

Mountain February 2026 Doin's

Serving AA in Western North Carolina's Districts 70, 71, and 80 since 1974

First, I Prayed

BY: AUDREY I. - MALVERN, PENNSYLVANIA

Thanks to online meetings and the love of her fellows, she got through brain surgery with a new level of faith.

I had been sober in AA for 34 years when the pandemic hit in 2020. That was when my sober life changed. Before then, I had been going to one AA meeting a week. I was living on the fringe of the program. In the past I had sponsors and took stabs at the Steps, but it had been a while since I really worked the program. I figured I was "sober enough."

I wasn't drinking, but I was going to a minimum of meetings. At some point, I think I decided that I had graduated. I could recite the Steps, "How It Works" and the AA Preamble by heart. I even put my hand out to a newcomer from time to time.

I didn't know what was missing, but I knew I wasn't living a happy, contented life. I just figured it was my lot in life to go through depressions, suffer anxiety and feel alone, even when in relationships.

All that changed once meetings closed down. I got on my computer, and suddenly I was going to three online AA meetings a day all over the world. I made friends in Ireland, in Australia, in other states and around the corner. I was alone in my apartment, but I never felt so connected in my life. I fell in love with AA all over again. I had genuine friends, some of whom I wouldn't meet in person for over a year, others that I might never meet in person.

I met a woman in one of my online meetings who had a love of life and who worked the program in a way that I admired and desired. I asked her to be my sponsor. She lived in Georgia, and I lived in Pennsylvania, but she agreed immediately. We started to read the Big Book together. I started to work the Steps again, and for the first time in my life I felt the love of a Higher Power at work.

Then one Saturday morning in February 2021, I went to the hospital for a routine MRI. Before I left, my doctor called me on my mobile phone. She said simply, "You're not going home." They found a tangerine-sized brain tumor. That day I did two things that I had never done during a crisis. First, I prayed. I prayed the Serenity Prayer. I knew that I would not be the one with the scalpel in my hands. I could not control the outcome of the surgery, but I could control my reactions.

Second, I called my sponsor right away. Previously, I had always worked my way through challenges by gritting my teeth and not telling anyone what was going on. This time was different. Because of all the work I had done in AA, I knew I didn't have to be alone through whatever was going to happen. No one could be there with me physically because of the pandemic, but I wouldn't be alone. And I amazingly never thought of a drink.

I've heard it said that AA "shows up," and that certainly happened for me. Within two hours of my hospital admission, an AA friend delivered a Big Book to the emergency room and asked that it be delivered to my room. I had always thought it somewhat frivolous when people said they would pray for me, but now I felt the power of those prayers. I felt surrounded by the love of the people in AA and by the care and protection of my Higher Power.

During the operation there was a possibility that the surgeon would have to remove my right eye to get to the huge tumor, and there was also a possibility that I would be paralyzed—if I survived the six-hour surgery. Regardless of the outcome, I knew I would be OK. I had never felt so sure before. Because of my close connection to AA, I knew I would be able to cope with whatever came my way.

Central Office is open
Monday-Friday 10am-1pm

(828) 254-8539
24/7

info@wncaa.org
aancmco.org



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Gratefully, the surgery went well. I immediately got back to AA meetings online, sporting a bald head and a scar from my forehead to the back of my ear. I just kept going to meetings. After all, that's what saved my life.

When I went to see my family doctor less than two months after the surgery, she remarked that she had never seen a recovery like mine in all her years as a practicing physician. "I think it's your amazing attitude," she said. I told her I was celebrating my AA anniversary that very day and that it was 35 years of sobriety in the program that allowed me to have that attitude.

Since then, I have begun sponsoring women, I have joined my district's Cooperation with the Professional Community (CPC) Committee, and I have taken a service position in my home group. I continue to celebrate my miraculous recovery by giving back to others. I'm sure now it was the grace of God and AA that saved me.

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February Grapevine now available!



Getting Through Tough Times

The February issue's featured section is "Getting Through Tough Times," with powerful stories by AA members about how they use the Steps, fellowship and the tools of AA to get through adversity in sobriety.

<https://www.aagrapevine.org> 

AA Members: submit your stories, articles or poems!

Do you have a personal story, a poem or an interesting article you would like to see published in the Mountain Doin's?

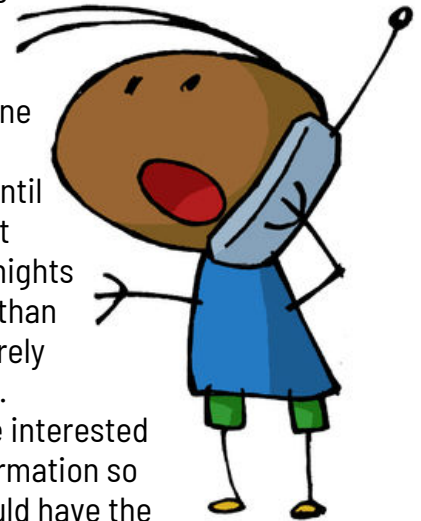
Send it to us by the 15th of the month in order for us to include it in the following month's newsletter (i.e. February 15 for the March issue). Stories and articles can be up to about 600 words in length. Please include copyright information if the article contains quotes or portions that have been published in a book (i.e. "Alcoholics Anonymous, 4th edition, page ??") or magazine (i.e. "From the (date) Grapevine")

Submissions can be mailed to: NCMCO, 70 Woodfin Pl, Suite 212, Asheville, NC 28801, or emailed to: news@wncaa.org

If you have any questions, give us a call: 828-254-8539. We look forward to hearing from you!

After-Hours Phone Volunteers Needed

Central Office is looking for volunteers to answer the phone from 1:30pm in the afternoon until 9:30am the next morning. Most nights don't see more than a call or two, rarely after 10 or 11pm. Most callers are interested in meeting information so volunteers should have the internet at hand to access the meeting guide. One year of sobriety is required.



Information can be found at:

<https://aancmco.org/index.php/about-ncmco/service/>

(scroll down to "After-Hours Phone Volunteer")

Or call Central Office at (828) 254-8539.

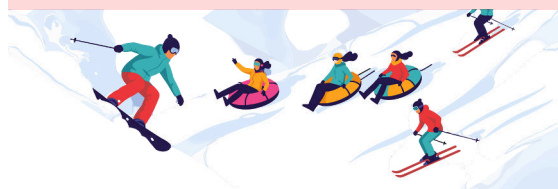
Call & Visitor Log December 2025

12 Step Calls - 29
General Info - 9
Family Help - 0
Meeting Info - 16
Central Office Business - 42
Medical/Detox - 0
Visitors - 49
After-hours calls - 30



Visits to aancmco.org/ website:

Unique Visitors - 15,825
Total Visits - 24,188; Visits/Visitor - 1.53
Total Pages - 89,349; Pages/Visit - 3.69



COR/NCMCO Board Meeting

COR/Board meetings are held the second Thursday of odd-numbered months. All A.A. members are welcome to attend but only CORs (Central Office Representatives) may vote so we encourage your group to elect a COR. Your input is important to us.

At the last meeting on January 8, the 2026 Budget was reviewed and approved by the General Committee (COR/Board). The next General Committee meeting will be **Thursday, March 12, at 6:00pm**, via Zoom: Meeting ID: 757 855 2319; Passcode: 000000.

For updated meeting information and Zoom link, check the website:

<https://aancmco.org/index.php/events/>

Where to Find Meetings

Printable In-person Meeting Guide

Meetings in all 3 Districts

Meetings in District 70

Meetings in District 71

Meetings in District 80

Cash on Hand as of 12/31/2025

Prudent Reserve
\$16,168.11

Operating Account
\$10,950.10

Rent Deposit - \$900.00
Petty Cash - \$50.00

Profit & Loss YTD

	Dec 2025	Jan-Dec 2025 (YTD)
Revenue		
Contributions		
Birthday Contributions		\$138.00
Group Contributions	\$2,193.44	\$32,876.27
Individual Contributions	\$1,152.77	\$1,679.33
Total Contributions	\$3,346.21	\$34,693.60
Interest on Money Market	\$1.37	\$16.15
Sales Income		
Literature & merchandise	\$2,391.54	\$32,600.94
Shipping charged to groups	\$45.07	\$593.50
Total Sales Income	\$2,436.61	\$33,194.44
Total Revenue	\$5,784.19	\$67,904.19
Cost of Goods Sold		
Cost of Goods Sold		
Credit Card Processing		
PayPal Fee	\$47.63	\$427.98
Total Credit Card Processing	\$47.63	\$427.98
Freight - vendor shipping	\$42.60	\$401.94
Literature & merchandise-COGS	\$2,023.14	\$28,075.89
Shipping to groups	\$12.72	\$586.36
Total Cost of Goods Sold	\$2,126.09	\$29,492.17
Inventory Shrinkage	\$34.06	-\$2,400.89
Total Cost of Goods Sold	\$2,160.15	\$27,091.28
Gross Profit	\$3,624.04	\$40,812.91
Expenditures		
Accountant fees		\$360.00
Computer Expenses		\$24.28
Event Expenses		\$839.65
Fire Inspection (good for 3yrs)		\$54.08
ICOAA Conference		\$150.00
Insurance Expense		\$615.00
Office Supplies	\$177.08	\$663.23
Payroll Expenses		
Gross Salary	\$1,600.00	\$20,765.00
Payroll Taxes (Company)	\$122.40	\$1,588.52
Total Payroll Expenses	\$1,722.40	\$22,353.52
QuickBooks Expenses	\$80.00	\$80.00
Rent	\$936.00	\$11,052.00
Stamps/Postage		\$30.20
Telephone & Internet		
Office Telephone/Internet	\$89.13	\$1,268.96
Virtual Meetings	\$16.99	\$198.88
Web Expenses		\$328.58
Total Telephone & Internet	\$106.12	\$1,796.42
Total Expenditures	\$3,021.60	\$38,018.38
Net Operating Revenue	\$602.44	\$2,794.53
Other Expenditures		
Excess Funds Spend	\$4,160.67	\$8,818.32
Total Other Expenditures	\$4,160.67	\$8,818.32
Net Other Revenue	-\$4,160.67	-\$8,818.32
Net Revenue	-\$3,558.23	-\$6,023.79



Contributions

Group Contributions:	Dec 2025	YTD
12 & 12 Study Group - 000090348		\$125.00
Acceptance Group 000092265		\$653.10
Agnostics Atheists Free Thinkers Grp - 000092498		\$422.00
All In Group-Waynesville - 000355928	\$105.20	\$292.61
As Bill Sees It Group (Brevard) - 000374290		\$185.00
As Bill Sees It Group (Franklin) - 000093648	\$19.16	\$142.27
Back To Basics Group - 000094453		\$200.00
Big Town Group - 000096080		\$392.87
Black Mountain Group - 000096165		\$50.00
Brevard AA Online - 000453800		\$604.10
Brevard Men's Group - 000096757		\$120.00
Brevard Serenity Group - 000096758		\$464.00
Bryson City Group - 000097273		\$173.00
Burnsville Group - 000235484		\$361.25
BYOC - Bring Your Own Coffee Group - 000409871		\$311.00
Candler K.I.S.S. Group - 000098073		\$382.00
Cashiers Valley Group - 000098360		\$1,234.85
Clear Cut Directions		\$122.00
Common Sense Group - 000099801		\$245.00
Conscious Contact Group - 000099980		\$1,312.20
Cullowhee Valley Group - 000100669		\$220.00
Cumberland Group - 000100676		\$50.00
Daily Decisions Group - 000100743	\$257.92	\$3,195.67
Fellowship Group (Fletcher) - 000104116		\$491.08
Good Livers Group - 000107590		\$400.00
Hendersonville Group - 000110033		\$1,000.00
Hendersonville Happy Hour Grp - 000110034		\$75.00
Hendersonville Men's Group - 000044576	\$668.57	\$818.57
Hendersonville Midday Group - 000110035		\$250.00
H'ville Women's BBSS Group - 000110036	\$165.00	\$610.51
Hey Girl, Surrender Group - 000392207		\$465.00
High Noon Group - 000110266		\$200.00
Hot Springs Meeting		\$125.00
Joy Of Living Group - 000112527		\$254.50
Lambda Group - 000007190		\$223.69
Leicester Group - 000009461		\$220.37
Let Go Absolutely Group - 000403031		\$150.00
Liars Club	\$60.00	\$590.00
Library Group - 000010602		\$121.50
Maggie Valley Group - 000016476		\$250.00
Mars Hill Group - 000017945		\$225.00
Marshall Group - 000017982		\$186.11
Micaville 12 & 12		\$20.00
Mission Group - 000023514		\$16.26
Mountainview Group - 000027730		\$377.52
Newcomers Group - Flat Rock		\$50.00
New Freedom Group - 000032374		\$498.66
Noontime Big Book Study Group - 000409637		\$249.98
Phoenix Group - 000049062	\$74.50	\$937.50
Pine Grove Group		\$100.00
Practicing Principles Group - 000051260	\$26.59	\$158.24
Primary Purpose Group - 000035382		\$80.00
Round Table Group - 000059337		\$132.75
Safe And Sound Women's Group - 000060517		\$624.97
Saturday Morning Men's Meeting	\$75.00	\$750.00
Saturday Solutions	\$150.00	\$150.00
Serenity Service Group - 000068387		\$438.48
Sober Sisters Group (Blk Mtn) - 000487630		\$500.00
Sober Sisters Group (Burnsville) - 000460489		\$200.00
Sober Sisters Group (Flat Rock) - 000073208		\$590.49
South Asheville Literature Group - 000075329		\$85.00
Speed Bump Group - 000053487	\$423.50	\$1,683.20
Spring Creek Group		\$75.00
Spruce Pine Group - 000077533		\$250.00
Spruce Pine Saturday Morning Group - 000379649		\$240.00
St John in the Wilderness Early Bird Grp - 000078454		\$321.00
Strange Camels - Brevard		\$300.00
Sunshine Group - 000085949		\$80.00
Surrender Group (Blk Mtn) - 000086090		\$190.00
Sylva AA - 000086394	\$134.00	\$274.00
The Open Meeting Group - 000418805		\$128.50
The Out To Lunch Bunch Group - 000408968		\$350.00
The Rule 62 Group - 000724698	\$34.00	\$64.00
Tuesday 12 X 12 Skyland Group - 000012529		\$80.00
Tuesday Night Men's Group - 000013982		\$300.00
Waynesville Grace Group - 000022141		\$2,731.95
We Think Not Group - 000025928		\$79.50
West Asheville Group - 000030473		\$100.00
Women of Courage Group - 000036989		\$993.00
Women's Way Group 000513711		\$133.02
Young People's Group - 000042150		\$329.00
Total Group Contributions:	\$2,193.44	\$32,576.27

Individual Contributions:	Dec 2025	YTD
Anonymous	\$152.77	\$375.61
Gerd S.		\$13.60
Judy M.		\$25.00
Mary Jean C. & Geoff T.	\$1,000.00	\$1,000.00
Pat D.		\$0.68
Patsy W.		\$14.44
Shannon K.		\$250.00
Total Individual Contributions:	\$1,152.77	\$1,679.33

Birthday Contributions:	Dec 2025	YTD
Anonymous		\$32.80
Chris W.		\$25.00
Pam C.		\$42.00
Sandra F.		\$40.00
Total Birthday Contributions:	\$0.00	\$139.80

Total Contributions:	Dec 2025	YTD
	\$3,346.21	\$34,395.40

Note: If you think there is a contribution missing from your group total, please let us know. We try our best to get donations listed correctly, but we do make mistakes sometimes and list a donation under the wrong group. As always, we thank you all - AA groups and individual members - for your generous support!

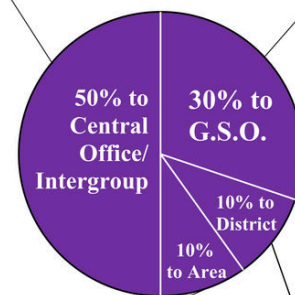
Suggestions & Addresses for Sending Donations to the A.A. Service Structure*

Revised for 2025

* From the pamphlet "Self-Support: Where Money & Spirituality Mix." Recommendations for other percentages are also in the pamphlet.

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70 Woodfin Place
Suite 212
Asheville, NC 28801

General Service Office
Post Office Box 2407
James A Farley Station
New York, NY 10116-2407



NCGSC – Area 51 Treasurer
PO Box 11104
Wilmington, NC 28404

District 70 Treasurer
PO Box 8574
Asheville, NC 28814-8574

District 71 Treasurer
PO Box 202
Hendersonville, NC, 28793

District 80 Treasurer
PO Box 2015
Cherokee, NC 28719



Special Meetings and Events

9th Annual Spring Into Action Conference. **Saturday, February 7, 10:00am-4:00pm.** New Hope Baptist Church, 3007 Beechtree Dr, Sanford, NC 27330. See flyer for more details, or go to the website: <https://aanorthcarolina.org/event/spring-into-action-conference/>



62nd International Women's Conference. **February 12-15.** Community Choice Convention Center, 833 5th Ave, Des Moines, IA 50309. In-person is sold out! To register for online conference, see flyer or go to the website: <https://internationalwomensconference.org/>



Writing Workshops for A.A.'s New Pamphlets. Schedule for Virtual Workshops is as follows (all workshops will be identical): **Monday, February 16, 7:00pm** and **Saturday, March 7, 2:00pm.** Following two Advisory Actions of the 74th General Service Conference (2024), the trustees' Literature Committee of Alcoholics Anonymous has opened calls for stories for two pamphlets: "A pamphlet on the Asian and Asian American alcoholic" and "A pamphlet on the transgender alcoholic". For more information and zoom link, go to the website: <https://aancmco.org/index.php/event/writing-workshops-for-a-a-s-new-pamphlets-2/>



Area 51 Winter Committee Meeting. **March 7-8.** Millenium Durham, 2800 Campus Walk Ave., Durham, NC, 27705. For more information, see flyer or go to the website: <https://aanorthcarolina.org/information-for-members/area-committee/>



WNCCYPAA - Pi Day Party. **Saturday, March 14, 4:00pm-6:00pm.** Acton UMC, 171 Sand Hill Rd, West Asheville, NC. See flyer for more information, or email: AshevilleYoungPeople@gmail.com



37th Annual "Freedom from Bondage" - Area 51 A.A. Corrections Conference. **March 20-22.** Hampton Inn & Suites, 200 Columbus Dr, Aberdeen, NC 28315. For Online Registration and Hotel Reservation link go to: <https://aanorthcarolina.org/event/37th-freedom-from-bondage/> See flyer for more information, or contact Area 51 Corrections Chair: corrections@aanorthcarolina.org



"Spring Into Sobriety." **Saturday, April 25, 9:30am-3:00pm.** See flyer for more details, or go to website: <https://springintosobriety.wixsite.com/springintosobriety> or email: springintosobrietyilm@gmail.com



66th ICYPAA Conference. **September 3-6.** Amway Grand Plaza, Grand Rapids, MI 49503. See flyer or go to website: <https://www.ICYPAA.org>



NC Area 51 Conferences and Events: <https://aanorthcarolina.org/events/>

INTERNATIONAL WEBSITES FOR MORE INFORMATION, EVENTS AND ARTICLES

GSO in New York: For events around the country and the world, as well as great articles and information, go to: <https://www.aa.org/> and Box 459 Bulletin Board: https://www.aa.org/sites/default/files/newsletters/F-36_fall2025.pdf

AA World Services Board Update: https://www.aa.org/sites/default/files/newsletters/AAWS_2025_October_Highlights_V1.pdf


International Conference of Young People in Alcoholics Anonymous (ICYPAA) <https://www.icypaa.org/about-icypa>



The Service Express



District 70

GSR Business Meeting – held the 2nd Sunday of the month. The next meeting will be **Sunday, February 8, at 2:30pm**. It will be a hybrid meeting, with **Zoom** capability: Meeting ID: 933 8500 3069; Passcode 672458, and an in-person meeting at St Luke's Episcopal Church, 219 Chunns Cove Rd, Asheville 28805. 

Accessibilities Committee – The Chairperson is Carolyn O. Want to make sure your A.A. group or event is accessible to all? Contact Carolyn at access@ashevilleaa.org for an Accessibilities Checklist. The Accessibilities Committee meets the first Monday of every month at 7:00pm. Go to the NCMCO website calendar for the Zoom link: <https://aancmco.org/index.php/events/>

Archives Committee – Chairperson is Dennis H. Do you have Organizational skills? Do you like looking through old history and making discoveries? Perhaps you like talking to others and getting their history. Maybe you are interested in collecting and saving documents put out by the district. How would you like to learn how to properly store items for future travelers of the A.A. path? All this is possible by joining the Archives Committee. We meet the first Saturday of the month. There is an in-person meeting at the home of the Chairperson (contact archives@ashevilleaa.org for address). For Zoom, go to the NCMCO website calendar for the Zoom link: <https://aancmco.org/index.php/events/>. We would love to have you do service with the Archives Committee.

CPC/PI Committee – The Chairperson is David. These are two separate service committees – “Cooperation with the Professional Community” and “Public Information”. The CPC Committee visits schools, businesses, and community meetings to speak about A.A. Volunteers for area events are needed for health clinics and DUI classes to name a few. The PI Committee provides accurate A.A. information to the public and media when requested. For more information, contact David at cpc-pi@ashevilleaa.org.

Corrections Committee – Meetings are open in all facilities. We are always looking for new volunteers for all facilities, and we need volunteers for the Pre-Release program (see flyer). This is rewarding 12th Step work, helping those on the inside transition to the outside. Also, please keep your eyes out for The **Pink Can!** This is for the Corrections Committee. The donations collected are for literature that we bring to the prisons and jails. The Area 51 AA 37th Annual Freedom from Bondage Conference is March 20-22nd in Aberdeen, NC. It is a great way to learn about and become involved with Corrections. For more information about Corrections or to become a volunteer, please contact: Liz P, the Women's Corrections Chair, at: corrections_women@ashevilleaa.org, or preRelease@AshevilleAA.org or Mitch R, the Men's Corrections Chair, at corrections_men@ashevilleaa.org

Literature and Grapevine Committee – The Chairperson is Mary Kate. She can be reached at: literature@ashevilleaa.org. The focus of the committee is to ensure that A.A. literature and Grapevines are available to all groups, service meetings, and other A.A. events. Through displays, supplies of A.A. catalogs and order forms, and A.A. workshops, these volunteers help A.A. members and other committees to carry the A.A. message through our literature. If you are interested in volunteering, please attend the next GSR meeting.

Technology Committee – Chairperson is George M. If anyone is having trouble getting a hybrid or online-only meeting going or having technical issues, please reach out to George at technology@ashevilleaa.org and he can offer support.

District 70 - continued

Treatment Facilities Committee – The Chairperson is Anna B. It's all about bringing the message of recovery to alcoholics in treatment facilities. The Treatment Committee continues to schedule weekly speakers at numerous treatment centers in District 70. Overall, everything is going well! They are always looking for more volunteers. If you are interested, contact Anna at: treatment@ashevilleaa.org

“Bridging the Gap” (with treatment facilities) – The Chairperson is Monica. This is a Temporary Contact Program, which is designed to help the alcoholic in a treatment facility make that transition from “inside” the program to life on the “outside”. They particularly need women volunteers. If you are interested in volunteering, please attend the next GSR meeting or contact Monica at bridgingthegap@ashevilleaa.org For more information on Bridging the Gap and upcoming events, visit the website: www.btqwww.org 

District 71

GSR Meeting – held on the 2nd Saturday of the month. The next meeting will be **Saturday, February 14, at 9:30am**, at the Hendersonville Group building, 1624 Willow Rd, Hendersonville, NC 28739. All A.A. members are welcome! They need more volunteers for Henderson County jail.

There is still an opportunity for 2026-2027 service positions as Accessibilities Coordinator and Bridging the Gap Coordinator. If you have questions about any of those positions you can contact Mary Jo, the new District 71 DCM, by email: nc71aa@gmail.com or through the District 71 website: <https://www.nc71.org/contact> Service is one of the Three Legacies of AA.

District 80

GSR Meeting – held quarterly. The next meeting will be on **Sunday, April 12, at 1:30 pm**. All GSRs are encouraged to attend and share their Group's experience, strength and hope.

This will be a hybrid meeting with Zoom capability as well as an in-person meeting. The in-person location will be on the WCU Campus at 245 Memorial Dr, Room 336 (Cherokee Rm). They will be using the WCU Zoom system; the meeting ID will be provided on the invite emailed to participants before meeting; no password required. Check their website for meeting updates and links: <http://aawnc80.com>

Does Your Group Have a New GSR or Alt GSR?

District Registrars keep GSO informed of group changes. Contact your group's District Registrar by email or through the District website:

District 70: Email: registrar@ashevilleaa.org

District 71: Use the form at: <https://www.nc71.org/meeting-change-form>

District 80: Email: webmaster@aawnc80.com

NOTE to all District DCMs and Committee Chairs:

Please send updates that you would like included in the next issue of the Mountain Doin's. If possible, we would like to have the information by the 15th of the month, but no later than the 25th. Email: news@wncaa.org. Much appreciated!



Happy Anniversary!

Acceptance Group

Melissa R.	2-09-2019	7 yrs
Mary M.	2-09-2023	3 yrs
Matt P.	2-09-2025	1 yr
Wil W.	2-11-1983	43 yrs
Christy G.	2-21-2014	12 yrs
Pam H.	2-23-2022	4 yrs

Big Town Group

Annette K.	2-18-2001	25 yrs
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Black Mountain Group

Cat F.	2-23-2012	14 yrs
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Candler K.I.S.S. Group

Zachary W.	2-22-2011	15 yrs
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Conscious Contact

Marsha P.	2-14-1987	39 yrs
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Daily Decisions Group

Blue	2-08-2005	21 yrs
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Fellowship Group

Maryanne H.	2-02-2025	1 yr
Kent S.	2-07-2009	17 yrs
Jason A.	2-08-2020	6 yrs
Jeff H.	2-12-2023	3 yrs
Jerry T.	2-15-2011	15 yrs
Paul F.	2-22-1985	41 yrs
Eddie McD.	2-23-2023	3 yrs
Tom M.	2-25-2019	7 yrs
Jon M.	2-25-2025	1 yr
Edward M.	2-27-1989	37 yrs
Nathaniel R.	2-28-2016	10 yrs

Fireside Group

Ellen E.	2-06-2022	5 yrs
Kathleen M.	2-28-1982	45 yrs

Good Liviers

Stacy R.	2-04-1998	28 yrs
Mark S.	2-06-2015	11 yrs
Karen D.	2-10-2009	17 yrs
Michele F.	2-18-2001	25 yrs
Mary S.	2-18-2012	14 yrs

Grace Group

Ben P.	2-02-2020	6 yrs
Joe E.	2-05-2015	11 yrs
Brackley V.	2-05-2021	5 yrs
Geoff S.	2-06-2008	18 yrs
Shaelyn T.	2-06-2020	6 yrs
Jason S.	2-07-2012	14 yrs
Mary B.	2-10-1981	45 yrs
Karen D.	2-10-2009	17 yrs
Kelly K.	2-10-2021	5 yrs
Farrell S.	2-11-2015	11 yrs
Doug L.	2-12-2021	5 yrs
Rowan	2-14-1991	35 yrs
Ken K.	2-14-2016	10 yrs
Susan D.	2-15-1986	40 yrs
Sabra R.	2-15-2008	18 yrs
Daniel H.	2-15-2019	7 yrs
Margery K.	2-22-2004	22 yrs
Jamie D.	2-22-2021	5 yrs
Ashley G.	2-24-2010	16 yrs
Renee F.	2-24-2021	5 yrs
Ben M.	2-26-2019	7 yrs
Ashley R.	2-27-2019	7 yrs
Quinn M.	2-29-2016	10 yrs

Happy Hour Group

Ken F.	2-25-2012	14 yrs
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Hendersonville Group

Jeff M.	2-01-2025	1 yr
Tyler G.	2-11-2023	3 yrs
Bill G.	2-12-1982	44 yrs
Joe W.	2-14-2014	12 yrs
Kimberly M.	2-14-2020	6 yrs
Robert J.	2-15-2022	4 yrs
Eric G.	2-18-2020	6 yrs
Randy W.	2-19-2024	2 yrs
Kim S.	2-22-2019	7 yrs
Misty C.	2-25-2024	2 yrs
Skipp M.	2-25-2025	1 yr

Hendersonville Men's Group

David T.	2-04-1994	32 yrs
John A.	2-12-1991	35 yrs
Scott A.	2-14-2017	9 yrs

Hey Girl, Surrender Group

Jen H.	2-05-2023	3 yrs
Dorothy L.	2-15-2000	26 yrs
Mary S.	2-18-2012	14 yrs
Christina D.	2-24-2024	2 yrs

Mars Hill Group

Brian D.	2-01-2006	20 yrs
Emma R.	2-22-2023	3 yrs
Phil L.	2-26-2012	14 yrs
John W.	2-28-1986	40 yrs

Motley Crew/Columbus

Tom D.	2-05-1995	31 yrs
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Second Chance Group

Leslie W.	2-21-1997	29 yrs
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Recovery by the River Group

Laura M.	2-17-2025	1 yr
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Serenity Now Group - Bryson City

Lawrence M.	2-19-2023	3 yrs
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Serenity Service Group

Heide F.	2-01-2023	3 yrs
Cody F.	2-08-2021	5 yrs
Courtney	2-11-2018	8 yrs
Nathan R.	2-18-2022	4 yrs
Jamie D.	2-22-2021	5 yrs
Bill L.	2-23-2022	4 yrs
Kevin W.	2-24-2022	4 yrs
Sheena V.	2-26-2019	7 yrs

Spruce Pine Saturday Morning Group

Tricia M.	2-02-2020	6 yrs
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Total Surrender Group

Josh H.	2-23-1999	27 yrs
Cat F.	2-23-2012	14 yrs

Traditional Group

Keenan H.	2-18-2019	7 yrs
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Waynesville Grace Group

Carlos C.	2-12-2009	17 yrs
Melissa C.	2-16-2005	21 yrs
JoAnne M.	2-16-2006	20 yrs
Guy W.	2-20-1994	32 yrs

West Asheville Group

Kyle J.	2-27-2019	7 yrs
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Women's Big Book Step Study Group

Ali W.	2-12-2011	15 yrs
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Women of Courage

Sal L.	2-02-1994	32 yrs
Annie B.	2-07-1998	28 yrs
Nicole P.	2-10-2016	10 yrs
Michaelann	2-14-1985	41 yrs
Nancy K.	2-14-1992	34 yrs
Marti R.	2-17-1991	35 yrs
Cathy H.	2-28-1987	39 yrs
Suzanne L.	2-28-2023	3 yrs



The Birthday Plan Contributions to G.S.O.

For many years, A.A. members have celebrated their sobriety by sending a contribution to the General Service Office. Your birthday (or anniversary) money helps to support G.S.O.'s services to members and groups throughout Canada and the U.S., to ensure that the A.A. message is carried around the world. The services that G.S.O. provides the A.A. groups cost more than \$6 per member per year. Members customarily contribute \$1, \$2 or even \$5 a year for each year of sobriety—others may give a penny or a nickel a day for each day of their sobriety. You may request these Birthday Contribution Envelopes (FR-5) from G.S.O., for yourself or for your group, at no charge. (Reprinted from Box 4-5-9, Vol. 62, No.1 / Spring 2016)

Birthday Contribution Envelopes are available for free at Central Office. We also have envelopes for Birthday/Anniversary Contributions to Central Office!

Stop by the Office to pick up envelopes for yourself or your group members. Or call us (828-254-8539) and we will mail envelopes to you. We thank all the A.A. members and groups who donate so generously!

Need to update your Group's anniversary list? Call Central Office: (828) 254-8539, or send a new list to: info@wncaa.org

The March 2026 newsletter deadline for sending in anniversaries and announcements is February 16.



Does your group have a

COR?

(Central Office Representative)

**What are Central Office Representatives and
What are their Duties?**

Central Office Reps (CORs) and their relationship with Central Office are similar to General Service Reps (GSRs) and their relationship to A.A. General Service Districts. CORs are responsible for voting their group's conscience at COR/Board meetings and for bringing to the NCMCO Board any concerns of their home group.

In addition to this, CORs keep their groups informed about what Central Office is doing. They participate in the bimonthly COR/Board meetings on the 2nd Thursday of odd-numbered months (January, March, May, July, September, December) where they share their home group's experiences in carrying the A.A. message and express how they feel NCMCO might better serve the A.A. community in Western North Carolina.

The NCMCO Board is interested in your feedback. Take our inventory!
What are we doing well? What can we improve upon?
How can we serve Districts 70, 71 and 80 more effectively?
What might we do to draw more participation from groups?

Please send your feedback to: info@wncaa.org

Better yet, attend the next bimonthly COR/Board meeting on Zoom.

See the Central Office website for more details:

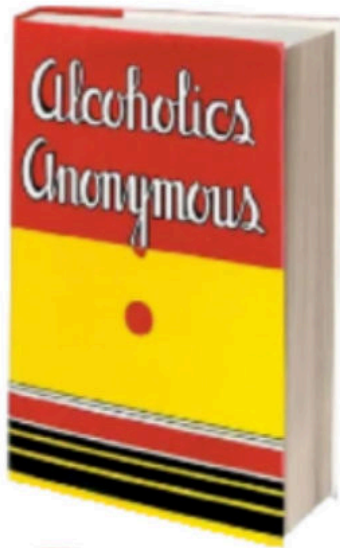
<https://aancmco.org/index.php/events/>

Now Available at Central Office

70 Woodfin Pl., Ste 212
Asheville, NC 28801
10 AM to 1 PM Mon-Fri
(828) 254-8539 24/7/365

A reduction to our List Price of the collectible facsimile First Edition Big Book

September 12, 2025



Dear A.A. Friends,

We are delighted to announce the reduction of the List Price for the beautifully produced facsimile First Edition of *Alcoholics Anonymous*, which was first produced in celebration of the 75th Anniversary of the Big Book in 2014.

**ALCOHOLICS ANONYMOUS
FACSIMILE FIRST PRINTING OF THE
FIRST EDITION (Item B-0) is now
priced at \$2 USD, for the foreseeable
future!**

Since its initial release, hundreds of thousands of A.A. members have enjoyed owning this commemorative edition, and our recent efforts to continue a steady stream of distribution of copies from our inventory of the initial print run have been met with much enthusiasm from the Fellowship around the world!

Intergroups, central offices, areas, groups and international GSOs, as well as individual A.A. members alike have given us oodles of positive feedback on our periodic Special Offers, price discounts and sales that include this title, and reception for the bundling of this edition in our giftable "A.A. History Shelf" (4 volumes, Item B-33) has also been popular.

It is our hope that with this "permanent" price break, A.A. members everywhere will be able to enjoy adding this landmark edition to their collections.

And, it goes without saying, *this book makes a great gift for the holidays, for A.A. anniversaries, and other milestone occasions.* Now at a very affordable List Price!

PreRelease Program

The purpose of this program is to connect the incarcerated AA member with Alcoholics Anonymous in their community upon their release.

VOLUNTEER RESPONSIBILITIES

1. Make initial contact with the inside AA member via correspondence within two weeks of being matched, and maintain communication with inside AA member through their release.
 - All correspondence is routed through the District 70 PO Box, not through your personal home / mailing address. See separate flyer with more details.
2. Arrange to meet the inside AA member upon their release.
3. Take the inside AA member to an AA meeting within 24-48 hours of release. It is suggested that the first meeting be viewed as a Twelfth Step call, thus taking another AA member with you.
4. You and a friend take them to 3-6 AA meetings. During this time, you help them get acquainted, get phone numbers, and perhaps locate a sponsor and a home group.
5. Review the PreRelease Program with the ex-inmate to avoid misconceptions of what this program does and does not do.

WHAT volunteers are NOT:

1. Responsible for the member's attitude or actions in or out of meetings.
2. Responsible for carrying the alcoholic, as in DO NOT:
 - a. loan money or any thing of value
 - b. become a personal taxi service
 - c. have an emotional or romantic interlude
3. Intended to become the released person's sponsor. You assist with the transition into the AA fellowship and onto the broad highway of recovery through the AA program.

It is suggested that the AA volunteer has completed the Twelve Steps and/or one year of continuous sobriety.

Would you like to know more or get involved? Contact PreRelease at:

PreRelease@AshevilleAA.org

District 70

Attn: PreRelease

PO Box 8574

Asheville, NC 28814-8574

DISTRICT 70 CORRECTIONS

DISTRICT 70 AA TREATMENT COMMITTEE INVITES YOU

...to serve on and work your 12th step.

**Do you want to help with ongoing Service Commitments
to bring meetings into Treatment Facilities?
Or share your story and use the wreckage of your past to help others?**

Become a Volunteer with us!

**Treatment Positions at the Group Level as well!
Would you like to attract more Newcomers to your Group?
Ask your GSR about us or invite us to your business meeting to learn more...**

Questions? Or to participate, please contact Anna B:

Treatment@ashevilleAA.org

Current Needs:

Transformation Village (women): Join us for the Monday meeting

First Step Farm (women): Speakers on Tuesday

**ADATC: Speakers and ongoing Service Commitments to facilitate meetings
on Tuesdays & Thursdays**

**Costello House (men): Speakers and ongoing Service Commitments to
facilitate meetings on Wednesdays**

**Neil Dobbins: Speakers and ongoing Service Commitments to facilitate
meetings on Fridays & Saturdays**

Resource Flyer

Courtesy of District 70's Literature/Grapevine subcommittee



Did you know that we have a local store at our AA Central Office for literature, coins, newcomer pamphlets, etc.?

Did you know that the AA Grapevine now has an app where you can access articles, track sober time, keep in check with a daily spiritual maintenance checklist and gratitude list, access the AA Grapevine YouTube channel, and so much more?

These resources may be helpful to your own sobriety or may be great gifts for anniversaries. The QR codes below can help you easily find the resources you need. They support our local AA and all of us! Just point your camera at the QR code and click the yellow link that pops up! Enjoy and thank you for your support!

Grapevine App (iPhone)



Grapevine Website



Grapevine App (Android)



Mountain Central Office



NC Area 51



AA.org



• NINTH ANNUAL •

Spring Into Action Conference

FEBRUARY 7, 2026

10:00 AM–4:00 PM

New Hope Baptist Church
3007 Beechtree Dr.
Sanford, NC 27330

Schedule

- | | | |
|--------------------|--|-------------------------------|
| 10:00-11:00 | A Vision for You – Yesterday and Today | (Steve M. Raleigh NC) |
| 11:00-11:30 | Break | |
| 11:30-12:30 | Practice These Principles – Everywhere | (Graham R. Virginia Beach VA) |
| 12:30-1:30 | Lunch - Food Trucks (accepts cash & card) | |
| 1:30-2:30 | Carry This Message - We Can Help Others | (Debbie A. Wilmington NC) |
| 2:30-3:00 | Break | |
| 3:00-4:00 | Spiritual Entity - The Home Group | (Tony D. Angier NC) |
| 5:00 - | Dinner @ Yarboroughs 132 McIver St Sanford | |

* Purpose of the conference is to become more effective at living and carrying the simple AA message.

* Free event! We will pass a basket to practice the 7th tradition.

* All are encouraged to bring snacks to share with the group.



INTERNATIONAL WOMEN'S CONFERENCE

For those with a desire to stop drinking.

JOIN US ONLINE!
FEBRUARY 12-15, 2026

Just \$20 USD to attend online.
Includes 4 days of experience,
strength and hope – moderm
to moderm! Sign up today.



SCAN HERE TO REGISTER AND
LEARN MORE!



www.internationalwomensconference.org

NORTH CAROLINA
General Service Committee
OF ALCOHOLICS ANONYMOUS

Chairperson
chair@aanorthcarolina.org

Alternate Chairperson
altchair@aanorthcarolina.org

Area 51 Winter Committee Meeting

March 7-8, 2026

Millenium Hotel Durham
2800 Campus Walk Ave., Durham, NC, 27705

ADVANCE HOTEL INFORMATION

Deadline for Reservations: Monday, February 16, 2026

Group Name: 2026NCGSCM

Room Rates: \$108 + tax

Phone: 919-383-8575, option 2

Link: <https://tinyurl.com/se49dtbz> 

For Best Results:

- **MAKE YOUR RESERVATIONS EARLY!**
- Call as soon as possible prior to the deadline. It's easier to cancel a reservation than to get one at the last minute.
- Please note once the rooms in our block sell out, it's unlikely there will be other rooms left in the hotel.
- The Group Name is 2026NCGSCM.
- For best results, try to call the Millenium Durham Hotel at 919-383-8575 during business hours Monday through Friday. If you call off-hours, you may need to specify that you wish to speak to someone in Reservations.
- Always be sure to get a confirmation number.
- If you have ANY trouble with Room Rate, Availability or ANY ACCESSIBILITY NEEDS, please contact the Area Chairperson, Lindsey H., at chair@aanorthcarolina.org.
- **Thank you for your service and support of Area 51 and see you at the Winter 2026 Committee Meeting!**

Why Staying at Our Host Hotel is Important

A Message from the Area 51 Chairperson

Typically, Area 51 host hotels charge meeting room fees based on the number of guest rooms our attendees occupy. For every Assembly, Committee Meeting and Convention, Area 51 has a contract that specifies the number of guest rooms the hotel will “block” for our use. If we fill at least 90% of our room block, our meeting space is contracted at a reduced rate.

Free meeting space is what Area 51 budgets and what we usually achieve. However, more than once we have come up short and paid a steep price. Our room block is measured in room nights; a room night is one night’s stay in one room. For example, 31 rooms booked for 2 nights each would yield 62 room nights. Given the potential costs to the Area, reservations at the host hotel are extremely important.

During the Site Investigation process, Area 51 makes every effort to negotiate the most favorable room rates possible. Budget hotels don’t have the kind of meeting space we require, and space in higher-end hotels is expensive. But the continued willingness of individuals to attend Area events and booking their rooms at our host hotel is essential in making Area events affordable at all.

So please attend the Area events that you can and stay at the host hotel using the group name. Please consider the slight extra cost as a contribution to Area 51—a small sacrifice for our “common welfare,” which really must come first if we are to continue meeting and working together to fulfill our Primary Purpose as an Area.

“I am responsible...When anyone, anywhere, reaches out for help, I want the hand of AA always to be there. And for that: I am responsible.”

Thank you for your service in Area 51!

WNC Committee of Young People in AA

WNC CYPAA

PI DAY PARTY

SATURDAY, 3.14



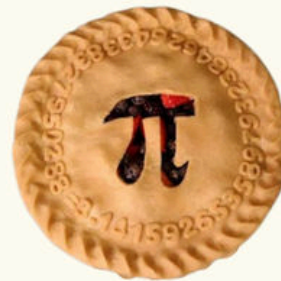
PIZZA PIE PARTY

\$5 suggested donation



PIE IN THE FACE AUCTION

Bidding starts at \$10



BEST PIE BAKE-OFF

Win free campout registration!

4PM | PIZZA & PIE TASTING

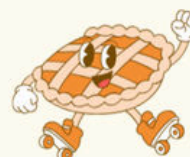
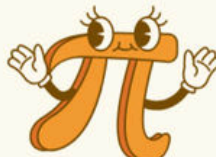
5PM | SPEAKER MEETING

6PM | PIE IN THE FACE

50/50 raffle tickets \$1 • Venmo & PayPal accepted

ACTON UMC • 171 SAND HILL SCHOOL RD • WEST ASHEVILLE

Questions? Email AshevilleYoungPeople@gmail.com



⊠ **37th Annual** ⊠
“FREEDOM FROM BONDAGE”
Area 51 A.A. Corrections Conference



March 20, 21, 22, 2026

**Hampton Inn & Suites
200 Columbus Drive
Aberdeen, NC 28315**



Conference Registration Fee: \$25

[Register and Pay for the Conference Here](#)

Hotel Room Rates:

Standard Room: \$142.00, Suite \$162.00

[Reserve Your Hotel Room Here](#)

- ❖ Inspiring Speakers
- ❖ Informative Panels
- ❖ AA Correctional Archives
- ❖ Area 51 Coordinator Displays
- ❖ Fellowship & Ice Cream
- ❖ All You Can Drink Coffee!

Registration opens at 2:00 pm on Friday



Call Hotel: 910-693-4330

Group Discount Code: CHHFFB

Reserve by February 20 to get Group Rate

For more information:

Email:

corrections@aanorthcarolina.org

Call: (919) 418-9900

----- (Mail In Registration Below) -----

37th Annual Freedom from Bondage

Area 51 A.A. Corrections Conference

Registration rate \$25

Name: _____

City: _____

Email: _____

Correctional Facility You Attend: _____

Are you Willing to Volunteer at FFB? _____

Make checks payable to:
“CFC” and mail to:

Jerry W.
P.O.Box 37654
Raleigh NC 27627

USE YOUR VOICE IN A.A.

**THESE DISCUSSIONS SHAPE THE FUTURE OF A.A.
AND HOW WE CARRY THE MESSAGE**



@ Western PreConference

**CO-HOSTED BY
DISTRICTS 11 AND 21**

GET INSPIRED

WESTERN NC

**SHARE YOUR VIEWS WITH OUR
AREA 51 DELEGATE ON THIS
YEARS GSC AGENDA ITEMS**



**LUNCH
& FORUM
BRING A DESSERT
IF YOU LIKE**

**SATURDAY,
MARCH 28, 2026**

**1ST UNITED METHODIST CHURCH
204 MILLS AVE,
TROUTMAN, NC 28166
12-4PM**

Questions? Reach out to:
Elizabeth P. eliz.p@icloud.com or
Ali S. webmasterdistrict21@gmail.com





SPRING INTO SOBRIETY

SAT 4.25.26

**Longleaf Park
314 Pine Grove Drive
Wilmington, NC 28409
Shelters 5 & 6
10am-3pm**

FREE & SELF SUPPORTING

Your paragraph text

**FEEL FREE TO BRING A
DISH/OR DESSERT
TO SHARE AND
BRING A CHAIR**




Contributions help pay for next year's event and after our prudent reserve, we contribute to Intergroup, our Area/District, and GSO.

SHELTER 5

COFFEE / DESSERTS / GAMES / KID ZONE
9:30am (Recovery Walk Sign In)
10am SIS Recovery Walk
11am AA Gratitude Circle Meeting

SHELTER 6

12noon - Live Music & Food
1:15pm - AA Speakers
2:30pm - 50/50 Raffle, Recovery Countdown, In Memory Of, Serenity Prayer Closing Circle

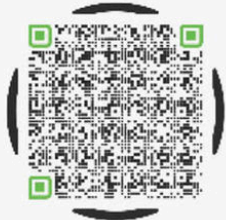
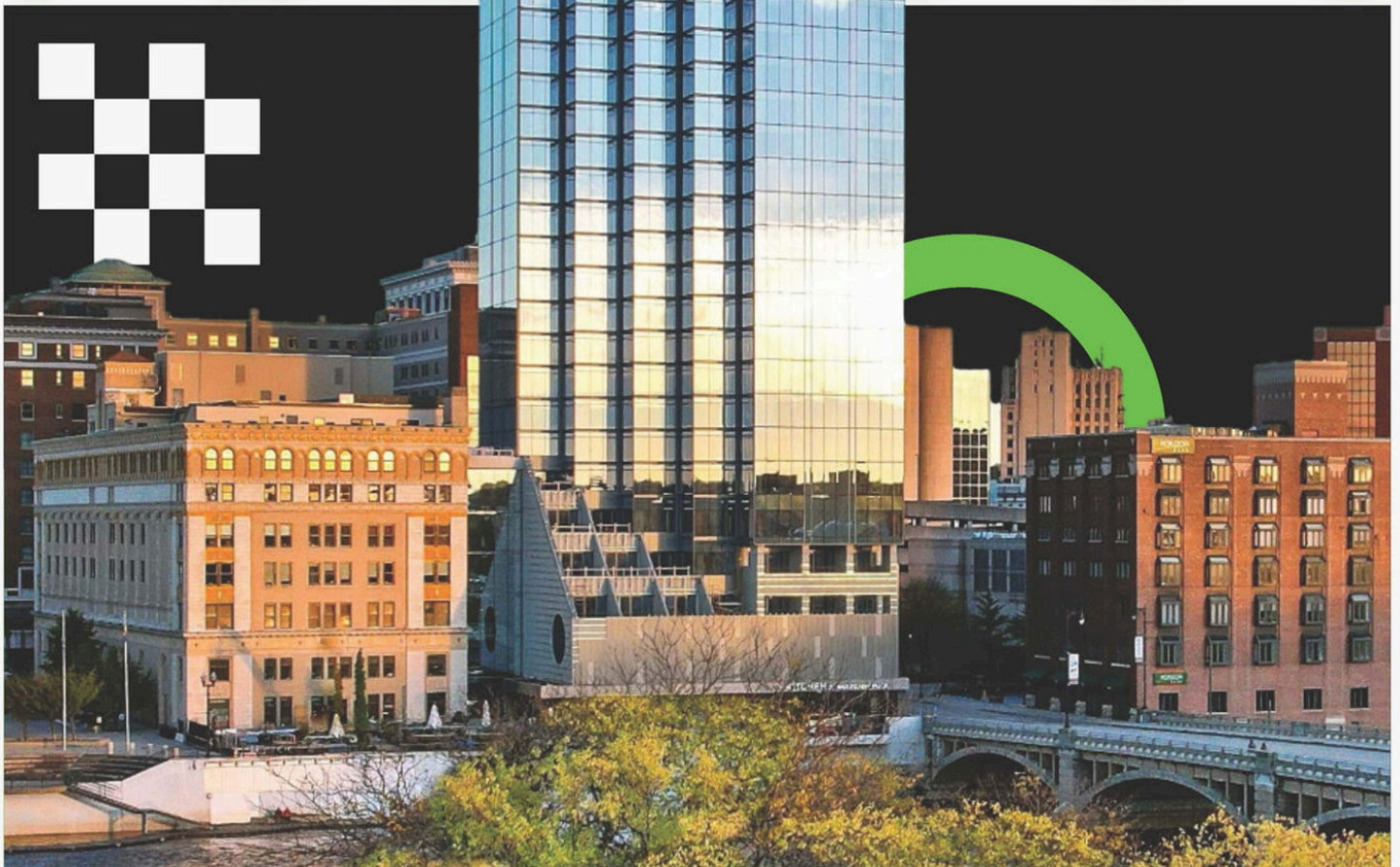


For more details about SIS, the recovery walk, and service volunteer opportunities, Scan the QR code on your phone or visit: springintosobriety.wixsite.com/springintosobriety
Email: springintosobrietyilm@gmail.com



ANNOUNCING:

66TH ICY PAA MICHIGAN



BOOK YOUR ROOM!
[HTTPS://TINYURL.COM/2S3V63DB](https://tinyurl.com/2S3V63DB)

**SEPT
3-6
2026** | **AMWAY
GRAND
PLAZA**



REGISTER NOW!

 187 Monroe Ave NW, Grand Rapids, MI 49503



www.icypaa.org