferebe	12-26-2005	20 yrs
Toren T.	12-31-1984	41 yrs

## Total Surrender Group

Max D.	12-06-2022	3 yrs
Joann C.	12-08-2023	2 yrs
Sara B.	12-17-2021	4 yrs
Wes W.	12-17-2021	4 yrs
Ryan S.	12-20-2023	2 yrs
Dhavmesh P.	12-24-2022	3 yrs
Fred C.	12-28-1987	38 yrs
Jen S.	12-29-2022	3 yrs
Chad C.	12-30-2021	4 yrs

## West Asheville Group

Mike L.	12-29-2017	8 yrs
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## Women of Courage Group

Ronna D.	12-07-1985	40 yrs
Jo R.	12-07-2013	12 yrs
Genevieve B.	12-08-2012	13 yrs
Danielle K.	12-17-2021	4 yrs
Velma L.	12-19-2022	3 yrs

## Young People's Group

Garrett J.	12-15-2015	10 yrs
Powell W.	12-17-2020	5 yrs



Need to update your Group's anniversary list? Call Central Office: (828) 254-8539, or send a new list to: [info@wncaa.org](mailto:info@wncaa.org)

The January 2026 newsletter deadline for sending in anniversaries and announcements is December 15, 2025



**Does your group have a**

**COR?**

**(Central Office Representative)**

**What are Central Office Representatives and  
What are their Duties?**

Central Office Reps (CORs) and their relationship with Central Office are similar to General Service Reps (GSRs) and their relationship to A.A. General Service Districts. CORs are responsible for voting their group's conscience at COR/Board meetings and for bringing to the NCMCO Board any concerns of their home group.

In addition to this, CORs keep their groups informed about what Central Office is doing. They participate in the bimonthly COR/Board meetings on the 2<sup>nd</sup> Thursday of odd-numbered months (January, March, May, July, September, December) where they share their home group's experiences in carrying the A.A. message and express how they feel NCMCO might better serve the A.A. community in Western North Carolina.

The NCMCO Board is interested in your feedback. Take our inventory!  
What are we doing well? What can we improve upon?  
How can we serve Districts 70, 71 and 80 more effectively?  
What might we do to draw more participation from groups?

**Please send your feedback to: [info@wncaa.org](mailto:info@wncaa.org)**

Better yet, attend the next bimonthly COR/Board meeting on Zoom.  
See the Central Office website for more details:

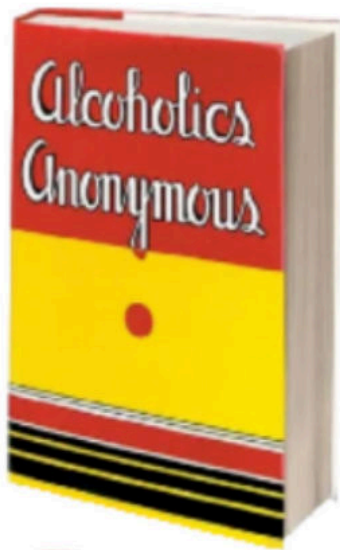
<https://aancmco.org/index.php/events/>

## Now Available at Central Office

70 Woodfin Pl., Ste 212  
Asheville, NC 28801  
10 AM to 1 PM Mon-Fri  
(828) 254-8539 24/7/365

A reduction to our List Price of the collectible facsimile First Edition Big Book

September 12, 2025



Dear A.A. Friends,

We are delighted to announce the reduction of the List Price for the beautifully produced facsimile First Edition of *Alcoholics Anonymous*, which was first produced in celebration of the 75<sup>th</sup> Anniversary of the Big Book in 2014.

**ALCOHOLICS ANONYMOUS  
FACSIMILE FIRST PRINTING OF THE  
FIRST EDITION (Item B-0) is now  
priced at \$2 USD, for the foreseeable  
future!**

Since its initial release, hundreds of thousands of A.A. members have enjoyed owning this commemorative edition, and our recent efforts to continue a steady stream of distribution of copies from our inventory of the initial print run have been met with much enthusiasm from the Fellowship around the world!

Intergroups, central offices, areas, groups and international GSOs, as well as individual A.A. members alike have given us oodles of positive feedback on our periodic Special Offers, price discounts and sales that include this title, and reception for the bundling of this edition in our giftable "A.A. History Shelf" (4 volumes, Item B-33) has also been popular.

It is our hope that with this "permanent" price break, A.A. members everywhere will be able to enjoy adding this landmark edition to their collections.

And, it goes without saying, *this book makes a great gift for the holidays, for A.A. anniversaries, and other milestone occasions.* Now at a very affordable List Price!

# PreRelease Program

The purpose of this program is to connect the incarcerated AA member with Alcoholics Anonymous in their community upon their release.

## **VOLUNTEER RESPONSIBILITIES**

1. Make initial contact with the inside AA member via correspondence within two weeks of being matched, and maintain communication with inside AA member through their release.
  - All correspondence is routed through the District 70 PO Box, not through your personal home / mailing address. See separate flyer with more details.
2. Arrange to meet the inside AA member upon their release.
3. Take the inside AA member to an AA meeting within 24-48 hours of release. It is suggested that the first meeting be viewed as a Twelfth Step call, thus taking another AA member with you.
4. You and a friend take them to 3-6 AA meetings. During this time, you help them get acquainted, get phone numbers, and perhaps locate a sponsor and a home group.
5. Review the PreRelease Program with the ex-inmate to avoid misconceptions of what this program does and does not do.

## **WHAT volunteers are NOT:**

1. Responsible for the member's attitude or actions in or out of meetings.
2. Responsible for carrying the alcoholic, as in DO NOT:
  - a. loan money or any thing of value
  - b. become a personal taxi service
  - c. have an emotional or romantic interlude
3. Intended to become the released person's sponsor. You assist with the transition into the AA fellowship and onto the broad highway of recovery through the AA program.

It is suggested that the AA volunteer has completed the Twelve Steps and/or one year of continuous sobriety.

Would you like to know more or get involved? Contact PreRelease at:

[PreRelease@AshevilleAA.org](mailto:PreRelease@AshevilleAA.org)

District 70

Attn: PreRelease

PO Box 8574

Asheville, NC 28814-8574

# DISTRICT 70 CORRECTIONS

# **DISTRICT 70 AA TREATMENT COMMITTEE INVITES YOU**

**...to serve on and work your 12th step.**

**Do you want to help with ongoing Service Commitments  
to bring meetings into Treatment Facilities?  
Or share your story and use the wreckage of your past to help others?**

**Become a Volunteer with us!**

**Treatment Positions at the Group Level as well!  
Would you like to attract more Newcomers to your Group?  
Ask your GSR about us or invite us to your business meeting to learn more...**

**Questions? Or to participate, please contact Anna B:**

**[Treatment@ashevilleAA.org](mailto:Treatment@ashevilleAA.org)**

## **Current Needs:**

**Transformation Village (women): Join us for the Monday meeting**

**First Step Farm (women): Speakers on Tuesday**

**ADATC: Speakers and ongoing Service Commitments to facilitate meetings  
on Tuesdays & Thursdays**

**Costello House (men): Speakers and ongoing Service Commitments to  
facilitate meetings on Wednesdays**

**Neil Dobbins: Speakers and ongoing Service Commitments to facilitate  
meetings on Fridays & Saturdays**

# Resource Flyer

Courtesy of District 70's Literature/Grapevine subcommittee



Did you know that we have a local store at our AA Central Office for literature, coins, newcomer pamphlets, etc.?

Did you know that the AA Grapevine now has an app where you can access articles, track sober time, keep in check with a daily spiritual maintenance checklist and gratitude list, access the AA Grapevine YouTube channel, and so much more?

These resources may be helpful to your own sobriety or may be great gifts for anniversaries. The QR codes below can help you easily find the resources you need. They support our local AA and all of us! Just point your camera at the QR code and click the yellow link that pops up! Enjoy and thank you for your support!

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Grapevine App (iPhone)

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Grapevine Website

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Grapevine App (Android)

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Mountain Central Office

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NC Area 51

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AA.org

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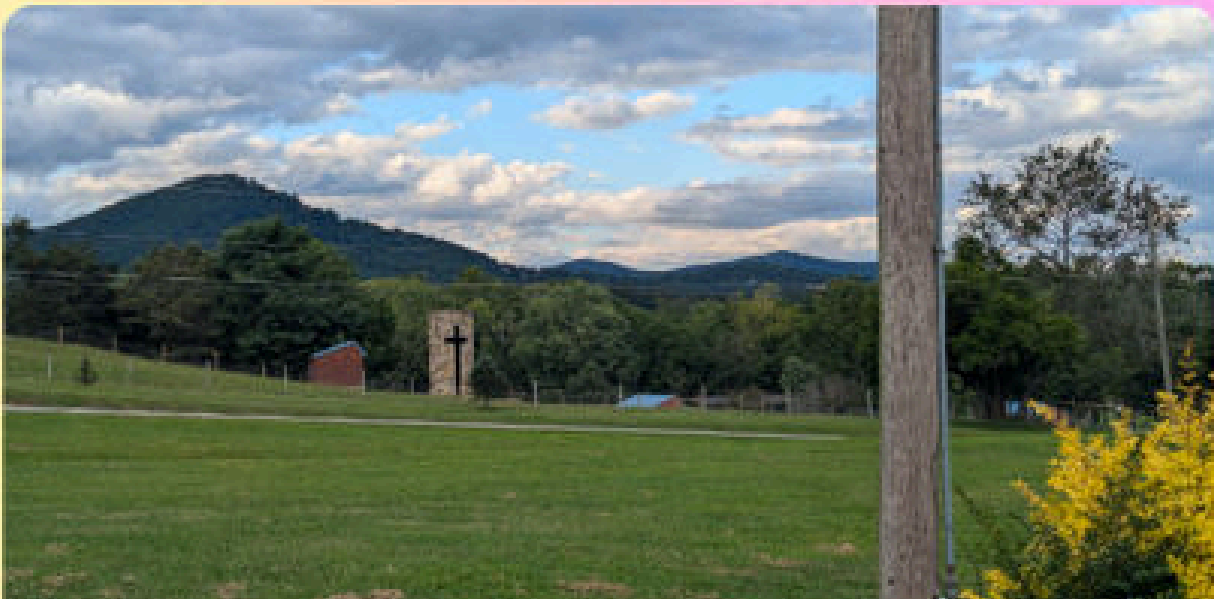
**REMINDER  
TRAINING FOR NEW PRISON  
VOLUNTEERS AT THE WESTERN  
CORRECTIONAL CENTER FOR WOMEN  
IN BLACK MOUNTAIN**

**DEC 1 • 6:30 - 8:30 PM • 55 LAKE EDEN RD •**

**MUST HAVE 1 YEAR OF SOBRIETY & BE OUT OF  
THE SYSTEM FOR 2 YEARS.**

**PLEASE CONTACT LIZ- WOMEN'S  
CORRECTIONS CHAIR IF YOU WANT MORE  
INFO OR ARE PLANNING TO ATTEND:**

**[CORRECTIONS\\_WOMEN@ASHEVILLEAA.ORG](mailto:CORRECTIONS_WOMEN@ASHEVILLEAA.ORG)**





**Scan for more info!**

## **Southern States Alcoholics Anonymous Service Assembly**

**13 Areas are included in the Southern States!! Come and represent yours!**

**What: SSAASA 8, hosted by Area 71**

**When: December 5-7, 2025**

**Where: Hyatt Regency Dulles 2300 Dulles Corner Blvd., Herndon, VA 20171**

**Go to: [www.SSAASA.com](http://www.SSAASA.com) to register, reserve your room, and then plan to have FUN!!**



Who is SSAASA for? SSAASA is for anyone interested in or involved in A.A. service (GSRs, DCMs, District & Area Committee Members, Intergroup/Central Office representatives).  
*All A.A. members are welcome to attend to learn more about our Third Legacy – Service!*

What happens at an SSAASA event? A program is set up by the host committee where there are general sharing sessions, panels on specific topics, and workshops or roundtables where A.A. members holding the same jobs can share their experience with each other and learn more about each service opportunity.

Is there a cost? Yes, and it's only \$35.00! The SSAASA event is self-supporting through your registration fee. Home groups, districts, and areas can honor the 7th tradition by supporting your trusted servants so that they may attend.

Come experience Virginia hospitality and get to know some of your neighboring AA members - we'll be happy to have you!

Still have questions? Please email [Chair@ssaasa.com](mailto:Chair@ssaasa.com).



**WNCCYPAA**

WNC Committee of Young People in AA

# UGLY SWEATER



# PARTY

**Saturday, December 13th**

**6PM | Potluck Dinner**

**7PM | Speaker Panel**

**8PM | Winners Announced**

**Ugly Sweater Contest | 50/50 Raffle**

**Dessert Bake-Off | Photo Booth**



**Acton UMC | 171 Sandhill School Rd, Asheville, NC 28806**

**AVLYPAA.com | AshevilleYoungPeople@gmail.com**

# Hendersonville Group of AA

1624 Willow Rd, Hendersonville

## Christmas 2025

# Alcathon

Wednesday, December 24

Meetings every even hour

12:00

2:00

4:00

6:00

Thursday, December 25

Meetings every even hour

12:00

2:00

4:00

6:00

8:00

Snacks and Fellowship All Day Long!



Get ready for a wonderful

# Christmas Celebration AVL12

Food and Fellowship 1:30pm to 6:00pm  
Meetings before and after at 12:30pm & 6:00pm

**PLEASE BRING A COVERED DISH, FRIENDS & FAMILY**

**December 25, 2025**

1 KENILWORTH KNOLLS, UNIT 4, ASHEVILLE, NC 28805





**Hendersonville Group of AA**

1624 Willow Rd, Hendersonville

hosts

# **New Year's Alcathon**

**Wednesday, December 31**

Meetings every even hour

12:00   2:00   4:00   6:00   8:00   10:00

**Thursday, January 1**

Meetings every odd hour

1:00   3:00   5:00   7:00

**Snacks and Fellowship All Day Long!**





**31 DECEMBER**

**NEW YEAR'S ALKATHON**

Macon Co. Public Library 149 Siler Farm Rd, Franklin, NC 28734



**BRING A COVERED DISH**

**SPEAKER: RANDY O.  
FROM BRYSON CITY, NC**

**Meeting @ 5:30 PM**

**Eating @ 7 PM**

**Speaker @ 7:30 PM**

**EVERYONE IS WELCOME!**

**WHITE ELEPHANT GIFT EXCHANGE @ 8:30PM  
\$20 LIMIT FOR GIFT EXCHANGE**



# Twelve Tips on Keeping Your Holiday Season Sober and Joyous

Holiday parties without liquid spirits may still seem a dreary prospect to new A.A.s. But many of us have enjoyed the happiest holidays of our lives sober—an idea we would never have dreamed of, wanted, or believed possible when drinking. Here are some tips for having an all-round ball without a drop of alcohol.



**1** Line up extra A.A. activities for the holiday season. Arrange to take newcomers to meetings, answer the phones at a clubhouse or central office, speak, help with dishes, or visit the alcoholic ward at a hospital.



**2** Be host to A.A. friends, especially newcomers. If you don't have a place where you can throw a formal party, take one person to a diner and spring for the coffee.



**3** Keep your A.A. telephone list with you all the time. If a drinking urge or panic comes—postpone everything else until you've called an A.A.

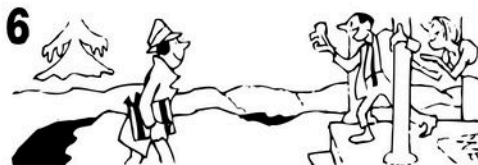


**4** Find out about the special holiday parties, meetings, or other celebra-

tions given by groups in your area, and go. If you're timid, take someone newer than you are.



**5** Skip any drinking occasion you are nervous about. Remember how clever you were at excuses when drinking? Now put the talent to good use. No office party is as important as saving your life.



**6** If you have to go to a drinking party and can't take an A.A. with you, keep some candy handy.



**7** Don't think you have to stay late. Plan in advance an "important date" you have to keep.



**8** Worship in your own way.



**9** Don't sit around brooding. Catch up on those books, museums, walks, and letters.



**10** Don't start now getting worked up about all those holiday temptations. Remember—"one day at a time."



**11** Enjoy the true beauty of holiday love and joy. Maybe you cannot give material gifts—but this year, you can give love.



**12** "Having had a . . ." No need to spell out the Twelfth Step here, since you already know it.

Reprinted from *Box 459* with permission.

# Happy Holidays

# Southern States Women's Conference

## SPEAKERS

STEP 1 & 2 - Stacey E.  
STEPS 3 - Katie P.  
STEPS 4 & 5 - Alice N.  
STEPS 6 & 7 - Kelley B.  
STEPS 8 & 9 - Tina A.  
STEPS 10 & 11 - Chris C.  
STEP 12 - Sloan B.

January 23-25,  
2026

Al-Anon - Larcine G.

Jacksonville,  
Florida

Marriott Downtown Jacksonville

Phone: 904-355-6664

Hotel Reservation Link: <https://tinyurl.com/SSWC2026>

Rate \$149/Night - available 3 days pre-conference  
& 3 days post-conference

**EARLY REGISTRATION: \$50 UNTIL AUGUST 31ST**  
**\$60 STARTING SEPTEMBER 1ST**  
**\$65 AT THE DOOR**

Full Name: \_\_\_\_\_

Email Address: \_\_\_\_\_

Street Address: \_\_\_\_\_

City, State, Zip: \_\_\_\_\_

Phone Number: \_\_\_\_\_

REGISTRATIONS  
ARE NON-  
REFUNDABLE  
Transferable  
within the year  
only

\_\_\_ Check here if you need ASL Services

\_\_\_ Check here if you are interested in volunteering  
during the conference

### Ways to Register for the Conference



- Use the QR Code
- Use this link: <https://tinyurl.com/SSWC2026Register>
- Make Checks Payable to: SSWC
- Mail to: 1320 Chickasaw Drive Westminster, SC 29693



# SMOKY MOUNTAIN CONFERENCE

JANUARY 30-Feb 1, 2026

Register today @   
[www.Smokyconference.com](http://www.Smokyconference.com)

Pigeon  
Forge, TN  
\$35

Scott L (Nashville, TN)

Heidi S (Pittsburgh, PA)

Mike S (Riverside, CA)

Bob D (Las Vegas, NV)

“As The Result of These Steps”

The Ramsey Hotel and Convention Center

3230 Parkway, Pigeon Forge, TN 37863

Phone: (865) 428-2700. \$133/night (breakfast included)

• NINTH ANNUAL •

# Spring Into Action Conference

**FEBRUARY 7, 2026**

**10:00 AM–4:00 PM**

New Hope Baptist Church  
3007 Beechtree Dr.  
Sanford, NC 27330

## Schedule

- |                    |  |                               |
|--------------------|--|-------------------------------|
| <b>10:00-11:00</b> | <b>A Vision for You – Yesterday and Today</b>  | (Steve M. Raleigh NC)         |
| 11:00-11:30        | Break  |                               |
| <b>11:30-12:30</b> | <b>Practice These Principles – Everywhere</b>  | (Graham R. Virginia Beach VA) |
| 12:30-1:30         | Lunch - Food Trucks (accepts cash & card)      |                               |
| <b>1:30-2:30</b>   | <b>Carry This Message - We Can Help Others</b> | (Debbie A. Wilmington NC)     |
| 2:30-3:00          | Break  |                               |
| <b>3:00-4:00</b>   | <b>Spiritual Entity - The Home Group</b>       | (Tony D. Angier NC)           |
| 5:00 -             | Dinner @ Yarboroughs 132 McIver St Sanford     |                               |

\* Purpose of the conference is to become more effective at living and carrying the simple AA message.

\* Free event! We will pass a basket to practice the 7th tradition.

\* All are encouraged to bring snacks to share with the group.

## MISSION

The International Women's Conference is the bridge to a better understanding of the Alcoholics Anonymous philosophy and way of life because of our special needs in sobriety as women. We as women members of Alcoholics Anonymous are survivors. We have found a way to obtain meaning, depth and responsibility in our lives. This came about out of our desire, decision, determination and spiritual guidance. An elevated sense of belonging that is brought about by the special services and a special need provided by our Women's Conference is our goal.

## IWC SELF-SUPPORTING STATEMENT

This conference is self-supporting through the money paid for by registration fees, banquet tickets, and donations. AA funds are not used to pay for the event. Conferences and conventions are special events and require money, months of planning and preparation. Expenses include contracted costs for the use of meeting rooms, convention center facilities, preparation of food & beverages, printing of registration forms, audio/visual services, flyers, program schedules, postage, supplies and may other costs. The registration fee and banquet fees are kept as low as possible to meet our financial goal of breaking even. Our contractual commitments to the hotel require a guaranteed number of hotel rooms and banquet sales. To achieve this, we must meet our banquet and room night commitments.

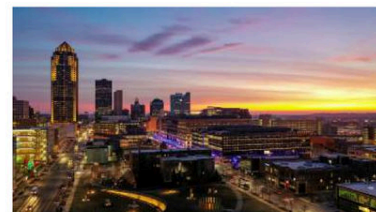
## IMPORTANT INFORMATION

- The IWC is a CLOSED conference for AA women registrants only.
- The conference begins at noon on Thursday, 2/12/2026.
- PLEASE NOTE: To meet our contractual obligations, there will be **NO REFUNDS AFTER 12/1/2025**.
- The 62nd IWC is not responsible for loss of personal items or any personal injury.

IWC62  
PO BOX 8234  
Des Moines, IA 50301



**62nd  
International Women's Conference  
February 12th - 15th, 2026**



Community Choice Convention Center  
833 5th Ave.  
Des Moines, IA 50309  
(515) 564-8000

## REGISTRATION

### IWC Website

Pay for in-person or online registration, meals and tours at [www.internationalwomensconference.org](http://www.internationalwomensconference.org)



### By Mail

Mail this completed form, postmarked no later than **12/1/2025** for in-person and **1/26/2026** for online. Include a check or money order payable to:

IWC62  
PO BOX 8234  
Des Moines, IA 50301

Please fill out the following information:

Name: \_\_\_\_\_

Name on Badge: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ St/Prov: \_\_\_\_\_ Zip: \_\_\_\_\_

Country: \_\_\_\_\_ Phone #: \_\_\_\_\_

Email: \_\_\_\_\_

I would like to volunteer:  Online  In-Person

Select how you'll be joining us:

- Online format** **\$20**
- Attend IWC online.
  - Be on the lookout for how to sign up with vFairs, our online event platform. We will communicate about how to register with vFairs mid-2025.

- In-person format** **\$65**
- Attend IWC in Des Moines.
  - Registration ends **12/1/2025 or when sold out**.
  - Review choices for in-person in the next column.

## MEALS

Meals and tours are available for in-person registrants.

**Save \$25 by bundling all three (3) meals for \$160!**

- Friday Night Banquet **\$65**
- Saturday Night Banquet **\$75**
- Sunday Morning Brunch **\$45**
- Three meal bundle **\$160**

## TOURS

- You Will Be Amazed Tour** **\$40**  
World Food Prize & West End Architectural Salvage on Thursday, 2/12/2026, 12:45 p.m. - 4:00 p.m.
- Sobriety is a Journey, not a Destination Tour** **\$50**  
Guided Tours of the Iowa State Capitol & the Greater Des Moines Botanical Garden on Saturday, 2/14/2026, 7:45 a.m. - 11:45 a.m.
- Rule 62: Don't Take Yourself So Damn Seriously Tour** **\$30**  
Outlets of Des Moines and/or Prairie Meadows Racetrack & Casino on Saturday, 2/14/26, 12:00 p.m. - 4:00 p.m.

## CONTRIBUTIONS

Scholarship Fund for women with barriers to access \$ \_\_\_\_\_  
Overall conference contribution \$ \_\_\_\_\_

## TOTAL

**TOTAL ENCLOSED** \$ \_\_\_\_\_

Mailing this form does not guarantee a reservation. We recommend checking the IWC website for current attendance information. If the conference is sold out, we will promptly return your payment.

Do you have accessibility requirements or accommodations that would support your full participation in the conference? If so, please contact us at: [info62iwc@googlegroups.com](mailto:info62iwc@googlegroups.com).

## HOST HOTEL

Hilton Des Moines Downtown  
435 Park Street, Des Moines, IA 50309  
+1 (515) 241-1456

Our IWC rates are for all room types. They do not include applicable taxes/fees:

- \$154/night for single or double occupancy
- \$169/night for triple occupancy
- \$189/night for quadruple occupancy

Please refer to the "Getting + Staying Here" tab on the website to access the Hilton reservation link, which will go live on 2/13/2025, or to view other hotel options.

## SOUVENIRS

To purchase souvenirs, visit the IWC website!

- Crew Sweatshirt **\$40**
- T-shirt **\$25**
- Canvas Bag **\$12**
- 11oz. Mug **\$10**

## DES MOINES IWC CONTACTS

General: [info62iwc@googlegroups.com](mailto:info62iwc@googlegroups.com)  
Chair, Megan F. B.: [chair62iwc@gmail.com](mailto:chair62iwc@gmail.com)  
Co-Chair, Sarah H.: [cochair62iwc@gmail.com](mailto:cochair62iwc@gmail.com)  
Treasurer, Jane C.: [treasurer62iwc@gmail.com](mailto:treasurer62iwc@gmail.com)  
Registration: [reg62iwc@gmail.com](mailto:reg62iwc@gmail.com)

## A MESSAGE FROM THE IWC ADVISORY COUNCIL

Thank you for registering for the conference in Des Moines! As costs and uncertainties of hosting conferences have risen, going hybrid adds new expenses to reach women worldwide. If you're wondering, "How can I help?" here are some suggestions:

- Register early for Des Moines.
- Purchase meals if possible - they help fund the budget and foster connections.
- Contribute to scholarships to support another woman's attendance.
- Volunteer if a financial contribution isn't feasible - your service makes a difference.

⊠ 37th Annual ⊠  
“FREEDOM FROM BONDAGE”  
Area 51 A.A. Corrections Conference



March 20, 21, 22, 2026

Hampton Inn & Suites  
200 Columbus Drive  
Aberdeen, NC 28315



**Conference Registration Fee: \$25**

[Register and Pay for the Conference Here](#)

**Hotel Room Rates:**

**Standard Room: \$142.00, Suite \$162.00**

[Reserve Your Hotel Room Here](#)

- ❖ Inspiring Speakers
- ❖ Informative Panels
- ❖ AA Correctional Archives
- ❖ Area 51 Coordinator Displays
- ❖ Fellowship & Ice Cream
- ❖ All You Can Drink Coffee!

**Registration opens at 2:00 pm on Friday**



**Call Hotel:** 910-693-4330

**Group Discount Code:** CHHFFB

**Reserve by February 20 to get Group Rate**

**For more information:**

Email:  
[corrections@aanorthcarolina.org](mailto:corrections@aanorthcarolina.org)  
Call: (919) 418-9900

----- ( Mail In Registration Below ) -----

**37th Annual Freedom from Bondage**  
Area 51 A.A. Corrections Conference  
Registration rate \$25

Name: \_\_\_\_\_

City: \_\_\_\_\_

Email: \_\_\_\_\_

Correctional Facility You Attend: \_\_\_\_\_

Are you Willing to Volunteer at FFB? \_\_\_\_\_

Make checks payable to:  
“CFC” and mail to:

Jerry W.  
P.O.Box 37654  
Raleigh NC 27627