

Mountain Doins

July 2026

Serving AA in Western North Carolina's Districts 70, 71, and 80 since 1974

Central Office is open
Monday-Friday 10am-1pm

(828) 254-8539
24/7

info@wncaa.org
wncaa.org



Bigger Than Us

"This is hardcore AA!"

BY: GLENN K. | PHOENIX, MARYLAND

"This is hardcore AA!"

I said to my sponsor over the phone I was using in the barracks. The room was loud and I was standing at the phone bank with several other people. "It's intense and powerful. We're being vulnerable in a place where vulnerability is a liability. It's ..." My sponsor quickly interrupted me, finishing my thought. "Saving your life," he said.

I sighed deeply. Everything got silent as my sponsor waited for me to agree with the obvious. He was right. What do you say when you realize you're inside a miracle as it's happening? We were meeting makers making meetings happen every night in the din of the prison barracks. For me, these AA meetings were crucial, lifesaving and life-sustaining.

As I write, I am eight months into a three-year sentence in a Wisconsin prison. And given the nature of the offense, three years means three years. It might not seem so long to some, but to me each day feels potentially endless.

I've been active in AA for 21 years and sober for the last six. My sobriety date is 10/9/18, and I intend to keep it intact. The only credit I take for the sobriety I have now is that I never gave up. Even throughout my 15 years of chronic relapsing, I always came back. My home group was The Gay Chatter, an LGBTQ group in Eau Claire, Wisconsin. The reliability of being able to find and attend a meeting anytime anywhere does not exist behind the doors of incarceration. Thankfully I have been able to call my sponsor, which usually becomes me whining about not being able to get to a meeting. I can get comfortably mired in the cozy sewer of self-pity.

When I arrived at the prison—an assessment and evaluation center, where one resides for several weeks before being shipped to a more permanent location—I applied to attend one of the two AA meetings offered. I was told it would be approximately eight weeks before a spot would open up. Little did I know that my Higher Power and karma was at work. I was standing in line with 10 others as we were being relocated from the intake unit to one of the barracks, a dubious privilege which offers an increase in your freedom and privileges while living in one gigantic room with 140 other guys. As we made our way to the barracks, some of us got to talking and I found myself an AA sponsor! An amazing opportunity I could not have foreseen happening in a place such as this.

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By the time I got transferred, our AA meeting had met 37 times and had helped 21 men. I sure hope that meeting is still going. There's a good chance that it is, but if it isn't, I know that another will probably start again, because the power of AA is far greater than any prison environment.

I hope that one day one of those men from that meeting will read this and be reminded of the magnificence of AA and the time we had. And I hope they are motivated to continue to carry the message to others. Everyone's stay was brief there, people came and went, but the meeting lived on because we believed in it and we knew it was bigger than any of us. When it came time for someone to leave, we would send them off the night before by ending our meeting with the final two paragraphs of "A Vision for You" in the Big Book, then wish them the best. What a tremendous gift we all got. I learned that I have a sacred duty to pass it on whenever the Department of Corrections—or life—sends me somewhere. What a meeting!

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July Grapevine now available!



Annual Prison Issue

The July issue is the "Annual Prison Issue," featuring powerful, hopeful stories by AA members inside corrections facilities and the members who do the important service corresponding with and sponsoring them.

<https://www.aagrapevine.org> 

AA Members: submit your stories, articles or poems!

Do you have a personal story, a poem or an interesting article you would like to see published in the Mountain Doin's?

Send it to us by the 15th of the month in order for us to include it in the following month's newsletter (i.e. July 15 for the August issue). Stories and articles can be up to about 600 words in length. Please include copyright information if the article contains quotes or portions that have been published in a book (i.e. "Alcoholics Anonymous, 4th edition, page ??") or magazine (i.e. "From the (date) Grapevine")

Submissions can be mailed to: NCMCO, 70 Woodfin Pl, Suite 212, Asheville, NC 28801, or emailed to: news@wncaa.org

If you have any questions, give us a call: 828-254-8539. We look forward to hearing from you!

After-Hours Phone Volunteers Needed

Central Office is looking for volunteers to answer the phone from 1:30pm in the afternoon until 9:30am the next morning. Most nights don't see more than a call or two, rarely after 10 or 11pm. Most callers are interested in meeting information so volunteers should have the internet at hand to access the meeting guide. One year of sobriety is required.



Information can be found at:

<https://wncaa.org/index.php/about-ncmco/service/>

(scroll down to "After-Hours Phone Volunteer")

Or call Central Office at (828) 254-8539.

Call & Visitor Log MAY 2026

12 Step Calls – 10
General Info – 7
Family Help – 1
Meeting Info – 28
Central Office Business – 31
Medical/Detox – 0
Visitors – 54
After-hours calls – 40



COR/NCMCO Board Meeting

COR/Board meetings are held the second Thursday of odd-numbered months. All A.A. members are welcome to attend but only CORs (Central Office Representatives) may vote so we encourage your group to elect a COR. Your input is important to us.

12 Step Call Coordinator Needed!
(See page 5 of this newsletter for details.)

The next General Committee meeting will be **Thursday, July 9, at 6:00 pm**, via Zoom: Meeting ID: 757 855 2319; Passcode: 000000.

For updated meeting information and Zoom link, check the website:
<https://wncaa.org/index.php/events/>

Where to Find Meetings

Printable In-person Meeting Guide

Meetings in all 3 Districts

Meetings in District 70

Meetings in District 71

Meetings in District 80

Cash on Hand as of 5/31/2026

Prudent Reserve
\$16,174.79

Operating Account
\$8,568.30

Rent Deposit - \$900.00
Petty Cash - \$50.00

Profit & Loss YTD

	May 2026	Jan-May 2026 (YTD)
Revenue		
Contributions		
Group Contributions	\$1,865.44	\$16,296.09
Individual Contributions	\$3.95	\$62.87
Total for Contributions	\$1,869.39	\$16,358.96
Interest on Money Market	\$1.37	\$6.68
Sales Income		
Literature & merchandise	\$3,455.72	\$15,215.73
Shipping charged to groups	\$60.66	\$305.05
Total for Sales Income	\$3,516.38	\$15,520.78
Total for Revenue	\$5,387.14	\$31,886.42
Cost of Goods Sold		
Cost of Goods Sold		
Credit Card Processing		
PayPal Fee	\$8.17	\$119.46
Total for Credit Card Processing	\$8.17	\$119.46
Freight - vendor shipping	\$62.34	\$190.13
Literature & merchandise-COGS	\$2,601.31	\$11,566.24
Shipping to groups	\$38.19	\$301.15
Total for Cost of Goods Sold	\$2,710.01	\$12,176.98
Inventory Shrinkage	\$27.89	\$80.96
Total for Cost of Goods Sold	\$2,737.90	\$12,257.94
Gross Profit	\$2,649.24	\$19,628.48
Expenditures		
Accountant fees		\$75.00
Computer Expenses	\$3.21	\$3.21
Office Supplies		\$134.92
Payroll Expenses		
Gross Salary	\$1,644.80	\$9,024.00
Payroll Taxes (Company)	\$125.82	\$690.30
Total for Payroll Expenses	\$1,770.62	\$9,714.30
Rent	\$936.00	\$4,680.00
Telephone & Internet		
Office Telephone/Internet	\$288.47	\$644.78
Virtual Meetings	\$16.99	\$84.95
Web Expenses	\$13.95	\$49.09
Total for Telephone & Internet	\$319.41	\$778.82
Total for Expenditures	\$3,029.24	\$15,386.25
Net Operating Revenue	-\$380.00	\$4,242.23
Net Revenue	-\$380.00	\$4,242.23



Contributions

Group Contributions:

	May 2026	YTD
12 & 12 Study Group - 000090348		\$37.00
Acceptance Group - 000092265	\$489.00	\$964.63
Agnostics Atheists Free Thinkers Grp - 000092498		\$200.00
As Bill Sees It Group (Franklin) - 000442480		\$42.75
Big Town Group - 000096080	\$151.12	\$349.07
Black Mountain Group - 000096165		\$50.00
Brevard AA Online - 000453800		\$283.91
Brevard Serenity Group - 000096758		\$171.10
Bryson City Group - 000097273		\$27.47
Candler K.I.S.S. Group - 000098073		\$275.00
Cashiers Valley Group - 000098360	\$315.40	\$315.40
Clear Cut Direction Group - 000743652		\$100.00
Conscious Contact Group - 000099980		\$373.53
Cullowhee Valley Group - 000100669		\$120.00
Cumberland Group - 000100676		\$37.50
Daily Decisions Group - 000100743		\$405.24
Fellowship Group (Fletcher) - 000104116		\$464.97
Good Livers Group - 000107590		\$600.00
Grace Group (Asheville) - 000107789	\$210.42	\$1,806.84
Hendersonville Group - 000110033	\$375.00	\$750.00
Hendersonville Men's Group - 000044576		\$53.39
Hendersonville Midday Group - 000110035		\$100.00
Hey Girl, Surrender Group - 000392207		\$250.00
High Noon Group - 000110266	\$100.00	\$200.00
Joy Of Living Group - 000112527		\$117.80
Let Go Absolutely Group - 000403031		\$150.00
Liars Club	\$100.00	\$100.00
Lost and Found Group - 000427291		\$52.87
Mars Hill Group - 000017945		\$225.00
Motley Crew Group - 000390376		\$204.00
Mountainview Group - 000027730		\$23.34
New Freedom Group - 000032374		\$431.00
No Name Group (Murphy) - 000036859		\$200.00
Noontime Big Book Study Group - 000409637		\$97.20
Phoenix Group - 000049062	\$74.50	\$338.20
Pine Grove Group		\$250.00
Pisgah Group - 000049661		\$150.00
Practicing Principles Group - 000051260		\$26.30
Recovery By The River Group - 000055540		\$259.56
Round Table Group - 000059337		\$90.00
Safe And Sound Women's Group - 000060517		\$204.54
Saturday Morning Men's Meeting		\$125.00
Serenity Service Group - 000068387		\$402.98
Sober Sisters Group (Burnsville) - 000460489	\$50.00	\$50.00
Sober Sisters Group (Flat Rock) - 000073208		\$323.56
Solutions Group - 000074739		\$523.28
South Asheville Literature Group - 000075329		\$50.00
Speed Bump Group - 000053487		\$200.13
Spruce Pine Group - 000077533		\$250.00
St John in the Wilderness Early Bird Grp - 000078454		\$160.00
Strange Camels - Brevard		\$100.00
Surrender Group (Blk Mtn) - 000086090		\$119.50
Sylva AA - 000086394		\$72.00
The Open Meeting Group - 000418805		\$238.20
The Out To Lunch Bunch Group - 000408968		\$100.00
The Really Big Big Book Group - 000743378		\$45.00
The Rule 62 Group - 000724698		\$62.00
Waynesville Grace Group - 000022141		\$1,328.83
Waynesville Grace Group Tuesday Night		\$50.00
Women of Courage Group - 000036989		\$950.00
Women's Way Group 000513711		\$148.00
Young People's Group - 000042150		\$100.00
Total Group Contributions:	\$1,865.44	\$16,296.09

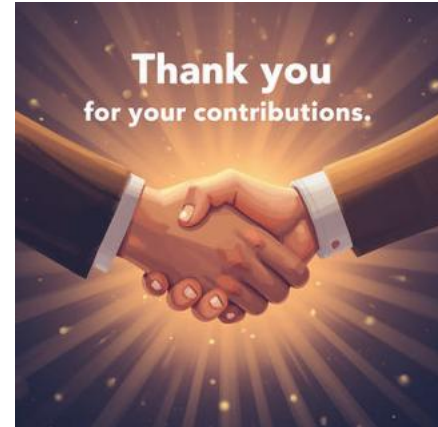
Individual Contributions:

	May 2026	YTD
Anonymous	\$3.95	\$62.69
Pat D.		\$0.18
Total Individual Contributions:	\$3.95	\$62.87

Total Contributions: \$1,869.39 \$16,358.96



Note: If you think there is a contribution missing from your group total, please let us know. We try our best to get donations listed correctly, but we do make mistakes sometimes and list a donation under the wrong group. As always, we thank you all - AA groups and individual members - for your generous support!



How ARE we "Self-Supporting?"

Suggestions & Addresses for sending Donations to the A.A. Service Structure*

Revised for 2026

NOTE: New address for District 80

* From the pamphlet "Self-Support: Where Money & Spirituality Mix." Recommendations for other percentages are also in the pamphlet.

NCMCO

70 Woodfin Place
Suite 212
Asheville, NC 28801

General Service Office

Post Office Box 2407
James A Farley Station
New York, NY 10116-2407

NCGSC – Area 51 Treasurer

PO Box 11104
Wilmington, NC 28404

District 70 Treasurer

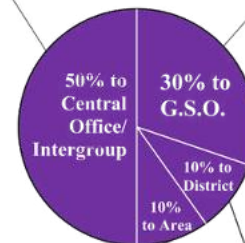
PO Box 8574
Asheville, NC 28814-8574

District 71 Treasurer

PO Box 202
Hendersonville, NC 28793

District 80 Treasurer

486 Wooten Rd
Franklin, NC 28734





Special Meetings and Events



**** Denotes District 70, 71 and 80 special meetings and events!**

****4th of July Cookout. Saturday, July 4.** AVL 12 Step Club, 1 Kenilworth Knolls, Asheville, NC 28805. For more information see flyer or go to: <https://ashevilleaa.org/calendar/>

79th Annual AA NC Convention. July 16-19. Lake Junaluska Conference & Retreat Center, 91 North Lakeshore Dr., Lake Junaluska, NC 28785. For more info go to: <https://www.aanconvention.com/>

Serenity in the Scenic City. August 21-23. Doubletree by Hilton, 407 Chestnut St. Chattanooga, TN 37402. For more information see flyer or go to: <https://serenityinthesceniccity.org/>

30th Annual Southeast Woman-to-Woman Conference. August 21-23. Hilton Palm Beach PBI, 150 Australian Ave, West Palm Beach, FL 33406. See flyer or go to: <https://www.sewomantowoman.org/>

66th ICYPAA Conference. September 3-6. The Amway Grand Plaza Hotel, 187 Monroe Ave NW, Grand Rapids, MI 49503. See flyer or go to: <https://www.ICYPAA.org>

12th Annual National AA Technology Workshop. Circuits of Service: How Technology Helps Carry the Message. September 11-13. Hilton Concord. 1970 Diamond Blvd, Concord, CA 94520. For more information go to: <https://naatw.org/2026-naatw-workshop/>

SERF Southeast Regional Forum 2026. September 18-20. Hilton Raleigh North Hills, 3415 Wake Forest Rd, Raleigh, NC 27609. More info: <https://www.aa.org/regional-local-and-special-forums>

Bridging the Gap - Workshop Weekend. September 25-27. Hilton Garden Inn, 12080 S. Strang Line Road, Olathe, KS 66062. For more info: <https://www.btgww.org/>

****Rensselaer South Men's Retreat. October 1-4.** Hinton Retreat Center (Hinton Center Rd, Hayesville, NC 28904. For more info: <https://aawnc80.com/event/rensselaer-south-mens-retreat>

**** AA Service Rally: District 70. October 17.** Center For Spiritual Living. 2 Science of Mind Way, Asheville, NC 28806 For more information, see flyer below or go to <https://wncaa.org/events/list/page/2/>

NC Area 51 Conferences and Events: <https://aanorthcarolina.org/a51-events/>

INTERNATIONAL WEBSITES FOR MORE INFORMATION, EVENTS AND ARTICLES

GSO in New York: For events around the country and the world, as well as great articles and information, go to: <https://www.aa.org/> and Box 459 Bulletin Board: https://www.aa.org/sites/default/files/newsletters/F-36_spring2026_0.pdf

AA World Services Board Update: https://www.aa.org/sites/default/files/newsletters/AAWS_Highlights_Jan-March_2026.pdf

International Conference of Young People in Alcoholics Anonymous (ICYPAA): <https://www.icypaa.org/about-icypaa>

NCMCO Announcement!

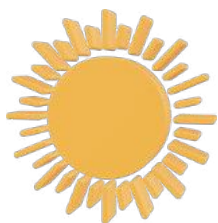
The following very important position is open on the NCMCO Board (for the remaining 2025-2026 term):

12th Step Call Coordinator

1. Shall have responsibility for maintaining the 12th Step phone call volunteer list.
2. Recruits new volunteers.
3. Work with the Office Manager to keep the 12th Step volunteer list information current.
4. Shall have at least three years of continuous sobriety.

If you are interested in volunteering for this position, contact Central Office: (828) 254-8539; info@wncaa.org or attend the next COR/Board meeting Thursday, July 9, at 6:00pm. See the website for zoom link:

<https://wncaa.org/index.php/event/ncmco-general-committee-meeting-zoom-4/>



The Service Express

District 70

GSR Business Meeting – Meetings are held the 2nd Sunday of the month. The next meeting will be **Sunday, July 12, at 2:30pm**. It will be a hybrid meeting, with **Zoom** capability: Meeting ID: 933 8500 3069; Passcode 672458, and an in-person meeting at St Luke's Episcopal Church, 219 Chunns Cove Rd, Asheville 28805. 

Accessibilities Committee – The Chairperson is Carolyn O. Want to make sure your A.A. group or event is accessible to all? Contact Carolyn at access@ashevilleaa.org for an Accessibilities Checklist. The Accessibilities Committee meets the last Saturday of every month at 4:00pm. Go to the NCMCO website calendar for the Zoom link: <https://wncaa.org/index.php/events/>

Archives Committee – The Chairperson is Dennis H. Do you have organizational skills? Do you like looking through old history and making discoveries? Perhaps you like talking to others and getting their history. Maybe you are interested in collecting and saving documents put out by the district. How would you like to learn how to properly store items for future travelers of the A.A. path? All this is possible by joining the Archives Committee. We meet the first Saturday of the month. If you're interested in helping with Archives, please contact Dennis at archives@ashevilleaa.org. For Zoom, go to the NCMCO website calendar for the Zoom link: <https://wncaa.org/index.php/events/>. We would love to have you do service with the Archives Committee.

CPC/PI Committee – The Chairperson is David. These are two separate service committees – “Cooperation with the Professional Community” and “Public Information”. The CPC Committee visits schools, businesses, and community meetings to speak about A.A. Volunteers for area events are needed for health clinics and DUI classes to name a few. The PI Committee provides accurate A.A. information to the public and media when requested. For more information, contact David at cpc-pi@ashevilleaa.org.

Corrections Committee – Meetings are open in all facilities. We are always looking for new volunteers for all facilities, and we need volunteers for the Pre-Release program. This is rewarding 12th Step work, helping those on the inside transition to the outside. The Women's prison in Black Mountain is having an orientation **Monday, September 14, at 6:30pm**. Buncombe County Jail is having an orientation in July. The date will be released soon. If you would like to sign-up to volunteer, please contact Liz P. Also, please keep your eyes out for The Pink Can! This is for the Corrections Committee. The donations collected are for literature that we bring to the prisons and jails. If your group does not have a can, please pick one up at Central Office or reach out to Liz or Mitch and we will bring one to you. The Area 51 Corrections Team now has a website. Please check it out at: www.nccorrectionscommittee.org. For more information about Corrections or to become a volunteer, please contact: Liz P, the Women's Corrections Chair, at: corrections_women@ashevilleaa.org, or preRelease@AshevilleAA.org or Mitch R, the Men's Corrections Chair, at corrections_men@ashevilleaa.org

Literature and Grapevine Committee – The Chairperson is Lynn H. She can be reached at: literature@ashevilleaa.org. The focus of the committee is to ensure that A.A. literature and Grapevines are available to all groups, service meetings, and other A.A. events.

Technology Committee – The Chairperson is George M. If anyone is having trouble getting a hybrid or online-only meeting going, or having technical issues, please reach out to George at: technology@ashevilleaa.org and he can offer support.

District 70 - continued

Treatment Facilities Committee – The Chairperson is Melissa. The chair is the liaison between AA and the local treatment centers. If you're interested in helping with the Treatment Facilities Committee or chairing an AA meeting at a treatment facility, contact Melissa at treatment@ashevilleaa.org.

“Bridging the Gap” (with treatment facilities) – The Chairperson is Monica. This is a Temporary Contact Program, which is designed to help the alcoholic in a treatment facility make that transition from “inside” the program to life on the “outside”. They particularly need women volunteers. If you are interested in volunteering, please attend the next GSR meeting or contact Monica at bridgingthegap@ashevilleaa.org. For more information on Bridging the Gap and upcoming events, visit the website: www.btgww.org 

District 71

GSR Meeting – held on the 2nd Saturday of the month. The next meeting will be **Saturday, July 11, at 9:30am**, at the Hendersonville Group building, 1624 Willow Rd, Hendersonville, NC 28739. All A.A. members are welcome! They need more volunteers for Henderson County jail.

There is still an opportunity for 2026-2027 service positions as Accessibilities Coordinator and Bridging the Gap Coordinator. If you have questions about any of those positions you can contact Mary Jo, the new District 71 DCM, by email: nc71aa@gmail.com or through the District 71 website: <https://www.nc71.org/contact> 

District 80

GSR Meeting – held quarterly. The next meeting will be on **Sunday, July 12, at 1:30pm**. All GSRs are encouraged to attend and share their Group's experience, strength and hope.

This will be a hybrid meeting with Zoom capability as well as an in-person meeting. The in-person location will be on the WCU Campus at 245 Memorial Dr, Room 336 (Cherokee Rm). They will be using the WCU Zoom system; the meeting ID will be provided on the invite emailed to participants before meeting; no password required. Check their website for meeting updates and links: <https://aawnc80.com/>

Does Your Group Have a New GSR or Alt GSR?

District Registrars keep GSO informed of group changes. Contact your group's District Registrar by email or through the District website:

District 70: Email: registrar@ashevilleaa.org

District 71: Use the form at: <https://www.nc71.org/meeting-change-form>

District 80: Email: webmaster@aawnc80.com

NOTE to all District DCMs and Committee Chairs:

Please send updates that you would like included in the next issue of the Mountain Doin's. If possible, we would like to have the information by the 15th of the month, but no later than the 25th. Email: news@wncaa.org. Much appreciated!



Happy Anniversary!



Acceptance Group

Lynn H.	7-01-2023	3 yrs
Helen Grace B.	7-09-2024	2 yrs
Terri G.	7-25-2024	2 yrs
Monica G.	7-26-1999	27 yrs

Back to Basics Group - Weaverville

Jennifer S.	7-05-2019	7 yrs
Kimi M.	7-18-2022	4 yrs

Big Town Group

Linda Jo	7-01-2014	12 yrs
Rick I.	7-09-2012	14 yrs

Black Mountain Group

Dale L.	7-07-2022	4 yrs
Margaret H.	7-16-2015	11 yrs

Burnsville Group

Joe C.	7-05-1991	35 yrs
Dave H.	7-17-2004	22 yrs

Conscious Contact

Roger S.	7-07-2009	17 yrs
Morene K-B.	7-08 2002	24 yrs
Scott T.	7-12-2017	9 yrs
Andrew R.	7-13-2023	3 yrs
Sally S.	7-19-2023	3 yrs

Cumberland Group

Michael M.	7-20-2014	12 yrs
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Daily Decisions Group

Roger S.	7-03-1990	36 yrs
Christopher C.	7-04-2019	7 yrs

Fellowship Group

John W.	7-02-1989	37 yrs
Cohen H.	7-04-2022	4 yrs
Nancy S.	7-07-2009	17 yrs
Christian D.	7-10-2022	4 yrs
David T.	7-11-1990	36 yrs
Kevin G.	7-11-1992	34 yrs
Kevin D.	7-15-1990	36 yrs
Kayla A.	7-18-1995	31 yrs
Josh B.	7-21-2017	9 yrs
Chris L.	7-21-2022	4 yrs
Larry F.	7-22-2022	4 yrs
Kathy M-A.	7-24-1986	40 yrs
Matty D.	7-29-2015	11 yrs
Sloan	7-30-2022	4 yrs

Fireside Group

Brian L.	7-04-2003	24 yrs
Tom C.	7-05-1978	49 yrs
Barry	7-22-1977	50 yrs

Good Livers Group

Carolyn	7-02-2018	8 yrs
Beverly S.	7-03-2021	5 yrs
Amy S.	7-05-2023	3 yrs
Cam F.	7-10-2025	1 yr
Donna D.	7-14-2013	13 yrs
Ana A.	7-16-2022	4 yrs
Susan W.	7-29-2014	12 yrs
Judith H.	7-30-2012	14 yrs

Grace Group

George P.	7-01-2008	18 yrs
Rob F.	7-01-2011	15 yrs
Beck B.	7-01-2019	7 yrs
William H.	7-02-2019	7 yrs
Matt J.	7-10-2002	24 yrs
Carol V.	7-10-2007	19 yrs
Molly K.	7-15-2016	10 yrs
Rhiannon B.	7-20-2020	6 yrs
Laura B.	7-21-2015	11 yrs
Beverly R.	7-26-2019	7 yrs
Eric R.	7-28-2018	8 yrs
Michael McD.	7-27-1987	39 yrs
Victoria B.	7-28-2020	6 yrs
Shaun P.	7-31-2021	5 yrs

Hendersonville Group

Scott B.	7-05-2020	6 yrs
Laura M.	7-07-1989	37 yrs
John W.	7-07-1989	37 yrs
Valerie K.	7-12-2004	22 yrs
Larry L.	7-18-1985	41 yrs
Zack	7-27-2024	2 yrs

Hendersonville Men's Group

Merritt J.	7-04-1994	32 yrs
Nate F.	7-12-1998	28 yrs
Sean S.	7-17-2013	13 yrs
Mike L.	7-21-2019	7 yrs
Charlie R.	7-21-2019	7 yrs

Marion Group

Paulie R.	7-28-2009	17 yrs
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Mars Hill Group

Mark P.	7-03-2020	6 yrs
John H.	7-15-1990	36 yrs
Brandon Mc.	7-23-2023	3 yrs

One Day At A Time Grp - Rutherfordton

Jim B.	7-13-2024	2 yrs
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Recovery by the River Group

Dave S.	7-18-1983	43 yrs
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Serenity Service Group

Marie J.	7-28-1975	51 yrs
Kevin M.	7-29-2024	2 yrs

Total Surrender Group

Jolene B.	7-28-2022	5 yrs
Wynne T.	7-29-2019	8 yrs

Traditional Group

Nathan S.	7-07-2021	5 yrs
Kelsey L.	7-17-2021	5 yrs
Hannah P.	7-17-2021	5 yrs
Randy E.	7-17-2022	4 yrs
Dano H.	7-19-2022	4 yrs
Bill DeV.	7-25-2018	8 yrs
Damany I.	7-25-2022	4 yrs
Andy S.	7-29-2022	4 yrs

West Asheville Group

Mike Mc.	7-05-2018	8 yrs
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West Asheville Women's Group

Nora U.	7-01-2019	8 yrs
Aaron T.	7-20-2015	12 yrs

Women of Courage

Karuna O.	7-05-2021	5 yrs
Joyce S.	7-08 2017	9 yrs
Gracie F.	7-09 2023	3 yrs
Nancy W.	7-12 1982	44 yrs
Morna N.	7-13 2020	6 yrs



Need to update your Group's anniversary list?

Call Central Office: (828) 254-8539,
or send a new list to: info@wncaa.org

The June newsletter deadline for
sending in anniversaries and
announcements is May 20.



JOIN US AT THE

NCMCO General Committee Meeting

2nd Thursdays of Odd
Numbered Months
Online from 6 to 8 PM

Zoom Meeting ID
757 855 2319
Password: 000000

Learn what's happening at Central Office
and share your voice to help serve
alcoholics in Western North Carolina.

Central Office Representatives and Board Members have voting power.
Anyone with a desire to stop drinking is welcome to attend.

info@wncaa.org || www.aancmco.org || (828) 254-8539

Does your group have a

COR?

(Central Office Representative)

**What are Central Office Representatives and
What are their Duties?**

Central Office Reps (CORs) and their relationship with Central Office are similar to General Service Reps (GSRs) and their relationship to A.A. General Service Districts. CORs are responsible for voting their group's conscience at COR/Board meetings and for bringing to the NCMCO Board any concerns of their home group.

In addition to this, CORs keep their groups informed about what Central Office is doing. They participate in the bimonthly COR/Board meetings on the 2nd Thursday of odd-numbered months (January, March, May, July, September, December) where they share their home group's experiences in carrying the A.A. message and express how they feel NCMCO might better serve the A.A. community in Western North Carolina.

The NCMCO Board is interested in your feedback. Take our inventory!
What are we doing well? What can we improve upon?
How can we serve Districts 70, 71 and 80 more effectively?
What might we do to draw more participation from groups?

Please send your feedback to: info@wncaa.org

Better yet, attend the next bimonthly COR/Board meeting on Zoom.

See the Central Office website for more details:

<https://wncaa.org/index.php/events/>

PreRelease Program

The purpose of this program is to connect the incarcerated AA member with Alcoholics Anonymous in their community upon their release.

VOLUNTEER RESPONSIBILITIES

1. Make initial contact with the inside AA member via correspondence within two weeks of being matched, and maintain communication with inside AA member through their release.
 - All correspondence is routed through the District 70 PO Box, not through your personal home / mailing address. See separate flyer with more details.
2. Arrange to meet the inside AA member upon their release.
3. Take the inside AA member to an AA meeting within 24-48 hours of release. It is suggested that the first meeting be viewed as a Twelfth Step call, thus taking another AA member with you.
4. You and a friend take them to 3-6 AA meetings. During this time, you help them get acquainted, get phone numbers, and perhaps locate a sponsor and a home group.
5. Review the PreRelease Program with the ex-inmate to avoid misconceptions of what this program does and does not do.

WHAT volunteers are NOT:

1. Responsible for the member's attitude or actions in or out of meetings.
2. Responsible for carrying the alcoholic, as in DO NOT:
 - a. loan money or any thing of value
 - b. become a personal taxi service
 - c. have an emotional or romantic interlude
3. Intended to become the released person's sponsor. You assist with the transition into the AA fellowship and onto the broad highway of recovery through the AA program.

It is suggested that the AA volunteer has completed the Twelve Steps and/or one year of continuous sobriety.

Would you like to know more or get involved? Contact PreRelease at:

PreRelease@AshevilleAA.org

District 70

Attn: PreRelease

PO Box 8574

Asheville, NC 28814-8574

DISTRICT 70 CORRECTIONS

DISTRICT 70 AA TREATMENT COMMITTEE INVITES YOU

...to serve on and work your 12th step.

**Do you want to help with ongoing Service Commitments
to bring meetings into Treatment Facilities?
Or share your story and use the wreckage of your past to help others?**

Become a Volunteer with us!

**Treatment Positions at the Group Level as well!
Would you like to attract more Newcomers to your Group?
Ask your GSR about us or invite us to your business meeting to learn more...**

Questions? Or to participate, please contact Melissa:

Treatment@ashevilleAA.org

Current Needs:

Transformation Village (women): Join us for the Monday meeting

First Step Farm (women): Speakers on Tuesday

**ADATC: Speakers and ongoing Service Commitments to facilitate meetings
on Tuesdays & Thursdays**

**Costello House (men): Speakers and ongoing Service Commitments to
facilitate meetings on Wednesdays**

**Neil Dobbins: Speakers and ongoing Service Commitments to facilitate
meetings on Fridays & Saturdays**

Resource Flyer

Courtesy of District 70's Literature/Grapevine subcommittee



Did you know that we have a local store at our AA Central Office for literature, coins, newcomer pamphlets, etc.?

Did you know that the AA Grapevine now has an app where you can access articles, track sober time, keep in check with a daily spiritual maintenance checklist and gratitude list, access the AA Grapevine YouTube channel, and so much more?

These resources may be helpful to your own sobriety or may be great gifts for anniversaries. The QR codes below can help you easily find the resources you need. They support our local AA and all of us! Just point your camera at the QR code and click the yellow link that pops up! Enjoy and thank you for your support!

Grapevine App (iPhone)



Grapevine Website



Grapevine App (Android)



Mountain Central Office



NC Area 51



AA.org



4TH OF JULY COOKOUT



SATURDAY, JULY 4TH

BRING

1:30-4:00PM • AVL 12 CLUB

1 KENILWORTH KNOLL

ASHEVILLE, NC 28805

BRING FRIENDS, FAMILY, A SIDE DISH AND

COME CELEBRATE WITH US



79th NC State Convention SUNLIGHT OF THE SPIRIT

July 16-19, 2026



Lake Junaluska Conference & Retreat Center
91 North Lakeshore Drive, Lake Junaluska, NC 28745

Register online at **www.aanconvention.com**

For more information or help with hotel reservations, please email:
convention@aanorthcarolina.org or call: Lizzy T. (917) 650-4082

Convention Pre-Registration \$30.00/person

Pre-registration rate available until June 25, 2026,
\$35.00 per person June 26, 2026 and after.

Alanons / Alateens must register but no charge if 18 or under.

Accommodations

There is no group code • Meal plans are available.

Terrace Hotel.....Avg rate \$169.00/night

Lambeth Hotel.....Avg rate \$149.00/night

Apartments.....Avg rate \$139.00/night

Reserve Online: <https://tinyurl.com/3m33yp8n>

Email: reservations@lakejunaluska.com

Call: 800-222-4930

Don't wait! Hotel cut-off for Conference rate: **June 25, 2026**



Speakers

Jacob B
Lafayette, LA

Alex W
Redondo Beach, CA

Deb K
Durham, NC

Jason R
Washington DC

Kathy H ▲
Cincinnati, OH

Mark M
Cary, NC

Workshops & more!

Old-Timers' Panel

...

Marathon Meetings

...

Open Discussion
Meetings ▲ ▲

...

Saturday Night Dance



79th NC State Convention SUNLIGHT OF THE SPIRIT

Name _____ Please print legibly

Email _____

Telephone (_____) _____

Info for badge(s) _____
Please print

NAME

CITY

STATE

NAME

CITY

STATE

If you are willing to be a volunteer, please check here: ☐

Do you have accessibility needs? _____

\$30.00 Special Rate before June 26, 2026

June 26 and after \$35.00

Al-Anons/Alateens - must register but no charge if 18 or under

Make checks payable/mail to:

AA NC State Convention
1204 Village Market PI #201
Morrisville, NC 27560

Enclosed:

\$ _____ for _____ registration(s)

\$ _____ for _____ scholarship fund

\$ _____ Total included



Serenity in the Scenic City

August 21-23, 2026



An AA conference with Al-Anon Participation

And Great Events will come to Pass!

DoubleTree by Hilton

407 Chestnut Street

Chattanooga, TN

37402

423-756-5150

Room Rate : \$155.00

Reservation Code: SIC

Reserve by: 07/15/2026

Speakers

Step 1 / Misoon W. Naples, FL

Steps 2 & 3 / Jack W. Carbondale, CO

Steps 4 & 5 / Cyndi M. Louisville, KY

Steps 6 & 7 / Ralph W. Los Angeles, CA

Steps 8 & 9 / Misoon W.

Steps 10 & 11 / Jack W.

Step 12 / Cyndi M.

Al-Anon / Larcine G. Hawthorne, CA

Life story / Ralph W.

Pre-registration: \$35.00 until 02/28/26

\$40.00 until 08/15/2026

\$45.00 at the door

For additional information or questions, please email or call:

Hostcommittee@yahoo.com or (318) 308-0891 or (828) 793-1139

Please make check or money order payable to "Host Committee" and mail to:



Serenity in the Scenic City

P.O. Box 22602

Chattanooga, TN 37422



You can register at www.Serenityinthesceniccity.org

Mastercard, Visa, Discover and American Express accepted on Square

Please complete and send bottom with registration payment

AA Al-Anon Volunteer Scholarship
Name: _____
Address: _____
City: _____ State: _____
Zip: _____ Phone: _____
Email address: _____
Name on Badge: _____

AA Al-Anon Volunteer Scholarship
Name: _____
Address: _____
City: _____ State: _____
Zip: _____ Phone: _____
Email address: _____
Name on Badge: _____



30th Annual Southeast Woman-to-Woman Conference

"Secrets Women Don't Share"

A Conference for Sober Alcoholic Women with Al-Anon Participation

⚠ No children permitted in conference rooms.



Warrior Within

August 21-23, 2026, West Palm Beach, Florida

Hilton Palm Beach PBI, 150 Australian Avenue, West Palm Beach, FL 33406

Contact; Rajul Pillai 561-472-9305 **Double/King \$149** plus tax (cutoff 7/28/26)

Chair: Liz V. sew2w2026@gmail.com	Co-Chair: Jeannette D. sew2w21@gmail.com	Co-Chair: Jillian M. sew2w30@gmail.com	Registration: Tama N. sew2w.tama@gmail.com
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Mail-In Registration & Payment

✓ Complete this form and mail with payment

✓ **Money orders only**

✓ Payable to: **Southeast Woman to Woman**

Mail to:

SEW2W • c/o Gina Levesque
1127 Royal Palm Beach Blvd., Unit 261
Royal Palm Beach, FL 33411-1641

Please complete the form on the back.

OR

SCAN THE QR CODE TO PAY ONLINE



Southeast Women-to-Women Registration Form

Full Name: _____

Badge Name: _____

Address: _____

City: _____ **State/Zip:** _____

Phone: _____ **Email:** _____

Program Affiliation:

☐ AA **Sober Date:** _____ ☐ Al-Anon _____

☐ Willing to Volunteer

Special Needs: _____

Registration & Options

Conference Registration (Required):

☐ \$65 (by 3/31/26) ☐ \$70 (starting 4/1/26)

➤ ☒ Transferable ☒ Non-refundable

Online Registration: sewomantowoman.org

Scholarship Donation (Optional): \$ _____

Banquet – \$90: ☐ Chicken ☐ Salmon ☐ Vegetarian

Souvenirs

Unisex T-Shirt – \$20

☐ SM ☐ MD ☐ LG ☐ XL ☐ XXL ☐ XXXL

Long-Sleeve T-Shirt

\$25 ☐ SM ☐ MD ☐ LG ☐ XL

\$30 ☐ XXL ☐ XXXL

Pullover Hoodie

\$30 ☐ SM ☐ MD ☐ LG ☐ XL

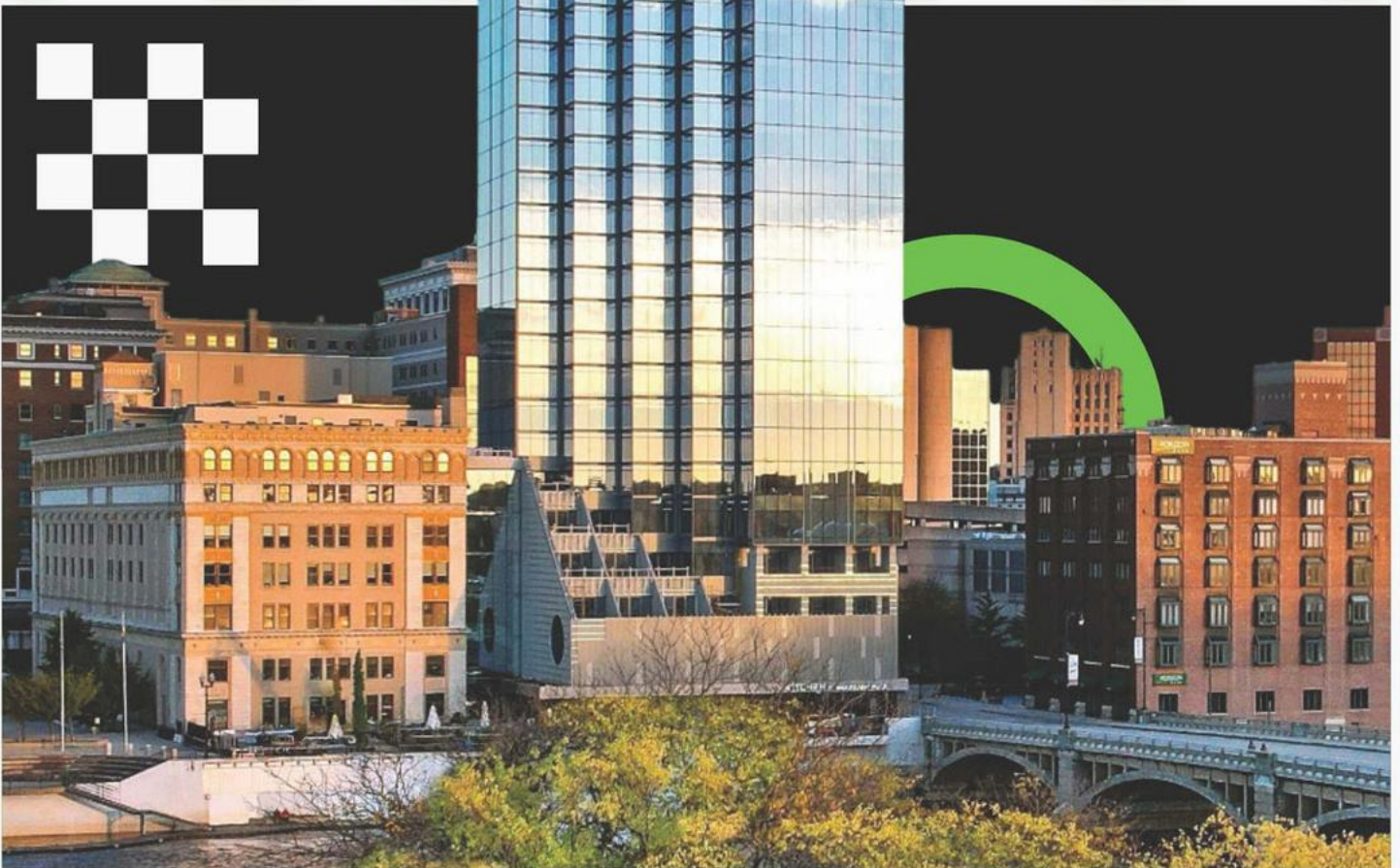
\$35 ☐ XXL ☐ XXXL

20 oz Tumbler – \$25 ☐ Yes

Total Amount Enclosed \$ _____

ANNOUNCING:

66TH ICYPAA MICHIGAN



BOOK YOUR ROOM!
[HTTPS://TINYURL.COM/2S3V63DB](https://tinyurl.com/2S3V63DB)

**SEPT
3-6
2026** | **AMWAY
GRAND
PLAZA**



REGISTER NOW!



187 Monroe Ave NW, Grand Rapids, MI 49503



www.icypaa.org



SAVE THE DATE
12th Annual



National AA Technology Workshop

Hybrid Format
September 11-13, 2026
San Francisco Bay Area
Concord, California

CO-HOSTED BY
AREA 06 TECH COMMITTEE
AND SF/MARIN INTERGROUP



FOR MORE INFO VISIT [NAATW.ORG](https://naatw.org)



★ **SAVE THE DATE** ★



Southeast Regional Forum 2026

 **September 18–20, 2026**

 **Hilton Raleigh North Hills – Raleigh, NC**

**Join us in North Carolina to learn,
share, and connect through service –
and be rocketed into the 4th Dimension!**

More info: aa.org/regional-and-local-forums



2026

Workshop Weekend

ALCOHOLICS ANONYMOUS

BRIDGING

THE GAP

TEMPORARY CONTACTS



*don't forget the
Kansas City
BBQ*

September 25-27

Hilton Garden Inn

12080 S. Strang Line Road

Olathe KS 66062

(913) 815-2345

Hosted by
Area 25
District 10

Presentations ♦
Discussions ♦
Shared Experiences ♦
Breakout sessions ♦
Speakers ♦

ROOM RATE \$159 + TAX - CALL FOR RESERVATIONS
FLY TO KANSAS CITY INTERNATIONAL AIRPORT (MCI)

PLEASE PRINT CLEARLY
EMAIL

NAME

ADDRESS

breakout session topics you would like



SERVICE POSITION

PHONE

CITY STATE ZIP

(before June 30th) EarlyBird In-Person Registration \$50 ☐

Day-Pass (Saturday Only) \$40 ☐

Online Attendance \$60 ☐

In-Person Registration \$60 ☐

Saturday Nite Banquet \$45 ☐

Vegetarian ☐

Register Online at BTGWW.org or Mail this form and a check to:

BTGWW 1020 E 84th Terrace Kansas City MO 64131

TOTAL REGISTRATION





AA SERVICE RALLY

— *District 70* —



SATURDAY
OCTOBER 17



11:30 AM –
1:30 PM



CENTER FOR
SPIRITUAL LIVING

2 Science of Mind Way
Asheville, NC 28806

Join us for an afternoon of
FELLOWSHIP, INFORMATION, AND SERVICE!

Learn about the many ways you can get involved
in carrying the message through District 70 service.



Meet current trusted servants, discover available
service opportunities, and **SIGN UP** for positions
that match your interests and experience.

*Whether you are new to service or looking for
a new way to contribute, there is a place for you.*



Food will be served!



LEARN



CONNECT



SERVE

Service is gratitude in action.

•••• **ALL AA MEMBERS ARE WELCOME.** ••••

Let's work together to carry the message of hope and recovery.

— **TOGETHER WE CAN MAKE A DIFFERENCE.** —