

Mountain Doin's

May
2026

Serving AA in Western North Carolina's Districts 70, 71, and 80 since 1974

From My Head to My Heart

BY: TERRI R. | FORT WORTH, TEXAS

After years of being dry, a woman in Texas discovers a new hope and freedom by diving back into the Steps.

This past December I decided to visit one of my favorite recovery clubhouses to commemorate 28 years of sobriety. It had been a long time since I was in an AA meeting and even longer since I had worked the Steps with a sponsor. I had done the Steps several times with many sponsors a long time ago. I had been a dry drunk for quite a while.

I originally came into the rooms in 1988, and I stayed sober for almost seven years, in part for my sister, who was also in recovery. During that time, I experienced much chaos in my life, mostly due to my own actions, but I didn't see that at the time. When I finally came back to AA in 1995 I had relapsed three times. I had gotten married and divorced in sobriety, dealt with depression, PTSD, anxiety, bipolar disorder, nightmares and flashbacks. I was in counseling, but during those years I held many jobs, had abusive bosses and relationships, lost pets, homes and cars. I also won awards for volunteering and writing, all while I faced childhood trauma issues such as my mom's alcoholism. Oh, and I had a child.

But as I sat in this meeting chair last December, I simply felt numb. I looked over and saw a blonde woman a few years older than me with a smile on her face and a peace about her that I wanted. Our eyes met and she said hello. I told her I was celebrating my sober birthday and was looking for a new sponsor. She gave me her number. For the first time in a long time, I felt hope.

I've made more progress with her in the last nine months than I have with any sponsor I had before. I thought I had worked the Steps many times, but the truth was, never thoroughly. Not like this. This woman got sober in 1987 and never relapsed, but we had so much in common and I wanted what she had. She taught me that I was powerless over my mom, who had been in active addiction since her 30s and was now in her 80s. Of course I knew that intellectually, but this woman helped me get things from my head to my heart.

I realized deep down that hope is the principle of Step Two. She had me text her five things I was grateful for at the end of each day, and she taught me that if I needed to say the Serenity Prayer up to 20 times a day, then so be it. It seemed like every minute I was having to voice the prayer.

At first I struggled with staying in today—or even in AA. But now I'm here. I started sharing in meetings at least three times a week at my sponsor's suggestion, and I kept my words on topic. I began taking two phone numbers from different ladies in the group and checked on them daily. I began praying for people in meetings who irritated me. I learned to not create more damage in my life and discovered that feeling guilty or ashamed is a choice. My sponsor helped me see that I could tell the committee in my head to take a break as often as needed.

I had homework for the First and Second Steps and wrote down the things I identified with. I began to learn the principles and soon started reading "We Agnostics" in the Big Book daily, also writing down those things I identified with.

Doing the Tenth Step nightly became routine, followed by asking my Higher Power for forgiveness, something I'd never done. I had to practice being honest and asking for a power greater than myself to help me sleep peacefully at night since I had suffered from nightmares since childhood.

Central Office is open
Monday-Friday 10am-1pm

(828) 254-8539
24/7

info@wncaa.org
aancmco.org

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As I'm a person with a quick temper, my sponsor taught me that the next time I start to "go off," to pause then tell her if I was able to allow the anger to pass.

These last nine months have been a true miracle. I have felt like a newcomer all year—in a good way now. I started making amends last month, and I'm starting to feel a certain freedom I've never felt before. I really look forward to being able to pass along what I've learned, which cannot adequately be captured in a couple of pages, but believe me when I say doing the Steps again has been transforming.

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The following position is open on the NCMCO Board (for the remaining 2025-2026 term):

12th Step Call Coordinator

1. Shall have responsibility for maintaining the 12th Step phone call volunteer list.
2. Recruits new volunteers.
3. Work with the Office Manager to keep the 12th Step volunteer list information current.
4. Shall have at least three years of continuous sobriety.

If you are interested in volunteering for this position, contact Central Office: (828) 254-8539; info@wncaa.org or attend the next COR/Board meeting **May 14 at 6:00pm**. See the website for zoom link: <https://aancmco.org/index.php/event/ncmco-general-committee-meeting-zoom-3/>

May Grapevine now available!



How the Steps Changed My Life

The May issue is "How the Steps Changed My Life," featuring powerful stories by AA members about the many ways the Steps improved their sobriety and changed their lives.

<https://www.aagrapevine.org>



AA Members: submit your stories, articles or poems!

Do you have a personal story, a poem or an interesting article you would like to see published in the Mountain Doin's?

Send it to us by the 15th of the month in order for us to include it in the following month's newsletter (i.e. May 15 for the June issue). Stories and articles can be up to about 600 words in length. Please include copyright information if the article contains quotes or portions that have been published in a book (i.e. "Alcoholics Anonymous, 4th edition, page ??") or magazine (i.e. "From the (date) Grapevine")

Submissions can be mailed to: NCMCO, 70 Woodfin Pl, Suite 212, Asheville, NC 28801, or emailed to: news@wncaa.org

If you have any questions, give us a call: 828-254-8539. We look forward to hearing from you!

In Memoriam

Jo Ellen W G, a dedicated member of Good Livers Group, passed away peacefully on December 30, 2025 - just a few days short of her 18th sobriety anniversary - surrounded by her wife and loving family.

Jo Ellen was loved for her wit and warmth at meetings, and was especially known and respected for her enthusiasm for service, and for First Step Meetings - always ready to share her experience, strength and hope when a newcomer appeared.

Jo Ellen's presence at Good Livers' business meetings was valued for her common sense, wisdom and ability to help us stay on topic and quickly get to helpful conclusions.

Outside the rooms, Jo Ellen was a concert-level musician and lover of all arts, as well as being an avid social justice advocate. She was a voracious reader; and deeply committed to her family and friends.

We look for her, and miss her twinkly blue eyes, at every meeting we attend without her.

Call & Visitor Log March 2026

12 Step Calls - 10
General Info - 5
Family Help - 4
Meeting Info - 30
Central Office Business - 59
Medical/Detox - 0
Visitors - 64
After-hours calls - 41



Visits to aancmco.org/ website:


Unique Visitors - 141,118
Total Visits - 161,431 Visits/Visitor - 1.14
Total Pages - 352,067; Pages/Visit - 2.18



COR/NCMCO Board Meeting

COR/Board meetings are held the second Thursday of odd-numbered months. All A.A. members are welcome to attend but only CORs (Central Office Representatives) may vote so we encourage your group to elect a COR. Your input is important to us.


12 Step Call Coordinator Needed!
(See first page of this newsletter for details.)


The next General Committee meeting will be **Thursday, May 14, at 6:00pm**, via Zoom: Meeting ID: 757 855 2319; Passcode: 000000. 

For updated meeting information and Zoom link, check the website: <https://aancmco.org/index.php/events/>

Where to Find Meetings

Printable In-person Meeting Guide 

Meetings in all 3 Districts 

Meetings in District 70 

Meetings in District 71 

Meetings in District 80 

Cash on Hand as of 3/31/2026

Prudent Reserve
\$16,172.09

Operating Account
\$9,845.82

Rent Deposit - \$900.00
Petty Cash - \$50.00

Profit & Loss YTD

	Mar 2026	Jan-Mar 2026 (YTD)
Revenue		
Contributions		
Group Contributions	\$958.24	\$10,562.08
Individual Contributions	\$9.87	\$44.81
Total Contributions	\$968.11	\$10,606.89
Interest on Money Market	\$1.37	\$3.98
Sales Income		
Literature & merchandise	\$2,937.19	\$9,221.98
Shipping charged to groups	\$92.08	\$175.75
Total Sales Income	\$3,029.27	\$9,397.73
Total Revenue	\$3,998.75	\$20,008.60
Cost of Goods Sold		
Cost of Goods Sold		
Credit Card Processing		
PayPal Fee	\$17.82	\$71.98
Total Credit Card Processing	\$17.82	\$71.98
Freight - vendor shipping	\$16.75	\$73.46
Literature & merchandise-COGS	\$2,216.93	\$7,182.66
Shipping to groups	\$81.61	\$185.41
Total Cost of Goods Sold	\$2,333.11	\$7,513.51
Inventory Shrinkage		-\$15.90
Total Cost of Goods Sold	\$2,333.11	\$7,497.61
Gross Profit	\$1,665.64	\$12,510.99
Expenditures		
Accountant fees		\$75.00
Office Supplies		\$73.79
Payroll Expenses		
Gross Salary	\$2,467.20	\$5,734.40
Payroll Taxes (Company)	\$188.73	\$438.66
Total Payroll Expenses	\$2,655.93	\$6,173.06
Rent	\$936.00	\$2,808.00
Telephone & Internet		
Office Telephone/Internet	\$89.08	\$267.24
Virtual Meetings	\$16.99	\$50.97
Web Expenses	\$0.00	\$21.19
Total Telephone & Internet	\$106.07	\$339.40
Total Expenditures	\$3,698.00	\$9,469.25
Net Operating Revenue	-\$2,032.36	\$3,041.74
Net Revenue	-\$2,032.36	\$3,041.74



Contributions

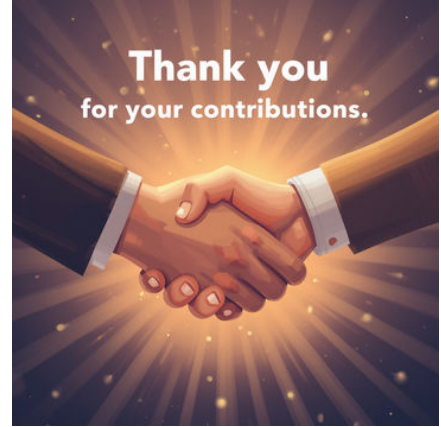
Group Contributions:

	Mar 2026	YTD
12 & 12 Study Group - 000090348		\$30.00
Acceptance Group 000092265		\$475.63
As Bill Sees It Group (Franklin) - 000442480		\$17.47
Big Town Group - 000096080		\$197.95
Brevard AA Online - 000453800		\$283.91
Brevard Serenity Group - 000096758		\$171.10
Bryson City Group - 000097273		\$6.47
Clear Cut Direction Group - 000743652		\$100.00
Conscious Contact Group - 000099980	\$74.72	\$373.53
Cullowhee Valley Group - 000100669		\$120.00
Daily Decisions Group - 000100743	\$313.00	\$313.00
Fellowship Group (Fletcher) - 000104116		\$464.97
Good Livers Group - 000107590		\$600.00
Grace Group (Asheville) - 000107789		\$1,596.42
Hendersonville Group - 000110033		\$375.00
Hey Girl, Surrender Group - 000392207	\$250.00	\$250.00
High Noon Group - 000110266		\$100.00
Joy Of Living Group - 000112527		\$62.40
Let Go Absolutely Group - 000403031		\$150.00
Lost and Found Group 000427291	\$25.22	\$25.22
Mars Hill Group - 000017945		\$225.00
Motley Crew Group - 000390376		\$81.00
New Freedom Group - 000032374		\$431.00
No Name Group (Murphy)- 000036859	\$200.00	\$200.00
Noontime Big Book Study Group - 000409637		\$52.00
Phoenix Group - 000049062	\$69.00	\$192.70
Pine Grove Group		\$250.00
Practicing Principles Group - 000051260	\$26.30	\$26.30
Serenity Service Group - 000068387		\$402.98
Sober Sisters Group (Flat Rock) - 000073208		\$200.50
South Asheville Literature Group - 000075329		\$50.00
Spruce Pine Group - 000077533		\$250.00
St John in the Wilderness Early Bird Grp - 000078454		\$160.00
Strange Camels - Brevard		\$100.00
Surrender Group (Blk Mtn) - 000086090		\$119.50
The Open Meeting Group - 000418805		\$238.20
The Really Big Big Book Group - 000743378		\$45.00
Waynesville Grace Group - 000022141		\$1,328.83
Waynesville Grace Group Tuesday Night		\$50.00
Women of Courage Group - 000036989		\$250.00
Women's Way Group 000513711		\$96.00
Young People's Group - 000042150		\$100.00
Total Group Contributions:	\$958.24	\$10,562.08

Individual Contributions:

	Mar 2026	YTD
Anonymous	\$9.87	\$44.81
Total Individual Contributions:	\$9.87	\$44.81

Total Contributions: \$968.11 \$10,606.89



**You are appreciated!
Your Contributions
are essential for the important
outreach work of our AA Volunteers
and District Office Program
Support!**

How ARE we "Self-Supporting?"

**Suggestions & Addresses for sending
Donations to the A.A. Service Structure***

Revised for 2026

NOTE: New address for District 80

* From the pamphlet "Self-Support: Where Money & Spirituality Mix." Recommendations for other percentages are also in the pamphlet.

NCMCO
70 Woodfin Place
Suite 212
Asheville, NC 28801

General Service Office
Post Office Box 2407
James A Farley Station
New York, NY 10116-2407



NCGSC – Area 51 Treasurer
PO Box 11104
Wilmington, NC 28404

District 70 Treasurer
PO Box 8574
Asheville, NC 28814-8574

District 71 Treasurer
PO Box 202
Hendersonville, NC 28793

District 80 Treasurer
486 Wooten Rd
Franklin, NC 28734

Note: If you think there is a contribution missing from your group total, please let us know. We try our best to get donations listed correctly, but we do make mistakes sometimes and list a donation under the wrong group. As always, we thank you all - AA groups and individual members - for your generous support!



MAY

Special Meetings and Events



**** Denotes District 70, 71 and 80 special meetings and events!**

**** Fireside Sobriety Circle Campout.** May 7-10. Yogi in the Smokies Campground, Big Cove Rd., Cherokee, NC 28719. See flyer or email: firesidesobriety@gmail.com

**** Area 51 Spring Committee Meeting & Assembly Meeting.** May 15-17. Lake Junaluska Conference & Retreat Center, 91 North Lakeshore Dr., Lake Junaluska, NC 28785. For more information see flyer or go to website: <https://tinyurl.com/2zy5bsmf>

7th Annual Appalachian Regional Roundup. May 22-24. Meadowview Conference Resort & Convention Center, 1901 MeadowView Parkway, Kingsport, TN 37660. For more info: <https://www.appalachianregionalroundup.com/>

**** Memorial Day Barbeque.** Monday, May 25. 1:30-6:00 PM. Asheville 12-Step Club. 1 Kenilworth Knoll, Asheville, NC. See flyer.

**** NC District 71 Annual Founders' Day Picnic.** June 6, 12:00 PM. Picnic Shelter, Holmes Educational State Forest, 1299 Crab Creek Rd. #8440, Hendersonville, NC. 28739. See flyer or contact District 71 at: <https://www.nc71.org/contact>

**** District 70 Annual Picnic.** June 7, 12:00 PM. Pavillion 1 at Lake Julian, 30 Lake Julian Rd, Arden, NC 28704. See Flyer or <https://ashevillesaa.org/event/district-70-annual-picnic>

91st Annual Founders' Day. June 12-14. Akron, OH. See flyer and for registration go to: <https://foundersday.org/>

**** NC District 80 Founders' Day Event.** June 13, 11:30 AM - 2:15 PM. First Presbyterian Church, Franklin, NC 28734. See flyer.

**** GLIZYPAA, a WNCCYPAA Hot Dog Event.** June 20, 2:00-5:00 PM. Malvern Hills Park Picnic Shelter. 75 Rumbough Pl, West Asheville. See Flyer.

79th Annual AA NC Convention. July 16-19. Lake Junaluska Conference & Retreat Center, 91 North Lakeshore Dr., Lake Junaluska, NC 28785. For more info: <https://www.aanconvention.com/>

66th ICYPAA Conference. September 3-6. The Amway Grand Plaza Hotel, 187 Monroe Ave NW, Grand Rapids, MI 49503. See flyer or go to website: <https://www.ICYPAA.org>

SERF Southeast Regional Forum 2026. September 18-20. Hilton Raleigh North Hills, 3415 Wake Forest Rd, Raleigh, NC 27609. More info: <https://www.aa.org/regional-local-and-special-forums>

Bridging the Gap - Workshop Weekend. September 25-27. Hilton Garden Inn, 12080 S. Strang Line Road, Olathe, KS 66062. For more info: <https://www.btgww.org/>

NC Area 51 Conferences and Events: <https://aanorthcarolina.org/a51-events/>

INTERNATIONAL WEBSITES FOR MORE INFORMATION, EVENTS AND ARTICLES

GSO in New York: For events around the country and the world, as well as great articles and information, go to: <https://www.aa.org/> and Box 459 Bulletin Board: https://www.aa.org/sites/default/files/newsletters/f-36_winter2026.pdf


AA World Services Board Update: https://www.aa.org/sites/default/files/newsletters/AAWS_Highlight_Dec_2025_V1.pdf

International Conference of Young People in Alcoholics Anonymous (ICYPAA): <https://www.icypaa.org/about-icypaa>



The Service Express

[District 70](#)

GSR Business Meeting – Meetings are held the 2nd Sunday of the month. The next meeting will be **Sunday, May 10, at 2:30pm**. It will be a hybrid meeting, with **Zoom** capability: Meeting ID: 933 8500 3069; Passcode 672458, and an in-person meeting at St Luke's Episcopal Church, 219 Chunn's Cove Rd, Asheville 28805. 

Accessibilities Committee – The Chairperson is Carolyn O. Want to make sure your A.A. group or event is accessible to all? Contact Carolyn at access@ashevilleaa.org for an Accessibilities Checklist. The Accessibilities Committee meets the last Saturday of every month at 4:00pm. Go to the NCMCO website calendar for the Zoom link: <https://aancmco.org/index.php/events/>

Archives Committee – The Chairperson is Dennis H. Do you have organizational skills? Do you like looking through old history and making discoveries? Perhaps you like talking to others and getting their history. Maybe you are interested in collecting and saving documents put out by the district. How would you like to learn how to properly store items for future travelers of the A.A. path? All this is possible by joining the Archives Committee. We meet the first Saturday of the month. There is an in-person meeting at the home of the Chairperson (contact archives@ashevilleaa.org for address). For Zoom, go to the NCMCO website calendar for the Zoom link: <https://aancmco.org/index.php/events/>. We would love to have you do service with the Archives Committee.

CPC/PI Committee – The Chairperson is David. These are two separate service committees – “Cooperation with the Professional Community” and “Public Information”. The CPC Committee visits schools, businesses, and community meetings to speak about A.A. Volunteers for area events are needed for health clinics and DUI classes to name a few. The PI Committee provides accurate A.A. information to the public and media when requested. For more information, contact David at cpc-pi@ashevilleaa.org.

Corrections Committee – Meetings are open in all facilities. We are always looking for new volunteers for all facilities, and we need volunteers for the Pre-Release program (see flyer). This is rewarding 12th Step work, helping those on the inside transition to the outside. The Women's prison in Black Mountain is having an orientation **Monday, June 1, at 6:30pm**. If you would like to volunteer, please contact Liz P. Also, please keep your eyes out for The Pink Can! This is for the Corrections Committee. The donations collected are for literature that we bring to the prisons and jails. For more information about Corrections or to become a volunteer, please contact: Liz P, the Women's Corrections Chair, at: corrections_women@ashevilleaa.org, or preRelease@AshevilleAA.org or Mitch R, the Men's Corrections Chair, at corrections_men@ashevilleaa.org

Literature and Grapevine Committee – The Chairperson is Lynn H. She can be reached at: literature@ashevilleaa.org. The focus of the committee is to ensure that A.A. literature and Grapevines are available to all groups, service meetings, and other A.A. events.

Technology Committee – The Chairperson is George M. If anyone is having trouble getting a hybrid or online-only meeting going, or having technical issues, please reach out to George at: technology@ashevilleaa.org and he can offer support.


[District 70 - continued](#)

Treatment Facilities Committee – The chair position is currently open. The chair is the liaison between AA and the local treatment centers. They oversee volunteers and promote this service; they also are the contact for the treatment center staff. If you are interested in standing for the chair position, show up to the May meeting or contact Tammy (DCM) with questions at: dcm@ashevilleaa.org

“Bridging the Gap” (with treatment facilities) – The Chairperson is Monica. This is a Temporary Contact Program, which is designed to help the alcoholic in a treatment facility make that transition from “inside” the program to life on the “outside”. They particularly need women volunteers. If you are interested in volunteering, please attend the next GSR meeting or contact Monica at bridgingthegap@ashevilleaa.org For more information on Bridging the Gap and upcoming events, visit the website: www.btgww.org 

[District 71](#)

GSR Meeting – held on the 2nd Saturday of the month. The next meeting will be **Saturday, May 9, at 9:30am**, at the Hendersonville Group building, 1624 Willow Rd, Hendersonville, NC 28739. All A.A. members are welcome! They need more volunteers for Henderson County jail.

There is still an opportunity for 2026-2027 service positions as Accessibilities Coordinator and Bridging the Gap Coordinator. If you have questions about any of those positions you can contact Mary Jo, the new District 71 DCM, by email: nc71aa@gmail.com or through the District 71 website: <https://www.nc71.org/contact>  Service is one of the Three Legacies of AA.

[District 80](#)

GSR Meeting – held quarterly. The next meeting will be on **Sunday, July 12, at 1:30pm**. All GSRs are encouraged to attend and share their Group's experience, strength and hope.

This will be a hybrid meeting with Zoom capability as well as an in-person meeting. The in-person location will be on the WCU Campus at 245 Memorial Dr, Room 336 (Cherokee Rm). They will be using the WCU Zoom system; the meeting ID will be provided on the invite emailed to participants before meeting; no password required. Check their website for meeting updates and links: <https://aawnc80.com/>

Does Your Group Have a New GSR or Alt GSR?

District Registrars keep GSO informed of group changes. Contact your group's District Registrar by email or through the District website:

District 70: Email: registrar@ashevilleaa.org

District 71: Use the form at: <https://www.nc71.org/meeting-change-form>

District 80: Email: webmaster@aawnc80.com

NOTE to all District DCMs and Committee Chairs:

Please send updates that you would like included in the next issue of the Mountain Doin's. If possible, we would like to have the information by the 15th of the month, but no later than the 25th. Email: news@wncaa.org. Much appreciated!





Happy Anniversary!

Acceptance Group

Tanya D.	5-01-2023	3 yrs
John M.	5-05-2024	2 yrs
Ed M.	5-14-2022	4 yrs
Matt V.	5-15-2022	4 yrs
Mike A.	5-19-2011	15 yrs
Sam S.	5-24-2022	4 yrs
Jennifer E.	5-26-2013	13 yrs
Mary Jane F.	5-29-2013	13 yrs
Jeff C.	5-27-2020	6 yrs
Ed Z.	5-30-1982	44 yrs
Mike K.	5-03-1994	32 yrs

Around the Room Group

Phillip K.	5-28-2011	15 yrs
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Back to Basics Grp - Weaverville

Elliot M.	5-08-2017	9 yrs
Natasha	5-13-2018	8 yrs
Doug C.	5-20-2014	12 yrs

Black Mountain Group

Ed A.	5-18-2022	4 yrs
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Conscious Contact

John Paul	5-01-1984	42 yrs
Katrinka S.	5-04-2007	19 yrs
Lisa S.	5-06-2019	7 yrs
Caren B.	5-09-2021	5 yrs
James B.	5-10-2020	6 yrs
Mary R.	5-11-2011	15 yrs
Laura C.	5-14-2021	5 yrs
Ed M.	5-15-2022	4 yrs
Damon D.	5-15-2017	9 yrs
Kelly J.	5-19-2022	4 yrs
George B.	5-25-2000	26 yrs
Patti S.	5-29-2021	5 yrs

Cumberland Group

John R.	5-03-2016	10 yrs
Rusty M.	5-10-1983	43 yrs
Tom H.	5-27-2006	20 yrs
Beth H.	5-28-2012	14 yrs

Daily Decisions Group

Tobias E.	5-01-2014	12 yrs
Jenna Y.	5-03-2024	2 yrs
Patsy	5-06-2021	5 yrs
Marcos C.	5-08-2019	7 yrs
Heather W.	5-12-2020	6 yrs
Joe S.	5-13-2007	19 yrs
Bryn H.	5-30-2023	3 yrs

Fellowship Group

Michael A.	5-08-2018	8 yrs
Jennifer L.	5-10-2022	4 yrs
Ford K.	5-19-2024	2 yrs
Jill P.	5-22-2024	2 yrs
Susan S.	5-27-1988	38 yrs
Shannon P.	5-31-2020	6 yrs

Fireside Group

Amy J.	5-05-2023	4 yrs
Matt H.	5-07-1989	38 yrs
Deborah R.	5-27-1985	42 yrs
Helena D.	5-27-2025	2 yrs

Good Livers

Larry	5-01-2016	10 yrs
Deborah R.	5-05-2022	4 yrs
Christine G.	5-07-2000	26 yrs
Marianna	5-09-2011	15 yrs
Bruce K.	5-11-1998	28 yrs
Laura Marie	5-14-2021	5 yrs
Betty G.	5-17-2017	9 yrs

Grace Group

Erin C.	5-05-2017	9 yrs
Danny D.	5-08-2006	20 yrs
Arlie S.	5-12-2012	14 yrs
Pete S.	5-15-1977	49 yrs
Dave B.	5-17-1987	39 yrs
Laura H.	5-18-2021	5 yrs
Ed H.	5-20-2005	21 yrs
Lorin K.	5-23-2019	7 yrs
Charles W.	5-24-1997	29 yrs
Stephan A.	5-24-2021	5 yrs
Shirley E.	5-27-1985	41 yrs
Mark T.	5-28-2019	7 yrs
Kerry S.	5-29-2009	17 yrs
Garrett C.	5-30-1993	33 yrs
Mike H.	5-30-2015	11 yrs
Sarah Mc.	5-30-2016	10 yrs

Hendersonville Group

Clay T.	5-03-2024	2 yrs
Cheyenne I	5-22-2024	2 yrs
John L.	5-29-1994	32 yrs

Hendersonville Men's Group

David L.	5-07-1991	35 yrs
Gary C.	5-07-1992	34 yrs
Mike M.	5-13-2020	6 yrs
Linn B.	5-15-1996	30 yrs
David C.	5-23-2021	5 yrs

Hey Girl, Surrender Group

Vanessa C.	5-11-2022	4 yrs
Mira S.	5-17-1993	33 yrs
Elizabeth M.	5-18-2003	23 yrs
Stacey W.	5-21-2015	11 yrs
Juliana G.	5-25-2018	8 yrs

Lambda Group

Brad B.	5-01-1996	30 yrs
Emily S.	5-04-2010	16 yrs
Gerri F.	5-09-2005	21 yrs
Sarah H.	5-10-2021	5 yrs

Library Group

Michael B.	5-09-1986	40 yrs
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Mars Hill Group

BJ T.	5-11-1989	37 yrs
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Motley Crew/Columbus

Andrew D.	5-15-2014	12 yrs
Brock	5-28-1991	35 yrs

Out to Lunch Bunch

Beth N.	5-12-1997	29 yrs
Mark M.	5-14-1986	40 yrs
Reed O.	5-18-1986	40 yrs
Mark T.	5-25-2012	14 yrs

Phoenix Group

Roger D.	5-13-2001	25 yrs
Anny B.	5-17-1988	38 yrs

Practicing Principles Group

Paula B.	5-11-2001	25 yrs
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Serenity Service Group

Corey F.	5-03-2017	9 yrs
Dylan H.	5-05-2017	9 yrs

Surrender Group - Black Mountain

John M.	5-09-1991	35 yrs
Ed A.	5-18-2022	4 yrs
Steve S.	5-27-2017	9 yrs

The Open Meeting Group

Graham G.	5-15-2014	12 yrs
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Total Surrender Group

Rick C.	5-02-2019	7 yrs
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Waynesville Grace Group

Cathy S.	5-06-1996	30 yrs
Zack M.	5-08-2014	12 yrs
Rachelle S.	5/19/93	33 yrs
Brittany W.	5/31/25	1 yr



Need to update your Group's anniversary list?

Call Central Office: (828) 254-8539, or send a new list to: info@wncaa.org

The June newsletter deadline for sending in anniversaries and announcements is May 20.



Does your group have a

COR?

(Central Office Representative)

**What are Central Office Representatives and
What are their Duties?**

Central Office Reps (CORs) and their relationship with Central Office are similar to General Service Reps (GSRs) and their relationship to A.A. General Service Districts. CORs are responsible for voting their group's conscience at COR/Board meetings and for bringing to the NCMCO Board any concerns of their home group.

In addition to this, CORs keep their groups informed about what Central Office is doing. They participate in the bimonthly COR/Board meetings on the 2nd Thursday of odd-numbered months (January, March, May, July, September, December) where they share their home group's experiences in carrying the A.A. message and express how they feel NCMCO might better serve the A.A. community in Western North Carolina.

The NCMCO Board is interested in your feedback. Take our inventory!
What are we doing well? What can we improve upon?
How can we serve Districts 70, 71 and 80 more effectively?
What might we do to draw more participation from groups?

Please send your feedback to: info@wncaa.org

Better yet, attend the next bimonthly COR/Board meeting on Zoom.

See the Central Office website for more details:

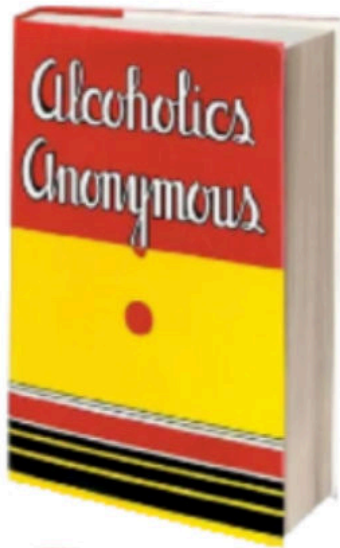
<https://aancmco.org/index.php/events/>

Now Available at Central Office

70 Woodfin Pl., Ste 212
Asheville, NC 28801
10 AM to 1 PM Mon-Fri
(828) 254-8539 24/7/365

A reduction to our List Price of the collectible facsimile First Edition Big Book

September 12, 2025



Dear A.A. Friends,

We are delighted to announce the reduction of the List Price for the beautifully produced facsimile First Edition of *Alcoholics Anonymous*, which was first produced in celebration of the 75th Anniversary of the Big Book in 2014.

**ALCOHOLICS ANONYMOUS
FACSIMILE FIRST PRINTING OF THE
FIRST EDITION (Item B-0) is now
priced at \$2 USD, for the foreseeable
future!**

Since its initial release, hundreds of thousands of A.A. members have enjoyed owning this commemorative edition, and our recent efforts to continue a steady stream of distribution of copies from our inventory of the initial print run have been met with much enthusiasm from the Fellowship around the world!

Intergroups, central offices, areas, groups and international GSOs, as well as individual A.A. members alike have given us oodles of positive feedback on our periodic Special Offers, price discounts and sales that include this title, and reception for the bundling of this edition in our giftable "A.A. History Shelf" (4 volumes, Item B-33) has also been popular.

It is our hope that with this "permanent" price break, A.A. members everywhere will be able to enjoy adding this landmark edition to their collections.

And, it goes without saying, *this book makes a great gift for the holidays, for A.A. anniversaries, and other milestone occasions.* Now at a very affordable List Price!

PreRelease Program

The purpose of this program is to connect the incarcerated AA member with Alcoholics Anonymous in their community upon their release.

VOLUNTEER RESPONSIBILITIES

1. Make initial contact with the inside AA member via correspondence within two weeks of being matched, and maintain communication with inside AA member through their release.
 - All correspondence is routed through the District 70 PO Box, not through your personal home / mailing address. See separate flyer with more details.
2. Arrange to meet the inside AA member upon their release.
3. Take the inside AA member to an AA meeting within 24-48 hours of release. It is suggested that the first meeting be viewed as a Twelfth Step call, thus taking another AA member with you.
4. You and a friend take them to 3-6 AA meetings. During this time, you help them get acquainted, get phone numbers, and perhaps locate a sponsor and a home group.
5. Review the PreRelease Program with the ex-inmate to avoid misconceptions of what this program does and does not do.

WHAT volunteers are NOT:

1. Responsible for the member's attitude or actions in or out of meetings.
2. Responsible for carrying the alcoholic, as in DO NOT:
 - a. loan money or any thing of value
 - b. become a personal taxi service
 - c. have an emotional or romantic interlude
3. Intended to become the released person's sponsor. You assist with the transition into the AA fellowship and onto the broad highway of recovery through the AA program.

It is suggested that the AA volunteer has completed the Twelve Steps and/or one year of continuous sobriety.

Would you like to know more or get involved? Contact PreRelease at:

PreRelease@AshevilleAA.org

District 70

Attn: PreRelease

PO Box 8574

Asheville, NC 28814-8574

DISTRICT 70 CORRECTIONS

DISTRICT 70 AA TREATMENT COMMITTEE INVITES YOU

...to serve on and work your 12th step.

**Do you want to help with ongoing Service Commitments
to bring meetings into Treatment Facilities?
Or share your story and use the wreckage of your past to help others?**

Become a Volunteer with us!

**Treatment Positions at the Group Level as well!
Would you like to attract more Newcomers to your Group?
Ask your GSR about us or invite us to your business meeting to learn more...**

Questions? Or to participate, please contact Anna B:

Treatment@ashevilleAA.org

Current Needs:

Transformation Village (women): Join us for the Monday meeting

First Step Farm (women): Speakers on Tuesday

**ADATC: Speakers and ongoing Service Commitments to facilitate meetings
on Tuesdays & Thursdays**

**Costello House (men): Speakers and ongoing Service Commitments to
facilitate meetings on Wednesdays**

**Neil Dobbins: Speakers and ongoing Service Commitments to facilitate
meetings on Fridays & Saturdays**

Resource Flyer

Courtesy of District 70's Literature/Grapevine subcommittee



Did you know that we have a local store at our AA Central Office for literature, coins, newcomer pamphlets, etc.?

Did you know that the AA Grapevine now has an app where you can access articles, track sober time, keep in check with a daily spiritual maintenance checklist and gratitude list, access the AA Grapevine YouTube channel, and so much more?

These resources may be helpful to your own sobriety or may be great gifts for anniversaries. The QR codes below can help you easily find the resources you need. They support our local AA and all of us! Just point your camera at the QR code and click the yellow link that pops up! Enjoy and thank you for your support!

Grapevine App (iPhone)



Grapevine Website



Grapevine App (Android)



Mountain Central Office



NC Area 51



AA.org



FIRESIDE SOBRIETY CIRCLE



STRENGTH

KINDNESS

HONESTY

SHARING



CAMPOUT

May 7-10, 2026

YOGI in the SMOKIES CAMPGROUND

BIG COVE ROAD, CHEROKEE, NC

Bring your CHAIRS, CAMPING GEAR, WARM CLOTHES, BLANKETS, Rain gear, SPONSOR/SPONSEES... and your POW WOW REGALIA..!

Contact: Herb W. at firesidesobriety@gmail.com

Registration begins Thursday after the Sacred Fire is lit!

NO PETS in Food Serving/Eating area, Pow Wow, or Sacred Fire Area

NO PETS AT TENT SITES

~NA/AA/Al-Anon Speakers~
Talking Circles ~ Native Teachings
~Meetings, Meetings, Meetings~
~T-shirts / Sweatshirts~
~SOBRIETY Pow Wow~
~Sobriety Countdown~
"MUCH MORE"

PRE-REGISTRATION: \$55 per PERSON (kids under 10 are FREE, 11-12y/o \$15, and 13-18 \$20). \$60 at the Gate
Price includes food and tent/camper site for three (3) nights **EARLY REGISTRATION ENDS May 1, 2026**

NAME(S): _____

ADDRESS: _____

EMAIL(S): _____ / _____

PHONE #: H) _____ (C) _____ (C) _____

In Party: _____ Amount Enclosed: _____

Cut & Mail Registration Form by May 1st
With Checks Made Payable to: Fireside Spring 2026

FIRESIDE CIRCLE
c/o Herb W.
PO Box 2015
Cherokee, NC 28719

Area 51 Spring Committee & Assembly Meeting

May 15-17, 2026

LAKE JUNALUSKA CONFERENCE & RETREAT CENTER
91 North Lakeshore Drive, Lake Junaluska, NC 28745

ADVANCE HOTEL INFORMATION

Deadline for Reservations: Tuesday, April 14, 2026

Group Name: NCGSCAA Assembly Meeting

Link: <https://tinyurl.com/2zy5bsmf> 

Terrace Hotel Room Rates: \$159.00 Single/Double, \$179.00 Triple, \$199.00 Quad

Lambuth Inn Room Rates: \$149.00 Single/Double, \$164.00 Triple, \$179.00 Quad

11% room tax will be added.

PLEASE SEE PAGE 2 FOR INFORMATION ABOUT THE DIFFERENT LOCATIONS AND THE MEAL PLAN

Phone: 800-222-4930, ext. 1

Website: www.lakejunaluska.com 

For Best Results:

- PLEASE MAKE YOUR RESERVATIONS EARLY!!!
- Call as soon as possible but before the deadline. It's easier to cancel a reservation than to get one at the last minute!
- Please note, once the rooms in our block sell out, it's unlikely there will be other rooms left in the hotel.
- Specify the group name "NCGSCAA Assembly Meeting."
- Be sure to get a confirmation number.
- If you have ANY trouble with Room Rate or Availability, please contact Lindsey H., the Area Chairperson, at chair@aanorthcarolina.org.

**Thank you for your service and support of Area 51.
See you at the Spring Committee and Assembly Meeting!**

Additional Information for our stay at Lake Junaluska:

- **Accessibilities:** The Terrace Hotel is across the street from our meeting venue in the Harrell Center; the Lambuth Inn is farther away. It is a 10- to 15-minute walk between Lambuth and Harrell, involving a long hill. There may or may not be a trolley or mini shuttle, depending on availability. **The Terrace Hotel is the more accessible location.**
- **Optional Meal Plan:** If you would like to eat on site, there is a meal plan available. The options are: 3 meals for \$53.50 + tax/service fees (Sat Lunch, Sat Dinner; Sun Breakfast) or 5 meals for \$89 + tax/service fees (Fri Dinner; Sat Breakfast, Lunch, Dinner; Sunday Breakfast). You will need to order the meal plan when you make your reservation. There will not be tickets available onsite the weekend we are there.
- **Check in/Check out:** Check in will be available at 4:00 PM on the arrival day at the **Bethea Welcome Center located at 91 N Lakeshore Drive** (first building on your left as you enter from Highway 19); check out will be at 11:00 AM on the departure day.
- The discounted room rates are available for two days pre and post our event, based on availability, if you would like to plan a long weekend in the mountains.
- **Commuters:** For people attending our meeting, but not staying at Lake Junaluska, there is a \$5.00 per person per day commuter fee.
- **Cancellations:** There will be a \$30.00 per person charge for cancellations occurring more than 15 days prior to arrival. No refunds will be given for cancellations occurring within 15 days of arrival.

Why staying at our host hotel is important:

The hotels that host Area 51 events typically charge for meeting space based on how many guest rooms our attendees occupy. For every Assembly, Committee Meeting, and Convention, Area 51 has a contract that specifies the number of guest rooms the hotel will “block” for our use. If we fill at least 85% of our room block, our meeting space is *discounted about 60%*. Otherwise, the Area will be charged for rooms until we reach the 85% threshold. Free meeting space is what Area 51 budgets and what we usually achieve. However, more than once we have come up short and paid a steep price.

Area 51 makes every effort to negotiate the most favorable room rates possible. But budget hotels don’t have the kind of meeting space we require, and space in larger venues is expensive. The willingness of individuals to attend Area events and to book their rooms at our host hotel is essential in making Area events affordable at all. So please attend the Area events if you can and stay at the host hotel using the group code and name whenever possible. If there is an extra cost, please consider it as a contribution to Area 51—a small sacrifice for our “common welfare,” so we can continue meeting and working together to fulfill our Primary Purpose as an Area.

“I am responsible...When anyone, anywhere, reaches out for help, I want the hand of AA always to be there. And for that: I am responsible.”

Thank you for your service in Area 51!



Appalachian Regional Roundup

MAY 22-24 2026

KINGSPORT, TN

Speakers

Ralph W- Los Angeles, CA

Sheldon F- Las Vegas, NV

Jimmy A- Jersey Shore, NJ

Danny B- Spring, TX

Steve L- Nashville, TN

Aaron Z- Molalla, OR

Nancy B- Denton, TX

June G- Oxnard, CA

Cyndi M- Louisville, KY

Sue L- Pittsburgh, PA

Meadowview Conference Resort
& Convention Center

1901 Meadowview Parkway

Kingsport, TN 37660

Room Rate \$136.00

Call Or Visit Our Website To Book
423-578-6600

Make check or money order
payable to Appalachian Regional
Roundup & mail to:
P.O Box 7494
1001 N. Eastman Rd
Kingsport, TN 37664

For more information:
Call Brittny H: 423-523-1368

or visit our website at

www.appalachianregionalroundup.com



Pre-registration is \$30 before May 13, 2026 &
registration is \$35 at the
door. Online registration is
available at www.appalachianregionalroundup.com

Seventh Annual Appalachian Regional Roundup

Name: _____

Address: _____

City: _____

State: _____ Zip: _____

Phone: _____

Email: _____

Name: _____

Address: _____

City: _____

State: _____ Zip: _____

Phone: _____

Email: _____

Scholarship Contribution: \$ _____

(Lend A Hand To Those Unable To
Pay The Registration Fee)

Number Of Registrations: _____ Total: \$ _____

MEMORIAL DAY BARBEQUE

MONDAY, MAY 25, 2026

1:30-6:00PM

AVL 12 STEP CLUB

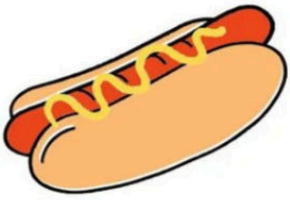
PLEASE BRING FRIENDS,
FAMILY AND A SIDE DISH

JOIN US IN FELLOWSHIP

1 KENILWORTH KNOLL

ASHEVILLE, NC





NC District 71

Annual Founders' Day Picnic

Saturday, June 6, 2026 @12:00 PM
(Set up at 11)

At the Picnic Shelter
Holmes Educational State Forest
1299 Crab Creek Rd. #8440
Hendersonville, NC 28739

Bottled water, hamburgers & hotdogs provided. If you prefer another beverage, please bring it!

Bring a side dish or dessert to share!

CARPOOL & bring a lawn chair, too!

To volunteer, contact the Events CO at <https://www.nc71.org/contact>



ALCOHOLICS ANONYMOUS | DISTRICT 70



ANNUAL PICNIC

GOOD FOOD! GOOD PEOPLE! GOOD TIMES!

Speaker meeting after lunch

BBQ lunch on us

Bring a dish to share

**Bring your best homemade
dessert and enter the bake-off!**

SUNDAY JUNE 7TH

LUNCH AT 12PM

SPEAKER AT 1PM

PAVILLION 1 @ LAKE JULIAN

37 LAKE JULIAN RD

ARDEN, NC 28704





91st Anniversary of Alcoholics Anonymous

June 12, 13, & 14, 2026 | Akron, Ohio | Birthplace of A.A.

Please treat each meeting at Founders' Day as your own home group.

ABSOLUTES

AS A SAFETY MEASURE, THE UNIVERSITY OF AKRON HAS IMPLEMENTED A CLEAR BAG POLICY FOR ALL FOUNDERS' DAY MEETINGS AND EVENTS. Approved bags include clear plastic, vinyl or PVC bags that do not exceed a size of 12 inches wide by 12 inches high and 6 inches deep. Other approved bags include one-gallon clear plastic freezer bags (Ziploc bag or similar), medical bags and small clutch bags approximately the size of a hand, with or without a handle or strap. Prohibited bags include backpacks, binocular cases, camera cases, fanny packs, large-printed bags, mesh bags, purses and tinted plastic bags. Again, this policy applies to ALL Founders' Day meetings and events. CLEAR BAGS WILL BE AVAILABLE ONSITE. MORE INFORMATION AVAILABLE AT WWW.FOUNDERSDAY.ORG.

All pre-registration packets must be picked up by 6:00 p.m. Saturday. **NO EXCEPTIONS!**

Registration opens 8:00 a.m. Friday and Saturday. Picture I.D. is required.

2026 Name badges & ribbons must be worn **ON CAMPUS** and for admittance to all meetings.

NO EXCEPTIONS!

All rooms, buildings, and stadium at The University of Akron are non-smoking.

NO VAPOR/E CIGARETTES permitted in ANY building.

Handicapped parking will be strictly enforced.

University police will ticket and tow all unauthorized vehicles parking in handicap spaces.

Violators will incur a fine of \$250

No animals or campfires allowed in R.V. area.

NO ANIMALS ON CAMPUS, POLICE WILL ENFORCE.

NO hover boards, skateboards, or roller blades permitted on campus.

No motorcycles allowed on the grass.

No beach balls at any meeting.

The Sunday morning motorcade to Dr. Bob's grave site is a conference event and as such, you must be registered to participate.

Credit cards will now be accepted for both onsite registration and in the literature room.

SPECIAL NEEDS

All meetings are wheelchair accessible.

Wheelchairs are not available on campus. You may bring your own.

Please contact the Founders' Day Committee with any special needs by May 15, 2026.

ACCOMMODATIONS

No incoming calls accepted at dorms.

No entry to RV sites until 8:00 a.m. on Friday morning. A permit is required prior to set-up.

No camping tents allowed.

FOR THE SATURDAY NIGHT BIG MEETING, WE WILL ALL BE UNITED TOGETHER ON THE WEST SIDE ONLY IN THE UNIVERSITY OF AKRON INFOCISION STADIUM. STADIUM WEATHER CONTINGENCY PLAN - SEE WEB SITE. NO BEACH BALLS!

THIS IS AN OPEN AIR STADIUM SO PREPARE ACCORDINGLY.

**NO REFUNDS FOR BASIC REGISTRATION.
\$35.00 FEE FOR ALL PACKAGE PLAN CANCELLATIONS!**

FOUNDERS' DAY 2026



Founders' Day Herald

91st Anniversary of Alcoholics Anonymous

June 12, 13, & 14, 2026 | Akron, Ohio | Birthplace of A.A.

FRIDAY ACTIVITIES

A.A. 12 Step Panel • 10:00 a.m. - 10:00 p.m.
Discussion of One Step Per Hour
Chaired by: Karen K.

A.A. Early Bird Meeting* • 3:00 p.m.
Tom H. - Akron, OH
"Stepping Out Of The Grave"
Chaired by: Doug P.

Actors Guild Play • 5:00 p.m. & 7:30 p.m.
"Six Tips To Surrender"

A.A. Speaker Meeting* • 7:00 p.m.
Beth H. - Garden City, SC
"From I Got To" To "I Get To"
Chaired by: Greg E.

Serenity Singers • 8:00 p.m. - 9:00 p.m.

A.A. Speaker Meeting* • 9:00 p.m.
Aaron Z. - Molalla, OR
"God Is Love"
Chaired by: Aaron K.

Junta en Español • 9:30 p.m. - 11:00 p.m.
Orador: Psicologo Carlos Escamilla
Tema: Las Heridas Del Alma

The Last Call Discussion • 11:00 p.m. - 1:00 a.m.

Actors Guild Play • 12:00 p.m. & 2:30 p.m.
"Six Tips To Surrender"

A.A. & Al-Anon Dual Lead* • 12:30 p.m.
Speakers - David & Mary Ellen Y. - Rossiter, PA
"Never Give Up"
Chaired by: Jane M.

Junta en Español • 1:00 p.m. - 3:00 p.m.
Orador: Psicologo Carlos Escamilla
Tema: Despertar Espiritual

A.A. Speaker Meeting* • 2:00 p.m.
Carla R. - Tujunga, CA
"Spiritual Awakening/Human Experience"
Chaired by: Karen K.

The History of Our Big Book • 4:00 p.m.
Presented by: Gail L. - Akron, OH
Chaired by: Doug P.

A.A. Speaker Meeting* • 8:00 p.m.
Tom T. - Staten Island, NY
"The Most Satisfactory Years of Your
Existence Lie Ahead"
UA Infocision Stadium**
Chaired by: Juanita W.

****Stadium Weather Contingency Plan
for Saturday Night - See Web Site**

DANCE! DANCE! DANCE!
10:00 p.m. - 1:00 a.m.
Saturday Night

SUNDAY ACTIVITIES

MOTORCADE TO DR. BOB'S GRAVE*
7:30 a.m.
Motorcycle procession and graveside
memorial tribute to Dr. Bob & Anne S.
Kevin G. - Massillon OH
Chaired by: Greg E.

A.A. Spiritual Panel Meeting • 9:00 a.m.
Topic: "We Stood At The Turning Point"
Jimmy R. - Akron, OH
Annamarie T. - Naples, FL
Greg K. - Brooklyn, OH
Chaired by: Mary K.

A.A. Closing Speaker Meeting* • 10:30 a.m.
Harold L. - St. Louis, MO
"When Opportunity Meets Preparation,
God Will Do The Introductions"
Chaired by: Tony T.

AL-ANON

FRIDAY ACTIVITIES

Al-Anon Speaker • 1:00 p.m.
"History of Family Groups"
Vannoy S. - Denton, TX
Chaired by: Christina

Al-Anon Panel • 2:30 p.m.
Topic: "Two Programs, One Journey"
Larry V. - Kinsman, OH
Jack H. - Westlake, OH
Steve L. - Akron, OH
Chaired by: Susan

Al-Anon Sing Along • 4:00 p.m.

AL-ANON

SATURDAY ACTIVITIES

Al-Anon Daily Reader • 9:00 a.m.
"Page of the Day And Meditation"
Chaired by: Bonny

Alateen Panel • 10:00 a.m.
"Our Future of Recovery"
Chaired by: Gina S.

A.A. & Al-Anon Dual Lead* • 12:30 p.m.
Speakers - David & Mary Ellen Y. - Rossiter, PA
"Never Give Up"
Chaired by: Jane M.

Al-Anon Long Timers Panel • 3:00 p.m.
Topic: "Ask a Basket"
Regina - Cleveland Hts, OH
Martha G. - Pittsburgh, PA
Pat A. - Dover, OH
Vannoy S. - Denton, TX
Chaired by: Lynda M.

Al-Anon Speaker • 5:00 p.m.
Gordy B. - Seattle, WA
"Overcome Control Issues"
Chaired by: Jim K.

REGISTRATION

UA STUDENT UNION

CREDIT CARDS ACCEPTED!

Friday 8:00 a.m. - 10:00 p.m.
Saturday 8:00 a.m. - 6:00 p.m.

Registrations must be picked up by
6:00 p.m. Saturday - **NO EXCEPTIONS!**

Package Plans must be picked up at designated
dormitories. Check confirmation letter or e-mail.

Coffee & Fellowship Room Student Union

A.A. Literature Sales

Friday 8:00 a.m. - 8:00 p.m.
Saturday 8:00 a.m. - 5:00 p.m.

CREDIT CARDS ACCEPTED!

* A.S.L. INTERPRETER

SATURDAY ACTIVITIES

Bus Tours of Historic A.A. Sites
9:00 a.m. - 4:00 p.m.
2 buses continuously - Bierce Circle

A.A. Archives
Located in Akron Intergroup Office
(Stop on bus tour)

The 12 Traditions • 9:00 a.m.
Bob D. - Las Vegas, NV
Chaired by: Jeanne R.

Grapevine Meeting • 10:00 a.m. & 3:00 p.m.
Grapevine And LaVina
"AA's Multimedia Message"
Presenter: Chris C.

Junta en Español • 11:00 a.m. - 12:00 p.m.
Taller De La Vina

A.A. Long Timers Panel* • 11:00 a.m.
Topic: "A Design For Living"
Lillie H. - South Portland, ME
Avery M. - Atlanta, GA
Beth F. - Akron, OH
Chaired by: Jeanne R.



**CLEAR BAGS REQUIRED
SEE INSIDE FOR MORE INFORMATION**

FOUNDERS' DAY IS A SERVICE OF THE AKRON AREA INTERGROUP COUNCIL OF A.A.

Name badges & ribbons must be worn for admittance to all meetings — NO EXCEPTIONS!

Founders' Day Registration Form | online at www.foundersday.org



Everyone must be registered, including children. All registrations must be postmarked by May 15, 2026 . NO EXCEPTIONS!

Name (please print clearly) _____

Address _____ City _____ State _____ Zip _____

Phone (_____) _____ E-mail address* _____

* If you provide an e-mail address, you will get confirmation via e-mail only!

Check for special needs - handicapped.
Handicapped parking will be strictly enforced.

Hearing Impaired- ASL Interpreter Requested
All beds are at a fixed height of 42 inches. The University of Akron **CANNOT** adjust bed height.

***INDIVIDUAL FORMS
REQUIRED FOR EACH
PACKAGE PLAN***

Onsite registration closes at 6:00 pm Saturday, NO EXCEPTIONS!

Basic Registration \$45 x QTY = \$ _____ TOTAL

(Basic Registration will be \$45 on site conference weekend)

INCLUDES ADMISSION TO ALL MEETINGS.

MUST have a picture I.D. for pickup.

Package Plan A \$350 = \$ ONE ONLY

Sex: M F

BASIC REGISTRATION INCLUDED.

Includes admission to all meetings, meals, room, and bus tour.

Report directly to designated dormitory to pick up weekend package and room key.

You must have a picture I.D. to pick up your reservation package.

All rooms and buildings at the university are non-smoking.

Package Plan B \$250 = \$ ONE ONLY

Sex: M F

BASIC REGISTRATION INCLUDED.

PLAN B DOES NOT INCLUDE MEALS.

Includes all items in Package Plan A *except* meals.

Rooming with: _____

MEALS

QTY

TOTAL

Meals can be purchased through Pre-Registration Only. NOT available for purchase at the event.

SATURDAY Breakfast \$25 x _____ = \$ _____

Lunch \$30 x _____ = \$ _____

Dinner \$40 x _____ = \$ _____

SUNDAY Breakfast \$25 x _____ = \$ _____

SPECIAL DIETARY NEEDS — Diabetic Vegan Vegetarian Gluten-Free

MOTORHOME SITE FEES

QTY

TOTAL

NO TENT CAMPING!

RV Site Tag \$40 x _____ = \$ _____
(no hook-ups available) per site/whole weekend

Each RV must have a **Site Tag** to set up.

ABSOLUTELY NO PETS OR FIRES!

REGISTRATION TOTAL \$ _____

PAYMENTS MUST BE IN U.S. DOLLARS ONLY.
MAKE CHECKS / MONEY ORDERS PAYABLE TO:

Akron Intergroup
PO Box 12
Akron, OH 44309-0012

REFUNDS requested in writing only by mail or email
and postmarked / received prior to May 15, 2026.
treasurerfd@akronaa.org

PAYMENT METHODS FOR MAIL IN REGISTRATION:

CHECK MONEY ORDER

All Credit Card payments must be made online at www.foundersday.org.
Click on the Founders' Day link and follow the instructions.

Mobile App

Download the [guidebook](#) app for Founders' Day 2026!

This app will serve as a companion to the printed program, offering a variety of useful features, including:

- *Real-time notifications for inclement weather or other unexpected updates.*
- *Digital access to the event schedule and campus maps.*
- *Details about historical sites, donation opportunities, and on-campus dining options.*



Everyone must be registered, including children. All registrations must be postmarked by May 15, 2026 . NO EXCEPTIONS!

DISTRICT 80 EVENT

Founders' Day

**FIRST PRESBYTERIAN CHURCH
26 CHURCH STREET
FRANKLIN, NC 28734**

SAT 13 JUNE

FELLOWSHIP @ 11:30

FOOD @ 12:00

SPEAKER @ 1:00

SELINA J., FROM GA

RAFFLE & CLEAN UP @ 2:15



The WNC Committee of Young People in AA Presents:

GLIZZY PAA 3.0

A WNC CYPAA HOT DOG EVENT 

**SAT
JUNE
20**

**2PM
to
5PM**

**Malvern Hills Park
Picnic Shelter
75 Rumbough Pl
West Asheville**

\$5

Hot dogs, chips,
and cold brew!

EAT ME!



2PM | FOOD & FUN

3PM | SPEAKER MEETING

4PM | GLIZZY GOBBLE CONTEST

*\$10 to enter the hot dog eating contest.
Winner gets the pot & all the clout, plus
FREE registration to our annual campout!*

We accept:
Cash
venmo
PayPal

PICKLEBALL COURT • GAMES • 50/50 RAFFLE 



79th NC State Convention SUNLIGHT OF THE SPIRIT

July 16-19, 2026



Lake Junaluska Conference & Retreat Center
91 North Lakeshore Drive, Lake Junaluska, NC 28745

Register online at www.aanconvention.com

For more information or help with hotel reservations, please email:
convention@aanorthcarolina.org or call: Lizzy T. (917) 650-4082

Convention Pre-Registration \$30.00/person

Pre-registration rate available until June 25, 2026,
\$35.00 per person June 26, 2026 and after.

Alanons / Alateens must register but no charge if 18 or under.

Accommodations

There is no group code • Meal plans are available.

Terrace Hotel.....Avg rate \$169.00/night
Lambeth Hotel.....Avg rate \$149.00/night
ApartmentsAvg rate \$139.00/night

Reserve Online: <https://tinyurl.com/3m33yp8n>

Email: reservations@lakejunaluska.com

Call: 800-222-4930

Don't wait! Hotel cut-off for Conference rate: **June 25, 2026**



Speakers

Jacob B
Lafayette, LA

Alex W
Redondo Beach, CA

Deb K
Durham, NC

Jason R
Washington DC

Kathy H ▲
Cincinnati, OH

Mark M
Cary, NC

Workshops & more!

Old-Timers' Panel

...

Marathon Meetings

...

Open Discussion
Meetings ▲▲

...

Saturday Night Dance



79th NC State Convention SUNLIGHT OF THE SPIRIT

Name _____ Please print legibly

Email _____

Telephone (_____) _____

Info for badge(s) _____

Please print

NAME

CITY

STATE

NAME

CITY

STATE

If you are willing to be a volunteer, please check here:

Do you have accessibility needs? _____

\$30.00 Special Rate before June 26, 2026

June 26 and after \$35.00

Al-Anons/Alateens - must register but no charge if 18 or under

Make checks payable/mail to:

AA NC State Convention
1204 Village Market PI #201
Morrisville, NC 27560

Enclosed:

\$ _____ for _____ registration(s)

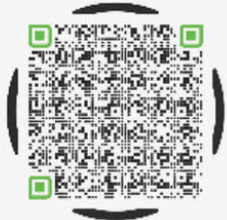
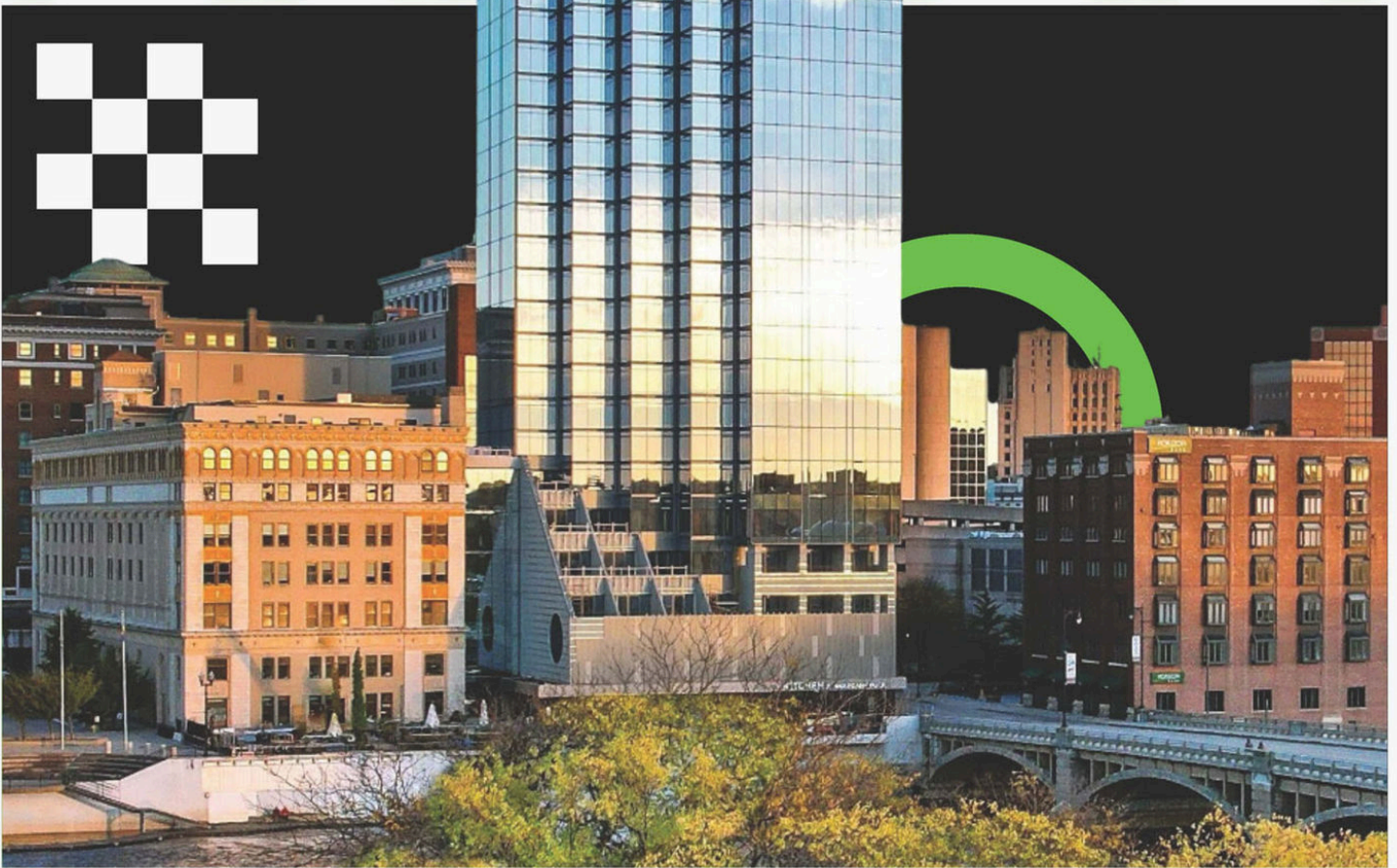
\$ _____ for _____ scholarship fund

\$ _____ Total included



ANNOUNCING:

66TH ICYPAA MICHIGAN



BOOK YOUR ROOM!
[HTTPS://TINYURL.COM/2S3V63DB](https://tinyurl.com/2S3V63DB)

**SEPT
3-6
2026** | **AMWAY
GRAND
PLAZA**



REGISTER NOW!

 187 Monroe Ave NW, Grand Rapids, MI 49503



www.icypaa.org



SAVE THE DATE
12th Annual



National AA Technology Workshop

Hybrid Format
September 11-13, 2026
San Francisco Bay Area
Concord, California

CO-HOSTED BY
AREA 06 TECH COMMITTEE
AND SF/MARIN INTERGROUP



FOR MORE INFO VISIT [NAATW.ORG](https://naatw.org)



★ **SAVE THE DATE** ★



Southeast Regional Forum 2026

 **September 18–20, 2026**

 **Hilton Raleigh North Hills – Raleigh, NC**

Join us in North Carolina to learn,
share, and connect through service –
and be rocketed into the 4th Dimension!

More info: aa.org/regional-and-local-forums 

ALCOHOLICS ANONYMOUS

2026

BRIDGING

THE

GAP

Workshop
Weekend

TEMPORARY CONTACTS



September 25-27

Hilton Garden Inn

12080 S. Strang Line Road

Olathe KS 66062

(913) 815-2345

Hosted by

Area 25

District 10

Presentations ♦

Discussions ♦

Shared Experiences ♦

Breakout sessions ♦

Speakers ♦

don't forget the
Kansas City
BBQ

ROOM RATE \$159 + TAX - CALL FOR RESERVATIONS
FLY TO KANSAS CITY INTERNATIONAL AIRPORT (MCI)

PLEASE PRINT CLEARLY

EMAIL

NAME

ADDRESS

SERVICE POSITION

PHONE

CITY STATE ZIP

breakout session topics you would like



(before June 30th) EarlyBird In-Person Registration \$50

Day-Pass (Saturday Only) \$40

In-Person Registration \$60

Online Attendance \$60

Saturday Nite Banquet \$45

Vegetarian



Register Online at BTGWW.org or Mail this form and a check to:

TOTAL REGISTRATION _____

BTGWW 1020 E 84th Terrace Kansas City MO 64131